



Whole Food Cooking Workshop

Cook a meal with whole
grains, veggies, and other
unprocessed foods.
March 23rd 6-8pm



RSVP to Lee Ruffino at
989.775.4780/

lruffino@sagship.org or

Liz Busch at GreenTree Coop

989 772-3221/ liz@greentree.coop

