

What Your Mother Didn't Tell You | Bone & Pelvic Floor Health + Your Healthcare Dollar

## Monday, OCTOBER 20

Mt. Pleasant Campus | Community Room

Session 1 | EXCLUSIVE, RSVP ONLY ^
Lunch & Panel Presentation
on Women's Health

11,20am	Lunch & Networking
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Noon	Panel Discussion
12:45pm	Questions & Answers

## **Speaker Presentations**

- Pelvic Floor Therapy with Dr. Jeralyn Strong
- Osteoporosis with Dr. Sarah Van Sumaren
- Healthcare Dollars with Steffany Stine

**Session Registration Required** 

Visit midmich.edu/community/events/womens-health

## **Event Co-Sponsors**





Session 2 | FREE, OPEN TO THE PUBLIC

Health Fair including Health Education,

Screenings, Wellness, & More!

1:45pm-3:15pm Health Fair

## **Health Fair Features**

- Mid Michigan College Nursing & Physical Therapist Assistant Students provide health insights and information, basic wellness checks, and more.
- Local Vendors share wares, services, and offerings.
- **NEW!** Vaccinations Bring your insurance card; there may be a charge for vaccination services.
- **NEW!** Car Seat Safety Checks available in the designated location in the north parking lot.
- **NEW!** Complete a simple cheek swab to join the national bone marrow registry and help save lives.





<sup>^</sup> The Lunch and Panel Discussion are limited to pre-registered attendees.
The Health Fair is open to everyone.
There is no cost for either portion of the event.