



Sweat Lodge

With Traditional Healer Joe Syrette

Wednesday, Nov. 12, 2025

Behavioral Health (2800 S. Shepherd Rd., Mt. Pleasant, MI 48858)

3 p.m. – Light fire for Rocks

4 p.m. – Arrive for Sweat

5 p.m. – Sweat Begins

Sweat Lodge offered as prevention, an alternative to or healing from opioid use disorder.

**Bring appropriate clothing for sweat lodge.*

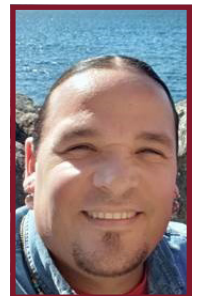
***Event paid by a Statewide Opioid Response (SOR) grant.*

Nenaandawi'iwed "Traditional Healer"

Joe Syrette is Anishinaabe Ojibwe from Rankin Reserve Batchewana First Nation located in Sault Ste Marie, Ontario Canada. Joe has been practicing traditional healing work for the past 21 years and illustrates traditional values, morals and teachings by living a clean and healthy lifestyle with his wife and daughters. He currently helps communities and other traditional people and healers when needed allowing his knowledge and traditional teachings to grow.

Spending a life time of listening and learning about himself as an Anishinaabe person, this has allowed him to value and respect all physical and spiritual beings and their protocols. He has had the opportunity of working alongside many respectful elders, and healers to which he has been given teachings and rights to helping his Anishnaabeg relatives with spiritual healing.

Today, Joe has dedicated his time and knowledge to teach and share with others about his cultural experiences and how he has utilized his culture and language to heal himself within his own walk and journey through life. Joe acknowledges that lifelong learning is every day for him and that there is always something new to learn. He promotes cultural sharing and healing to community members so we can all learn to build encouragement on our cultural knowledge and sacred walk through life.



For more information, please contact:

Behavioral Health at 989.775.4828

SAMHSA
Substance Abuse and Mental Health
Services Administration



Culture is Prevention



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

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