# RESOURCES TALKING IS POWER

#### **CRISIS HOTLINES**

### **National Suicide Prevention Lifeline**

Call (24/7): 1-800-273-8255 Text: "START" to 741741

https://suicidepreventionlifeline.org/

#### **RAINN - National Sexual Assault Hotline**

Call (24/7): 1-800-656-HOPE https://www.rainn.org/

#### **Stronghearts - Native Domestic Violence Helpline**

Call (7am-10pm CST)): 1-844-7NATIVE https://www.strongheartshelpline.org/

## **Love is Respect - National Domestic Violence Hotline**

Call (24/7): 1-866-331-9474 Text: "loveis" to 22522 https://www.loveisrespect.org/

#### TRAININGS & MATERIALS

# RESPONDING TO CONCERNING POSTS OF SOCIAL MEDIA

www.healthynativeyouth.org

#### **QUESTION. PERSUADE. REFER. INSTITUTE**

https://gprinstitute.com/

#### **RAISING TEENS TODAY**

https://raisingteenstoday.com/

#### **PRINT MATERIALS**

#### **HEALTHY NATIVE YOUTH RESOURCES**

www.healthynativeyouth.org/

## **WE R NATIVE MATERIALS**

www.weRnative.org

#### **TEXT MESSAGE SERVICES**

#### **Talking is Power:**

Text "Empower" to 97779

#### **National Suicide Prevention Lifeline:**

Text "START" to 741741

#### **Love is Respect:**

Text "loveis" to 22522

#### **VIDEOS**

#### **Amaze**

www.amaze.org

#### **Ask Auntie & Ask Uncle**

www.weRnative.org

#### **PODCASTS:**

# The Birds And the Bess - How to Talk to Children About Sex

https://www.npr.org/2019/12/12/787466794/the-birds-and-the-bees-how-to-talk-to-children-about-sex

# What Your Teen Wishes You Knew About Sex

https://www.npr.org/2020/02/10/804508548 /what-your-teen-wi<mark>shes-</mark>you-knew-aboutsex-education

## SOCIAL MEDIA

@weRnative

@healthynativeyouth

@iKnowmine