Andahwod Continuing Care Community and Elder Services

SCIT Elders Newsletter

October 2025

Boozhoo Elders!

Fall is upon once again! It is time to start preparing for the colder weather and begin winterizing your home.

<u>Snowplowing applications will be accepted beginning November</u> <u>1st until all spots are filled.</u> Everyone must fill out an application.

Priority goes to Elders over 70 years of age and living alone. Under 65 years old must have medical documentation and pay a \$50 fee for the season. Application and guidelines are available at Andahwod or on the website.

The Family Caregiving Assistance Program is available for those who provide care to grandchildren, relatives, or immediate family members. Please call Elder Services for information 989-775-4307.

Instructional Line Dancing Classes

Dates: October 14 & 18 and November 4 & 18

Time: 6:30pm-7:30pm Location: Andahwod CGA

- All skill levels welcome.
- Open to any community member, 18 years and older.
- Please no children at this event.

Flu & Covid Clinic & Mno Shkiziwin Presentation

Date: October 16, 2025 Time: 10am - 1pm

Location: Andahwod CGA

- Sue Sowmick will be joined by the Isabella County Health Dept. to offer flu shots and Covid vaccinations.
- Chris Sineway & Erik Rodriguez will be onsite to discuss the updated Mno Shkiziwin Program.
- Open to all community members.

Upcoming Andahwod Events

- Daily Coffee Break 2:30pm
- Sewing Tuesdays 10:30am
- Walking Club Thursdays1pm
- Euchre Thursdays 5:30pm

10/1 & 10/15 - Elders Lunch 11:30am-1p

10/4 - Cranberry Farm Trip -Leaving at 10am

10/7 - Understanding Alzheimer's & Dementia Workshop 1pm

10/8 & 10/22 - Elders Breakfast 9a-10a

10/9 - Birthday Celebration 2:30pm

10/13 - Bonfire & S'mores 2:30pm

10/14 - Line Dancing 6:30pm

10/14 - Saganing Bingo with Friends - Leaving at 9am

10/16 - Flu/Covid Clinic & Mno Shikiziwin Information 10am -1pm

10/17 - Bingo w/Friends 1pm

10/21 - Name That Tune 2:30pm

10/24 - Monster Bash 5p-7p

10/25 - Birthday Bingo & Potluck 12pm

10/27 - Language Bingo 1p-3p

10/28 - Healthy Living Presentation 1pm

10/28 - John's Dogs Visit 2:30pm

Elders Advisory Board Vacancy

Accepting submissions from interested SCIT Elders. Must meet the following requirements: *SCIT Elder *Advocate for SCIT Elders *Attend meetings

May be eligible for a stipend. Meetings are the 2nd and 4th Wednesday every month. Mail a letter of interest with contact information, drop off, or email to shjackson@sagchip.org

Andahwod CCC & ES 2910 S. Leaton Rd. Mt. Pleasant, MI 48858

Elders Minor Assistance Program (EMAP)

This grant assistance is available for minor home and vehicle repairs under program guidelines. SCIT Elder over 60 years of age may be eligible.

Elders may stop in , call, or email for more information. Applications and guidelines are available in the Andahwod front lobby.

MONSTER BASH 2025

Date: October 24, 2025

Time: 5pm-7pm

Location: Andahwod CGA

Please join Andahwod for a spooktacular adults-only evening of music, dancing, costume contest, and food!

IT WILL BE A GHOULISH GOOD TIME.

<u>Attention Caregivers and Interested Individuals</u>

Andahwod will be hosting two presentations in October. These presentations are open to anyone who is interested in learning information on these topics.

- October 7, 2025 1pm: Understanding Alzheimer's & Dementia learn about the difference between Alzheimer's and dementia, stages, risk factors and more.
- October 28, 2025 1pm: Healthy Living for Your Brain & Body
- November 18, 2025 2pm: Understanding Dementia-Related Behaviors & Enjoying Family Celebrations



Andahwod Phone Numbers

Gayle Ruhl Director	775-4305
Sandra Pelcher Administrative Asst. I	775-4300
Dawn Chippewa Billing/Administrative Asst. II	775-4308
Careena Meyers Support Services Manager	775-4315
Galina Kolb Resident Care Manager	775-4301
Sheligh Jackson Elders Advocate	775-4307
Patty Kequom Activities Assistant	775-4302
Denise Pelcher Activities Coordinator	775-4339
Maintenance	775-4313





Top: Marilyn Bailey

Bottom: Sue Kequom, Kenny

Sprague, and Davina Key

2026 Annual Reports are due by Friday October 31, 2025.

Grandparents Day 2025



Bean Sprague and Harry Pelcher



Wyman & Nancy Chippewa