



TRIBAL YOUTH FITNESS *Team Challenge*

Two days: October 5 & 15, 2026

Attend one of the days to score points for your team!

10 a.m. - 4 p.m. | Nimkee Fitness Outdoor Fit Park

(2591 S. Leaton Rd., Mt. Pleasant, MI 48858)

**Open to tribal youth (ages 12-17)
from the following schools:**

- Mount Pleasant Middle & High Schools
(Including Odyssey and Oasis)
- Shepherd Middle & High Schools
- Renaissance Public School Academy

**Obstacle course/exercise challenge
with the following exercises:**

- | | | |
|----------------|--------------|-------------------|
| • Push-ups | • Dips | • Pyramid run |
| • Recline rows | • Tire flips | • Bike lap |
| • Chin-ups | • Crunches | • Sled speed push |

For more information, please contact:

Seth Pifer at SPifer@sagchip.org or 989-775-4694

FREE!

**TO ENTER AND
PARTICIPATE**



Nimkee **Fitness**



PROJECT
VENTURE



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

7500 Soaring Eagle Blvd.
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org