

Mshkikiikaan

Food is Medicine Series Presents:

Wiisiganaaboo Cayenne Sauce

Make & Take Workshop

*With Chef Sam Anglin
& Tribal Extension Educator Elisa Grossman*

Thursday, Aug, 27, 2026

Time: 5:30-7:30 p.m.

Location: SCTC Land Grant Community Room
& outdoor lawn (weather permitting)

5805 Pickard Rd., Mount Pleasant, MI 48858

- Join us in creating a nutrient dense and immune boosting hot sauce
- Learn about this healthy concoction and the different ways it fights inflammation
- Open to 20 registered participants
- Chips & salsa for light snack
- Bring an apron

To register or for more information, contact:
Elisa Grossman at elisa117@msu.edu or 989.317.4909



Chef Sam Anglin



MICHIGAN STATE UNIVERSITY | **Extension**

**If reasonable accommodation is needed to participate, please contact Mary Pelcher, 1-989-317-4967, mpelcher@sagchip.org or mpelcher@sagchip.edu. Saginaw Chippewa Tribal College is committed to the full inclusion of all qualified individuals. As part of this commitment, Saginaw Chippewa Tribal College will ensure that persons with disabilities are provided reasonable accommodations.*

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