

# Anishinaabe-Miijim

## (Traditional Foods Workshop)

With Indigenous Chef, Sam Anglin

## Ground Meat Jerky & Traditional Pemmican



Come and learn with Chef Sam the traditional process of making pemmican and a contemporary way to make ground meat jerky.

## Wednesday, Jan. 28

**5:30-7:30 p.m. | SCTC Community Room**

(5805 Pickard Rd., Mt. Pleasant, Mich.)

- No Cost
- Limited to first 20 who register
- Take home samples of each
- Recipes and sources to purchase



## Indigenous Chef Sam Anglin

Sam Anglin is a proud Indigenous chef, consultant, mentor, and recovery warrior, hailing from the Saginaw Chippewa Indian Tribe (SCIT) of Michigan. With over two decades of service to his community, Sam's work is deeply rooted in his ancestral knowledge, using food as a powerful tool to heal the mind, body, and spirit. His purpose is to bridge the wisdom of his ancestors with modern practices and honoring the traditions of his people while fostering wellness in the present.

In his current role as Traditional Food Educator at the Saginaw Chippewa Tribal College & Bay Mills Community College, Sam shares the wisdom of traditional foods, teaching others how to reconnect with ancestral foodways that nourish both body and spirit. Sam's work is a testament to the resilience and strength of his people, as he honors the past while creating spaces for healing and growth in the present. Through his teachings and actions, Sam is not only revitalizing traditional food practices but is also nurturing a new generation of Indigenous food sovereignty, one meal at a time. Miigwetch!



## To register or for more information, please contact:

Tamara Lawson at 989-317-4771 or [Tlawson@sagchip.edu](mailto:Tlawson@sagchip.edu)

**\*If reasonable accommodation is needed to participate, please contact Mary Pelcher, 1-989-317-4967, [mpelcher@sagchip.org](mailto:mpelcher@sagchip.org) or [mpelcher@sagchip.edu](mailto:mpelcher@sagchip.edu). Saginaw Chippewa Tribal College is committed to the full inclusion of all qualified individuals. As part of this commitment, Saginaw Chippewa Tribal College will ensure that persons with disabilities are provided reasonable accommodations.**

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