

Eastern Equine Encephalitis (EEE)



EEE is a rare but serious mosquito-borne virus that can cause severe illness in humans. People under 15 and over 50 are at greater risk of severe disease.

Early signs may include: fever, headache, chills, nausea, and body aches.

In some cases, the illness can progress to brain inflammation with disorientation, seizures, coma, and, if left untreated, could cause permanent brain damage.

Prevention recommendations:



Use EPA-registered insect repellents with DEET, picaridin, IR3535, oils of lemon or eucalyptus, para-menthane-diol, or 2-undecanone. Follow label directions.



Wear protective clothing: Light-colored long pants, long-sleeved shirts, shoes, and socks when outdoors is recommended.



Secure homes: Be sure that windows and door screens fit tightly and replace damaged screens.



Remove standing water: Once a week from bird baths, pools, etc. to reduce mosquito breeding sites.



Use bed nets when sleeping outdoors or without screens.

WARNING

DO NOT
apply repellent
to children under
two months old.

Dress them in
covered clothing
and use netting for
cribs/strollers.



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Protect Our Environment**



Nimkee
Memorial Wellness Center

SYMPTOMS?

Anyone with suspected EEE symptoms should contact a healthcare provider immediately. For the latest updates visit:

<https://www.michigan.gov/mdhhs/inside-mdhhs/newsroom/2026/08/19/eee>



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