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TRIBAL OBSERVER

THE SAGINAW CHIPPEWA INDIAN TRIBE... *“Working Together for Our Future”*

CHECK THESE OUT

- 11 Fun and Games
- 16 Tribal Education
- 17 Tribal College
- 18 SECR Events
- 22 Tribal Health
- 25 Tribal Elders
- 26 Tribal Calendar
- 27 Tribal Classifieds



12
Delta College dedication
The works of two Tribal artists are featured in sculpture walk dedication.



15
Annual Labor Day Picnic
SCIT Recreation Department provides fun-filled Labor Day celebration.



18
Edge of Summer MX
SECR hosts three days of exciting motocross and quad racing action.



BACK
People's Powwow
Community members gather for Seventh Generation-hosted powwow.

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Volunteers reflect on Standing Rock Sioux Tribe trip

NATALIE SHATTUCK

Editor

In an effort to support Standing Rock Sioux Tribe and its protests against the Dakota Access pipeline, the Saginaw Chippewa Tribal Council appointed representatives to travel to North Dakota to deliver donations and volunteer.

The 10 volunteers were Bethel Merrill, Guadalupe Gonzalez, Kim Cronkite, Tonya Crudup, Brett Walraven, Jose Gonzalez, Regis Ferland, Linzee Ritter, Autumn “Ellie” Mitchell and Brianna Swarthout.

The community was welcomed to join for a prayer and smudging for the volunteers on Tuesday, Sept. 6 at 11 a.m. in the Tribal Operations parking lot before sending them off.

Their travel time was about 22 to 24 hours one way, which included stopping at a store to purchase donations.

When arriving in Standing Rock at the Sacred Stone camp in unfavorable weather conditions, they unloaded supplies, changed into regalia or ceremony attire, and the Saginaw Chippewa Tribal flag was posted, just as the weather cleared up.

Walraven was the only male SCIT Member, so he carried the flag in.

The Saginaw Chippewa Academy Anishinaabe Biimaadziwin cultural teachers were also present and performed a song as they entered the camp.

“The (SCA AB teachers) ended up singing, and it ended up drawing a lot of attention,” said Bethel Merrill, coordinator of the volunteer group. “There were media from all outlets present at Standing Rock. I think because of the singing and grand entrance, it attracted a lot of attention, and therefore, it resulted on the front page of the New York Times. I think it helped bring the Dakota Pipeline situation to the media’s attention. This is important because there was discussion at the time in Indian Country about there being a media blackout as to what was going on in Standing Rock.”

With permission, the volunteers, along with the AB teachers, gathered cedar from the Upper Peninsula and prepared it for their Standing Rock arrival, Merrill said.

The group offered their time and donated basic items needed including food, water, diapers and gift cards on behalf of SCIT.

“I didn’t know what to expect,” Walraven said. “I knew there were a lot of people that were going to be out there. All of the different tribes were out there in a massive encampment of teepees and tents. It was the most teepees I’ve ever seen.”

It was estimated there were about 4,000 people present in the main camp at the time of the visit, with about 1,000 more people between the other two camps.

Walraven said his most memorable moment was



Observer photo by Natalie Shattuck

Photographed with Helping Healer Steve Pego and volunteer Amos Cloud, the 10 appointed volunteers pose before traveling to the Standing Rock Sioux Tribe in North Dakota on Sept. 6 (From left to right: Jose Gonzalez, Guadalupe Gonzalez, Brett Walraven, Kim Cronkite, Pego, Cloud, Linzee Ritter, Regis Ferland, Bethel Merrill, Tonya Crudup, Brianna Swarthout and Autumn “Ellie” Mitchell.)

carrying the flag and listening to the drums beating.

“Wednesday night I headed back to our campsite, and started the campfire when I was the only one there,” Walraven said. “I began listening to three different drums being played around the camp site and the (Standing Rock) Chairman (David Archambault II) was speaking. I could hear him from the campsite, loud and clear. I was listening to his message. Tribes from the northwest started playing their drums so I sat and listened for a while. I wanted to get up there and watch it for myself. I probably sat up there for about two hours watching this man and the crowd interaction.”

Guadalupe Gonzalez also enjoyed Archambault’s speech.

“He was articulate, intelligent, humble and down-to-earth and I appreciated the opportunity to hear him speak,” Gonzalez said.

A few days prior to their visit, the Dakota Access pipeline company unleashed dogs and pepper spray on Native Americans who were protecting sacred tribal burial sites from destruction.

LaDonna Brave Bull Allard, historian for Standing Rock Sioux and one of the founders of the Sacred Stone camp, began the campsite on April 1 when the resistance of the Dakota Access pipeline began.

“LaDonna is the one in her family that is in charge of maintaining the sacredness of the remains of her family that are buried (on that property) from the wars that have happened in the past,” Ferland said. “It’s a burial ground.... So when (the Dakota Access pipeline company) started getting closer to that area, her and her family members marked all areas, because under federal law, it has to be a marked gravesite.”

Standing Rock | 3

Thirty-five Tribal license plates have sold to district one members

NATALIE SHATTUCK

Editor

After much anticipation, the Saginaw Chippewa Indian Tribe now has its own license plates, currently available for district one members.

The license plates are available through the Business Regulations office in the Tribal Operations building.

Tribal Council passed the resolution for vehicle ordinance. Registration was approved by Resolution 15-105 on July 8, 2015.

The first plate was issued to David Merrill Jr. on June 8, 2016.

“The license plates are a good thing because they are self-sufficient and allow us to expand as much as possible,” said Dustin Davis, tribal administrator. “We want to make sure Members are benefitting from this program and that’s really the intent... To me, it’s always a continuation of expressing our sovereignty.”

To sign up, Members must bring in their driver’s license, proof of insurance and registration, if already possessed.



Observer photo by Matthew Wright

David Merrill Jr. (center) was the first district one member to purchase the Tribal license plate. (From left to right: Sub-Chief Brent Jackson, Merrill, Tribal Administrator Dustin Davis and Tribal Council Treasurer Gayle Ruhl.)

License plates | 5



James Allen Slater

Feb. 24, 1942 – Aug. 31, 2016

James Allen Slater, age 74, of Sanford, Mich., passed away Wednesday, Aug. 31, 2016 at his home.

Allen was born Feb. 24, 1942 in Mount Pleasant, Mich., the son of George and Emma (Peters) Slater. He married Cheryl George in Lansing on Dec. 19, 1986.

Allen retired from General Motors in 1996, after 32 years of service. He was a member of the Saginaw Chippewa Indian Tribe.

Allen was a simple, loving man. He loved his family and playing with his grandchildren. Allen liked to watch boxing, basketball, football, and wrestling. He was an avid Michigan State University and Detroit Tigers fan and loved to ride his quad.

Allen is survived by his wife Cheryl Slater of Sanford; five children Allan (Diane) Slater of Riverdale, Jason (Loretta) Slater of Cedar Springs, Shane (Tamah) Slater of Cedar Park, Texas, John Slater of Sanford, Carol Slater of Mount Pleasant; 20 grandchildren; 10 great grandchildren; mother-in-law Dorothy George of Cadillac; two brothers Gerald Slater of Mount Pleasant, George (Debra) Slater of Mount Pleasant; and three sisters Sharon (Ralph) Matthews of Mount Pleasant, Bonnie (Fred) Cantu Sr. of Mount Pleasant, Colleen (David) Sisco of Lake.

Allen was preceded in death by his parents, father-in-law Harvey "Wayne" George, sisters Helen, Lorraine, Sandra, Kelly and infant sister Elizabeth and infant brother Freeman.

Funeral services were held at Saginaw Chippewa Tribal Gym on Saturday, Sept. 3, 2016 with Minister Fred Cantu Jr. officiating. Memorial contributions may be made to the family.



Lester Edward Solomon

May 27, 1947 - Aug. 22, 2016

Lester Edward Solomon, born May 27, 1947, met with his Creator on Monday, Aug. 22, 2016 at 11:02 p.m.

Lester was born on the Isabella Indian Reservation in Mount Pleasant, Mich. to a farming father; Edward V. Solomon and a loving mother; Adelia (Reyes) Kahgegab.

He spent his infancy with his brother Bernard William (Leder) Solomon in their loving embrace before being forcibly removed by a government agency and placed at the Lapeer Home for Boys. Lester spent his life searching for answers inside of himself and in the world around him while passing his days with friends and family.

He married Patricia Childers and had two sons; Martin Bernard Solomon and Charles Odell Solomon.

He retired from General Motors as a janitor, working for many years in the Pontiac plant making friends and "doing a good job cleaning up everyone else's mess."

He was a proud member of the Saginaw Chippewa Indian Tribe of Michigan and loved being a Chippewa Indian.

He moved back to Mount Pleasant and took an active part in church, sobriety events and bingo. He lived for a while at the Andahwod elder care facility working as a part time employee in the lost and found and became a community fixture cruising the Rez on his three-wheel pedal bike (which he notoriously used to escape from the care facility and prompting several APB's from tribal/state/county police to be on the lookout for "an Indian on a three-wheel bike.")

He moved to Madeline Island (Moningwanakuaning Minis) in his later years and spent hours riding his "hot rod" bike back and forth on the quiet streets, watching the leaves fall, the waves roll on shore, listening to the peace and quiet of the woods and watching the sun set.

Lester fought a lifelong battle against alcohol and attended AA throughout his adult life. He ended his life with seven years of sobriety under his belt and frequently listened to his Big Book and other AA publications on tape. He was very proud of his sobriety and could talk for hours on the joys of sobriety and struggles of alcoholism.

Lester also waged a lifelong battle against cigarettes. In the waning days of his life, he would regret his cigarette use and said he wished he could tell everyone to not smoke as he fought for breath.

He loved his oldies rock 'n' roll and old time country and would sit for hours with his CD player and listen to the Big Bopper, Elvis, Merle Haggard and Johnny Cash.

He had a passion for all things wrestling and would watch WWE Smack Down; cheering on heroes like John Cena and Sheamus while reminiscing about yesterday's legends like Andre the Giant and The Iron Sheik.

He loved goulash and country fried steak with mashed potatoes. He hated liver, decaf coffee and people "bossing him around."

His father Edward V. Solomon, his mother Adelia Reyes Kahgegab and his brother Bernard W. Leder preceded him in death.

His two sons Martin and Charles and his eight grandchildren survive him as well as step-sisters and cousins across the Midwest.

Travel safe, prayer warrior.



EMPOWERING FAMILIES CONFERENCE

Great Wolf Lodge. Traverse City, MI. October 28th & 29th, 2016.

Please join us for the Empowering Families Conference. This fun and educational gathering will feature keynote speaker Al Pooley, creator of the Fatherhood is Sacred program, and many other exciting presenters. Whether you are a parent, foster parent, grandparent, staff person working with families, or a community leader, you will be sure to learn a lot and enjoy family time at the Great Wolf Lodge.

Travel scholarships are available.

Two presentation tracks:
(I) for families (II) for those working with tribal families in health, early education, social work, child care, and leadership.

The conference will cover topics like prescription drug abuse, family communication, stress management, Indian Child Welfare Act, Anishinaabe teachings, and much more. There will be activities and opportunities to talk with people from different agencies to help families be strong and healthy.

A special room rate and park pass is available with reservations made by September 28, 2016; call (866) 238-8235 block code 1610INTER

Conference registration is free and lunch is provided. Register online by October 15, 2016 at: www.itcmi.org/news/conferencesworkshops



BROUGHT TO YOU IN PARTNERSHIP WITH:

- Inter-Tribal Council of Michigan
- Michigan State University Extension
- Northwest Regional Center for Great Start to Quality
- Grand Traverse Band of Ottawa and Chippewa Indians

For more information, contact Michelle Schulte at mschulte@itcmi.org // 231-866-0805

Community Member Open Call:

In an effort to gather a list of local community cultural resources, Seventh Generation is putting an open call out for community members who would like to share their cultural knowledge in areas of teachings, regalia-making, storytelling, ceremonies, drumming/singing, dancing, etc.

If you would like to be placed on this cultural resources list, please call 989.775.4002 and leave contact information along with your specific cultural knowledge which you could be called upon for.

We would especially love to hear from elders!



Check out the Tribal Observer ONLINE

www.sagchip.org/tribalobserver

TRIBAL MEMBERS

Receive important Tribal announcements via text messaging. Text the letters **SCIT** to the number **32363** to subscribe to SCIT

Conservation Committee Seats

The Planning Department has been tasked by Tribal Council to solicit letters of interests for adult members interested in serving on the Saginaw Chippewa Conservation Committee (SCCC) for a two-year term beginning Nov. 15, 2016. Per Ordinance 11, section 102, subdivision 2 and the approved Ordinance 11 Committee By-Laws.

Please submit a letter of interest along with your qualification and experience to:

Donald Seal
Saginaw Chippewa Indian Tribe of Michigan
Planning Department
7070 E. Broadway Rd.
Mt. Pleasant, MI 48858
dseal@sagchip.org

All letters of interests must be received no later than Friday Oct. 14, 2016 at 3 p.m.

On behalf of the families of Taylor Vasquez

On behalf of the families of Taylor "Kook" Vasquez, we appreciate the outpouring of the many thoughts, prayers, love and support that were bestowed upon us during our time of need.

Miigwetch for the contributions of food, trees, flowers and monetary donations.

Chi miigwetch for the poems and readings, the wonderful voiced song by Anna and especially the Drum Group for their beautiful honor and traveling songs.

Thank you to Owen Whitepigeon for the sermon, and to Nbakade for the wonderful meal.

Our families are forever grateful to the community for everything you've done and continue to do to help make our grieving process a little easier.

Love & Blessings Always,
The family of Taylor "Kook" Vasquez

December 2016 Tribal Children's Welfare Affidavits

will be mailed out and made available on Monday, Oct. 3, 2016 and due Friday, Nov. 4, 2016 by 5 p.m.
(Postmarked will not be accepted)

The Nimkee Memorial Wellness Center will no longer be open late on Tuesdays.

The hours are Monday-Friday from 8 a.m. to 5 p.m.

The new after-hours number for the clinic is 989.317.2088.

ATTENTION Anishinabe Ogitchedaw

Veteran & Warrior Society Members

Now Recruiting New Members

Meetings Will be Held
The 1st Tuesday of the Month in Seniors Room
Time: 6 p.m. | For More Information: 775-4175

Anishinabe Language Revitalization — Committee Vacancy —

Seeking two individuals who are committed to revitalizing Anishinaabemowin

- One Youth Representative: Between ages 18-25
- One Elder Representative: Between ages 50+

Candidates must be a SCIT Member and able to attend monthly meetings.

Meetings are held on the third Monday of each month at 9 a.m. in the East side of the break room (Old Seniors Room) at Tribal Operations.

Letters/emails of interest will be accepted and viewed as they are received.

Please send Letters/emails of interest to:

Mail to: Anishinabe Language Revitalization Committee Vacancy
7070 E. Broadway Mt. Pleasant, MI 48858

Email to: mispelcher@sagchip.org

For further information:
Please call the ALRD Office at 989.775.4026 or Sasiwaans School at 989.775.4470



Standing Rock

continued from front page

The frontline, three miles away from the main camp, is the post that watches over the ancestors' sacred remains that were disturbed by the pipeline company.

At 5 a.m. on their second day, many of the volunteers awoke to someone screaming because more people were needed at the frontline.

"The most memorable moment for me was just the atmosphere and... knowing all these different tribes were helping each other," Crudup said. "Everything was calm in that sense. It was almost like a peaceful feeling and then just witnessing what was going on and how there were also moments of such intensity because the National Guard was coming or more people were needed at the frontline."

Many volunteers also witnessed a tribe from Washington traveling in from the river on wooden canoes.

"It was very humbling, I will never forget it," Crudup said of her experience. "Everything unfolded as it was supposed to."

Twenty-two Native American protestors were arrested and eight are now being held on felony charges from acting on "direct action," which could include acts of handcuffing themselves to the pipeline company's machinery, or standing directly on the drilled site.

Along with FBI and National Guard, low-flying planes and drones circled the land, several of the volunteers said. The FBI and pipeline company were reportedly using facial recognition equipment for anyone who crossed property boundaries and went onto the drilling site or on the equipment.

"The struggles we have in Indian Country (are) protecting our natural resources because it's been capitalized on for so long," Ritter said. "What's happening (in Standing Rock) is Indian nations and people who are non-Native are coming together to address capitalism and the way that Native American people are treated on their own Reservation lands. There are warriors out there putting their lives on the line for water and they answer the call and go to the front lines when that machinery starts firing up. That river that is affected feeds over 18 million people. It has been a moving experience."

Archambault has said the pipeline will threaten the Missouri River, the tribe's main source of drinking and irrigation water.

"Protecting the water is important to us all, but as Anishinabe kwe, I am forever obliged," Guadalupe Gonzalez said. "I was honored to represent my Tribal community and am grateful for the experience. It's not every day that I am able to be a part of something so special and be able to witness history in the making."

Ferland said Archambault also stressed the importance of remaining peaceful.

"Elders had expressed the only thing that is going to end this is peacefulness and prayer. They said if we try to



Courtesy of Tonya Crudup

Several members of the SCIT delegation pose for a photo with Little Eagle District Representative Robert Taken Alive (center).

go about this any other way, it's not going to happen and we will not have assistance of our ancestors and Creator," Ferland said. "When we were there, it was on edge, you felt the tension in the air, you felt the possibility of (the pipeline company) returning to work, the possibility of them coming through camp to shut us down."

When Ferland returned four days later on a separate trip with family members, he said he did feel prayer and peace.

"There was no more standoffishness," Ferland said. "The frontline camp dwindled in numbers. Five or 10 people remained (at the frontline) instead of 20 or 30. Chief Archambault offered individuals to come down to the main camp and unite in prayer."

Ferland said "the main part of the fight is for the water, for the ancestors, and to stop the pipeline."

"The benefit of the fight is that we have so many nations out there represented that are experiencing each other for the first time in a positive, loving environment," Ferland said. "Coming from an urban environment, to go out there and to see the brothers coming through on bareback horse or see the sisters all with their dresses on, (and seeing) the sweats... I'll never see this again in my life."

He said traditions and ways are alive in Standing Rock.

"To be able to go out there, see it, experience it; that's what's coming out of the entire protest, is those who are returning home with teachings they never had," he said. "Returning home, seeing how our life and our way is supposed to be. Maybe that spark they returned home with will light the fire for the community... That's why I went back out there, I wanted (those who I went back out there with) to feel what I felt returning. Their traditions are really strong in Standing Rock. We need that back here."

Ferland wanted to remind individuals that they do not have to be in North Dakota to assist their tribe.

"Don't think the person on the frontline fighting dogs is contributing any more than someone at home who is sharing a Facebook post about the pipeline fight," Ferland said. "It takes all of us to fight this battle."

To contribute to the Dakota Access pipeline donation fund, please visit standingrock.org.



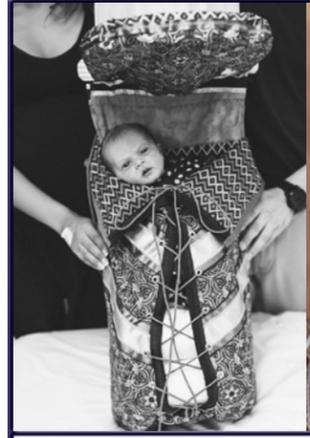
Happy First
Halloween
Ivy!

Love Always, Mommy
& Daddy ♥



**Happy 17th
Birthday**

Lauryn Leureaux



**Happy 1st Birthday
to Emmanuel Michael-Lee!**

We love you.

(Son of Michael Anger and Tomarrah Green)



**Happy
Birthday**

to the best
Husband & Father
We love you ☺



**Happy 50th
Birthday!**

"Mook Pelcher"

Love - Sheligh & Kids

K-12 Educational Powwow

Nov. 2-3, 2016

This year the department is looking for letters of interest from fry bread cooks who would like to take on the task! The Powwow requires 1,200 pieces of freshly baked fry bread both days, as the Powwow will be hosting about 1,000 kids per day.

If this is something that you think you may be interested in, please submit your letter of interest to: Tasha Jeffrey or Deb Smith at 7070 E. Broadway, Mount Pleasant, MI 48858 by Friday Oct. 14th, 2016 at 5 p.m.



Promoting Healthy Food and Native Art

Two Final Tuesdays

Oct. 4 & 11, 2016

Where: Farmers Market Pavilion

Corner of Broadway and Leaton roads

Time: 10 a.m. to 4 p.m.

Items for Sale

- Wild Rice
- Jam & Jellies
- Fresh Seasonal Produce
- Baked Goods
- Maple Syrup

For more information, please contact:
SCIT Public Relations Department at 989.775.4059

**Adult 2017
Annual Reports
are available now**

They are due May 4, 2017 by 5 p.m.
Sorry no post-marked mail excepted.

Youth Council Vacancies

Vacancy for one general representative

Letters of interest may go to:

Youth Council
C/O: Tribal Administration
7070 E. Broadway Road
Mt. Pleasant, Michigan 48858

Attention Tribal Members

With the decrease in per cap coming, now is the time to contact Housing for financial and budgeting assistance.



For more information, please contact:
Sherrill Kennedy at 989-775-4552 or SKennedy@sagchip.org



Tribal Council

Chief

Frank J. Cloutier, District 3

Sub-Chief

Brent D. Jackson, District 1

Treasurer

Gayle Ruhl, District 1

Secretary

Michelle R. Colwell, District 1

Sergeant At-Arms

Ronald F. Ekdahl, District 1

Tribal Chaplain

Diana Quigno-Grundahl, District 1

Council Member

Candace B. Benzinger, District 1

Council Member

Tim J. Davis, District 1

Council Member

Lindy Hunt, District 1

Council Member

Amanda Oldman, District 1

Council Member

Kenneth Sprague, District 1

Council Member

Ron Nelson, District 2

Editorial: Migizi Economic Development Company update

FREDRICK KUHLMAN

Marketing Manager Migizi EDC

Migizi Economic Development Company experienced a summer of growth and change. The businesses of Migizi EDC have enjoyed a very busy season – in some cases surpassing all previous years.

Waabooz Run Golf Course has seen a significant increase in the number of golfers from around the region who have discovered this Tribally-owned treasure.

Golf Manager Steve Norbury has executed several successful tournaments this season. The Waabooz Run course has quickly gained a reputation as being one of the area's most enjoyable golf courses and players from outside of the Mount Pleasant area travel to regularly.

Soaring Eagle Hideaway RV Park also experienced a very successful year as news of this "Good Sam 10/10/10" rated RV Park spread throughout the Midwest.

An expansion this year involved the RV Park's beach area. Now more campers can enjoy the lake and beach activities and those living in the area can bring their

family to spend the day.

For a nominal parking fee, the beach at Soaring Eagle Hideaway RV Park is now open to the public.

A new water trampoline was also added eliciting overwhelmingly positive response from guests.

The Soaring Eagle Waterpark and Hotel is gearing up for a month-long celebration of Halloween. October will see the hotel invaded with tricks, treats, goodies and goblins.

Guest favorite magician Baffling Bill and his magical bunny, Gus, will make an appearance on Oct. 21 at 9 p.m., and the Caricature House will be on hand to sketch guests on Oct. 6 and 14.

A balloon artist and face painter will entertain on the Oct. 28 from 7 to 10 p.m., and the fun will culminate on Oct. 29 with Soaring Eagle Waterpark and Hotel's annual Monster Mash Bash. There will also be costume contests, dance parties and the Eerie Eagle Lounge; a haunted paradise!

The employees of Migizi wish you a happy and safe fall and encourage everyone to support the Tribe by visiting Tribal businesses.

Curbside collection update from the Planning Department

KIM OTTO MCCOY

Planning Administrative Assistant II

In an effort to keep costs down for curbside collection, a tribally-funded program, the curbside collection list is being updated. The Planning Department will be doing a mass mailing to those currently on that list.

Verification of Residence forms will be mailed Wednesday, Oct. 12, 2016. The deadline for returning the completed applications will be Tuesday, Nov. 15, 2016. The letters will be addressed to curbside collection recipient.

If the application is not received by Tuesday, Nov. 15, 2016 the service will be discontinued until it is received.

When addresses have been changed at the Tribal Clerk's office, the Planning Department was unable to track those address changes as we did not have names associated with the list. After the Verification of Residence forms have been put in to the database the Planning Department will be able to track address changes from Tribal Clerk.

The Tribe is getting charged for curbside collection at homes that have been vacated by Tribal Members who have not reported their address changes to the Planning Department. It has been reported that the trash bins are being used by non-Tribal Members. This update effort will alleviate these situations.

If you have any questions regarding curbside collection, please contact Kim Otto McCoy at (989) 775-4014 or stop in at 2451 Nish-na-be-anong in Mount Pleasant, Mich.

Seven Grandfather Teachings

Nbookaawin ~ Wisdom

To live with wisdom is to acquire and use experiences as guides for making equitable and mature decisions.

Zaagidowin ~ Love

To live our lives with love is to understand our capacity to realize, empathize, and nurture the needs of others.

Minaadendamoowin ~ Respect

To live with respect is to give mutual consideration for shared and differing ideas as well as for the world around us.

Zoongide'ewin ~ Bravery

To be brave and have courage is to recognize our moral and mental strength and to do what is appropriate.

Gwekwadiziwin ~ Honesty

To be honest is to recognize that we have the ability to live our lives with honor and integrity.

Dibaadendiziwin ~ Humility

To live with humility is to recognize that we are all equal, we all make mistakes, we all like to have our success rewarded and to put others before ourselves.

Debwewin ~ Truth

To live in truth is to recognize the difference between right and wrong and to be faithful to ourselves as well as the world around us even when the right way is not the easiest way.



Mentors wanted for Niijkewehn Mentoring Program

The Niijkewehn Mentoring Program is a collaboration between Saginaw Chippewa Indian Tribe and Central Michigan University. We are currently recruiting Native American college students to work with fifth to eighth grade Native American youth in the community for the 2016/2017 academic year.

The mentors would choose one of our five schools that best fits your schedule to mentor in one day of the week for 90 minutes. Together, you and your youth would engage in cultural, educational, recreational and healthy lifestyle activities that are organized by the coordinators.

The following are the requirements to become a mentor:

- Background check
- 15-minute application interview
- Mentorship and cultural training
- Pre- and post-program survey of academic and social experiences
- Application packet

Please consider this opportunity to give back to your community by supporting and enhancing the cultural identities and school experiences of local Native American youth.

To sign up or more information, please contact us by email, niij@cmich.edu or by phone, 989-774-3203.



Tribal Observer

Boozhu! The Tribal Observer, a monthly newspaper, is published on the first of each month. To contact Tribal Observer staff, please call 989-775-4010, or email: observer@sagchip.org. To change your mailing address, please contact the Tribal Clerk's office at 989-775-4055. Community advertisements will not be accepted over the phone.



Submissions from the Tribal community are encouraged and can be sent to:

Saginaw Chippewa Indian Tribe
c/o Tribal Observer
7070 E. Broadway Rd.
Mt. Pleasant, MI 48858

Subscription rates are \$30 per year.

Story ideas, articles and photographs from the community are always welcome. The Tribal Observer reserves the right to edit and/or refuse any submissions or advertisements for publication. The Tribal Observer is published by the Saginaw Chippewa Indian Tribe of Michigan and is subject to an editorial review process.

The views expressed within the Tribal Observer do not necessarily reflect the views of the Tribal Observer, the Saginaw Chippewa Indian Tribe, the Saginaw Chippewa Tribal Council, The Soaring Eagle Casino & Resort or its employees or any other enterprise of the Saginaw Chippewa Indian Tribe. The Tribal Observer works to uphold the highest integrity in news reporting and supports the Indian Civil Rights Act of 1968.

Tribal Observer Advertising

If you would like to advertise your business, please contact the Tribal Observer at 989-775-4010 for more information.

Announcements - Including birthday, wedding, engagement, congratulations, etc., costs \$10 and is open to Tribal members, community members and employees. Double-sized announcements are \$20.

Political ads - All political ads will be 1/4 page and have a red border stating as such. The cost is \$500. Political ads may include, but are not limited to: any opinion or advertisement that is political in nature, and/or any Letter to the Editor that does not conform to guidelines.

Tribal Observer Subscription Form

Please send \$30 for the annual subscription. Checks may be made out to SCIT.

Name: _____
Address: _____
City: _____ State: _____ Zip code: _____

Please mail form to:
Tribal Observer
Attn: Subscriptions
7070 E. Broadway Rd.
Mt. Pleasant, MI 48858

Contact Information:
Phone: 989-775-4010
Email: Observer@Sagchip.org
www.Sagchip.org/TribalObserver



Judge Shannon appointed to serve on Prescription Drug and Opioid Abuse Commission

JOSEPH V. SOWMICK

Photojournalist

On Sept. 12, Gov. Rick Snyder announced appointment of Tribal Court Judge Patrick Shannon to the Michigan Prescription Drug and Opioid Abuse Commission.

The new commission was created by Executive Order 2016-15 Snyder signed in June 2016.

"Prescription drug and opioid abuse is a very serious issue impacting people in communities all across our state," Snyder said in a press release. "Members of this commission will work on the necessary steps to help prevent drug-related deaths in Michigan."

Shannon, of Mackinac Island, also serves as adjunct faculty at Central Michigan University and previously served as director of charter schools for Bay Mills Community College.



Observer photo by Joseph Sowmick

Saginaw Chippewa Court Judge Patrick Shannon is photographed in the Tribal courtroom.

He holds a bachelor's degree in business administration and a doctorate in educational administration and community leadership from CMU, a master's degree in public health from the University of Michigan and a Juris Doctorate from the University Of Detroit School Of Law.

He will represent the general public.

Chief Frank Cloutier has also served the State of Michigan by his appointment by Gov. Granholm to the Council of Labor and Economic Growth.

"Tribal Council welcomes the appointment of Tribal Members and employees to serve on all local, state, regional and federal unit of government," Cloutier said. "It is not only a reflection of what we are doing as a sovereign nation but also guarantees we have a seat and voice at the table."

Shannon said he is humbled by the opportunity.

"I believe it is a clear demonstration of the respect the governor and the state has for the Saginaw Chippewa Tribe and its court system," Shannon

said. "It will be interesting to see the information on prescription drugs and opioid abuse and be able to bring that back to help our Tribe."

Magistrate Carol Jackson said she looks forward to seeing Shannon serve on a state level.

"I believe this is extremely tremendous news to have Judge Shannon appointed on the State commission to help combat this national epidemic with the war on prescription drugs and opiate abuse," Jackson said. "Judge Shannon has witnessed, felt the devastation, and truly recognizes the struggles we face daily within our own Tribal community. With this commission, I am hopeful it will help open the doors to the necessary treatment on all aspects of care."

Shannon will be serving with fellow 13 other fellow commissioners.

He will serve two-year terms expiring on Sept. 1, 2018, and their appointments are subject to the advice and consent of the Senate.

The creation of the commission was a recommendation of the Prescription Drug and Opioid Abuse Task Force that Snyder created last year that was chaired by Lt. Gov. Brian Calley.

The commission, housed within the Department of Licensing and Regulatory Affairs, will review the Report of Findings and Recommendations for Action from the Michigan Prescription Drug and Opioid Abuse Task Force and develop and propose policies and an action plan to implement the recommendation from the report.

License plates

continued from front page

"We have the tabs available in our office," said Chris Sineway, director of Business Regulations. "The first time you sign up, the process is a little longer because we have to put in all your information. Members will have to go down to the Accounting department and bring their receipt back to us, and we will get the license plate registered in the system."

Currently, the pricing is \$100 for license plate tabs and \$10 for the plate. The pricing will change shortly for the beginning of 2017 because Tribal Members must renew for the entire year.

Once a member's information is in the system, it is a quick process for renewals, Sineway said.

Currently, 35 plates have been sold. The office has the capability to register multiple vehicles and holds enough plates to cover all district one members' needs.

Matthew Wright, layout/graphic artist for the Tribal Observer, designed the plates.

Wright said the process began with the creation of nearly a dozen license plate design concepts.

"After several revisions and assessments over several months, the field was narrowed down to one final design," Wright said.

Wright said the design process itself took a few months.

"The challenge was creating an attractive, culturally-significant design, which also met the strict requirements of the plate-printing process as well as government regulations," Wright said. "The number one focus was creating a design in which the plate information was attractive, but most importantly, legible enough to effectively serve its purpose."

Davis and Sineway both said the plate design has been well received.

"People really like the plate design. They are really proud they can see the Tribe's logo," Davis said. "At the same time, there is a more comfortable accessibility coming into Chris' office. Registering a plate and looking at exemptions of a vehicle just go hand-in-hand."

Keeping majority of the project internally, many Tribal departments have collaborated. The project has showcased the

talent of the Tribe and its associates, Davis said.

Michael McArthur, database administrator for the IT Department, facilitated and designed the database for the plates.

Sineway first contacted the IT Department in October 2014 to design a program to fit the needs to sell the plates.

"My role started with determining how we wanted to handle selling plates, what procedures needed to follow, etc.," McArthur said. "From there, I was able to start designing a web page and database to handle the sale from start to finish. This included designing the tab/registration layout similar to what one would receive from the Secretary of State."

Currently, the IT Department is making improvements to allow up to two drivers per registration and multiple vehicle registrations per transaction.

"We had to redesign the system and tab layout to allow for the registering of vehicles to multiple individuals," McArthur said. "These changes were made to fall more in line with how the State of Michigan

handles vehicle registrations. There was a need to allow significant others to be listed on the vehicle registrations, and the first iteration of the sales system did not allow for this."

"He is very accessible," Sineway said of McArthur. "I could call him right now so he can change stuff on the fly."

Sineway said there were a few problems when the plates first launched, such as not having the various insurance types and all vehicle types and colors in the system.

The Tribal license plates are not currently recognized by the International Justice Public Safety Network, or Nlets, the computer system that stores vehicle registration information. The network runs throughout the U.S., but police officers are currently running all the Tribal plate information by hand until a contract can be agreed and signed upon, Sineway said.

"I am hoping that this will not take too much longer but we will see here in the next few days when they get the changes back to me and we can review them," Sineway said at Tribal Observer press time.

Davis said the idea of the plates had been discussed for quite some time, but one of the complications was finding the appropriate department to regulate it.

Until the proper office was notified, the project was on hold, Davis said.

The service is also benefiting the Business Regulations department. When Tribal Members stop in for a plate, they may discover other services the department has to offer, in addition to tax time when the department tends to assist many members.

"The business of the license plates are sparking progression of where the Tribe wants to be," Davis said. "To me, it's just climbing that hill of where the Tribe wants to express itself. We have that ability, and that's one thing that always encourages me and motivates the work that we do. There are more benefits to the Members as long as we keep pushing ahead to do these programs."

Sineway and Davis both mentioned different Council administrations assisted with moving the process along.

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Planning for the Future: MIIBS Land & Buildings



Photo of Beadwork by Summer Peters

Decisions need to be made about the land and buildings associated with the Mount Pleasant Indian Industrial Boarding School (MIIBS). Your views are critical so that these decisions reflect the wishes and needs of community members. Your responses will remain confidential. The Center for Applied Research at CMU will be the only entity that will have access to all survey data. An edited summary of findings, with no information that could identify you, will be shared with the Tribal Council and community.

Please mail or drop off your completed survey to:

Ziibiwing Research Center
6650 East Broadway Rd., Mt. Pleasant, MI 48858

Surveys can also be completed online at:
Tribal Members area at www.sagchip.org

Additional surveys can be obtained at:
Tribal Clerk, Tribal Ops, SCTC, Ziibiwing and the CMU Native American Programs Office (*only one survey per person*).

1. How much thought have you given to future use of the buildings and land associated with the Mount Pleasant Indian Industrial Boarding School (MIIBS)? *(check one response)*

- A Great Deal Some A Little None

2. Did anyone in your family attend the MIIBS? *(check one)*

- No
 Yes → Relationship(s) to you: _____

3. The next questions ask you how much you support or oppose various suggestions for using the land and buildings associated with the MIIBS in the future.

(Check one box in each row for each suggestion.)

	Definitely Support	Probably Support	Neutral/No Opinion	Probably Oppose	Definitely Oppose
If buildings can be rehabilitated at an affordable cost, your views about using buildings for:					
Cultural preservation and language revitalization center	<input type="checkbox"/>				
Healing center as a remembrance of MIIBS students	<input type="checkbox"/>				
Indian Boarding School Museum	<input type="checkbox"/>				
Tribal College	<input type="checkbox"/>				
Grades 7-12 Charter School	<input type="checkbox"/>				
Skilled trades education center	<input type="checkbox"/>				
If buildings are removed, your views about using property for:					
Memorial wall with MIIBS students' names	<input type="checkbox"/>				
Green space (landscaped)	<input type="checkbox"/>				

4. Do you have any other suggestions about how the MIIBS buildings and land should be used in the future?

5. In what year were you born? _____

6. Please indicate your tribal membership to make sure that the views of all groups are understood. *(check one)*

- Saginaw Chippewa Tribal Members → Tribal ID # _____
 Saginaw Chippewa Tribal Descendant
 Other Tribal Member → Which Tribe? _____
 Community Member *(not a Tribal Member)*

7. For Tribal Members Only: In which district do you reside? *(check one)*

- District 1 District 2 District 3

8. Did you complete survey(s) administered in 2011 about the use and conveyance of the land and buildings to the Saginaw Chippewa Indian Tribe? *(check one)*

- Yes No Not Sure/Don't Remember

Optional Section

9. Would you like to discuss these issues regarding the MIIBS in greater detail in a small group setting?

- Yes No

10. Would you like more information on plans about the MIIBS as they develop?

- Yes No

11. If you answered YES to Questions 9 and/or 10, please provide contact information below.

Name: _____

Email: _____

Phone Number: _____

Miigwetch for taking the time to complete this survey! We appreciate your time.



Saginaw Chippewa Indian Tribe of Michigan
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Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org



Editorial: Seventh Generation Elijah Elk Cultural Center update

TONIA LEAUREAUX

Assistant Tribal Administrator

Seventh Generation has been going through a transitional phase throughout the past year and much has been assessed in an effort to provide cultural services which are member-driven.

A committee of Tribal Members was formed to offer input and suggestions on what they'd like to see implemented at Seventh Generation. With this in mind, fiscal year 2017 planning efforts have focused on input received from the committee, in addition to results from a survey given out at the community meeting.

Since October begins the new fiscal year, it's a good time to inform the community on some Seventh Generation updates.



Since "culture is prevention," Seventh Generation and Behavioral Health will begin hosting an open beading class on Thursday evenings in the Seventh Generation ceremonial building.

These classes are intended for everyone from beginner to advanced beadwork artist, and offer a nice way of learning different beading styles in a relaxed environment where you can work at your own pace.

Behavioral Health staff will also be sharing important

prevention information – as you know, knowledge is power.

Seventh Generation is also looking to reintroduce a few key elements. This includes bringing the cultural representatives back into the local schools for lunch time presentations and cultural awareness. This was done in the past and was well-received by the students, so the time is right to re-establish this connection between the department's staff and community youth.

Efforts are currently underway to begin having regular Anishinaabemowin language classes onsite. This will be done in collaboration with the Anishinaabe Language and Revitalization Department as it was in the past.

Looking a bit further into the future, there will be the usual workshops and classes offered but these will vary due to the need to incorporate new offerings.

There are several new offerings being considered but these will not be announced until a later date based on overall feasibility.

It should be noted that Seventh Generation does bring in consultants for certain cultural activities, and this year we would like to search within our own local community for resources whenever possible.

In an effort to gather a list of our local community cultural resources, we are putting an open call out for community members who would like to share their cultural knowledge and perhaps be utilized as a consultant for some of the cultural activities at Seventh Generation.

There are quite a few individuals who have talent in areas such as teachings, regalia-making, storytelling, ceremonies, drumming/singing, dancing, etc.

If you would like to be placed on this cultural resources list, please call **989-775-4002** and leave contact information along with your specific cultural knowledge which you could be called upon for.

We would especially love to hear from elders!

All of these endeavors will require coordination and oversight from the Seventh Generation cultural manager. This position will be posted in early October, so if you know anyone who might be interested in applying, please direct them to www.sagchip.org to view the job description and application details.

Chief of Police Bannon elected on national Native American law enforcement board

NATALIE SHATTUCK

Editor

Donielle Bannon, chief of police for the Saginaw Chippewa Indian Tribe, has been elected as the sergeant-at-arms for the National Native American Law Enforcement Association, or NNALEA.

Bannon attended the 24th annual national training conference Aug. 23-25 in Las Vegas at the Tropicana Hotel & Casino.

The NNALEA Board election took place following the last day's closing ceremonies.

The Board is made up of seven permanent, executive members, which includes three elected positions.

Bannon will rotate through the sergeant-at-arms, vice president and president

positions, serving each for a one-year term, which guarantees she will become NNALEA president in about three years.

NNALEA members must be Native American and a member of a federally-recognized Indian tribe.

Unlike past Board elections, this instance Bannon is the first from a tribal agency to serve.

"They didn't tell me until after I was elected... but in years past, the Board has always been made up of people from federal agencies, whether it be from secret service or FBI," Bannon said. "The Saginaw Chippewa Indian Tribe is now the first tribe to have an elected person to the board that's from a tribal agency and not from a federal agency, so it's pretty exciting."

Bannon was also scheduled as a keynote speaker during the Native American awards ceremony on Aug. 24.

She spoke on collaborative partnerships both within the tribal community and with external organizations.

"I talked about the Healing to Wellness program, Sexual Assault Response Team, and the cross-deputized agreement with the Tribal Police department where the tribe has an agreement with the county, state, and Arenac County... which allows us to fully enforce laws and protect everyone within the boundaries of the Reservation."

Opening ceremony keynote speakers included William Wind, president of NNALEA; Chris Tomaino, captain for the Las Vegas Metro Police Department; Val Panteah, governor of Zuni Pueblo; Joe Wicks, chief of police for Cheyenne River Sioux; Daniel Bogden, U.S. attorney in Nevada and more.

An abundance of topics were presented including trainings on the prescription drug epidemic in Indian Country, emergency management, drug law enforcement, combating violent extremism, active shooter scenarios, crimes against children and much more.

NNALEA focuses on its efforts and resources in the American Indian community in areas of law enforcement training, border safety, human resources and job creation. It also uses its membership to promote and support the continuing of education of young men and women pursuing law enforcement careers in Indian Country.

Bannon said her role on the Board will be beneficial to the Tribe as a whole.

"I think it will extend out our resources to be able to partner with other federal agencies and have those contacts and

resources, and having a voice from a tribal agency as well as a tribal perspective from a law enforcement executive that is working in a tribal entity organization," she said. "I think it will allow us to get our voice out there and be able to put in some positive input and also give us some resources we will be able to utilize."

NNALEA is a nonprofit organization formed to promote and foster mutual cooperation between American Indian law enforcement officers/agents/personnel and their agencies, according to its website.



Courtesy of Marcella Hadden

Saginaw Chippewa Chief of Police Donielle Bannon was recently elected to the NNALEA Board.

"Doggie Dayz" collects monetary, item donations for Humane Animal Treatment Society

NATALIE SHATTUCK

Editor

Isabella County's Humane Animal Treatment Society received several donated items and monetary contributions from Soaring Eagle Waterpark and Hotel's "Doggie Dayz" held on Tuesday, Aug. 23.

Guests received one waterpark day pass when donating a \$7 pet item or \$7 cash, on that day only.

The following day, HATS Executive Director Summer Dubois collected a \$1,328.05 check from the Waterpark, along with several bags full of the 83 donated items.

"This has been the most successful year for item donations and the best part is a lot of the items that were donated were items from the wish list HATS provided," said Melissa Mullard, marketing specialist for Migizi Economic Development Company. "We had a lot of laundry soap, collars and wet cat/dog food plus many other awesome items that will be greatly appreciated."

Donation items included dog and cat food, collars and leashes,



Observer photo by Natalie Shattuck

Summer Dubois (center), executive director for the Humane Animal Treatment Society, collects a \$1,328.05 check from the "Doggie Dayz" fundraiser presented by Migizi CEO Robert Juckniess (left) and Pamela Murphy, front desk manager for SEWPH.

canned food, laundry detergent, washcloths, bedding, grooming supplies and toys.

"We are excited to start working on the next donation drive

Waterpark event," Mullard said.

The Waterpark staff is in the process of planning the next event, but Mullard said she will keep the Tribal Observer informed.



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72 mos/\$196/\$12,500



2011 GMC Canyon
SLE W 1SA, 66k Miles, Auto, Cruise.
66 mos/\$238/\$13,995



2014 Ford Focus SE FWD
I4 2.0L, Auto, 37k Miles, Cruise, MP3.
72 mos/\$227/\$14,398



2010 Ford Ranger Sport
Ext. Cab 4WD, 67k Miles, Gas V6 4.0L.
60 mos/\$278/\$14,995



2014 Ford Fusion S FWD
Gas I4 2.5L, Auto, 18k Miles, Cruise, MP3.
72 mos/\$282/\$17,725



2014 Dodge Grand Caravan
SE FWD, 56k Miles, V6 3.6L, Auto.
72 mos/\$289/\$18,250



2013 Chrysler 300 300S RWD
Gas V6 3.6L, 75k Miles, Auto, Cruise, MP3.
72 mos/\$298/\$18,750



2011 Ford Edge Limited
Gas V6 3.5L, 67k Miles, Auto, Cruise, MP3.
66 mos/\$334/\$19,450



2013 Ford Escape SEL 4WD
Turbo Gas I4 1.6L, Auto, 42k Miles, Cruise.
72 mos/\$313/\$19,646



Certified 2012 Ford Flex SEL FWD
Gas V6 3.5L, 49k Miles, Auto.
72 mos/\$334/\$20,995



2016 Ford Fusion SE AWD
Turbo I4 2.0L, Auto, 14k Miles, Cruise.
72 mos/\$392/\$24,580



Certified 2015 Ford Taurus SEL AWD
V6 3.5L, Auto, 11k Miles.
72 mos/\$422/\$26,495



2013 Ford F-150 XLT 4WD
Crew Cab, V8 5.0L, Auto, 41k Miles.
72 mos/\$442/\$27,695



Certified 2014 Ford Flex SEL FWD
V6 3.5L, Auto, 28k Miles.
72 mos/\$444/\$27,795



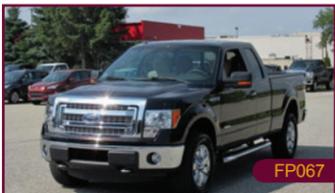
Certified 2013 Lincoln MKZ FWD
Turbo I4 2.0L, Auto, 12k Miles, MP3.
72 mos/\$446/\$28,000



Certified 2015 Ford Taurus Limited AWD
V6 3.5L, Auto, 10k Miles.
72 mos/\$464/\$28,995



2015 Ford Mustang RWD
EcoBoost Premium, I4 2.3L, 28k Miles.
72 mos/\$464/\$28,980



Certified 2013 Ford F-150 4x4
Supercab, 163 Ext. Cab 4WD, 38k Miles.
72 mos/\$504/\$31,449



2015 Jeep Grand Cherokee Limited 4WD
26k Miles.
72 mos/\$519/\$32,495



2013 Ford F-150 Lariat 4WD
Crew Cab, Turbo Gas V6 3.5L, 52k Miles.
72 mos/\$518/\$32,396



2014 Ford Explorer XLT 4WD
V6 3.5L, Auto, 20k Miles, Cruise, MP3.
72 mos/\$492/\$30,850



Certified 2014 Ford F-150 XLT Ext. Cab 4WD
10k Miles, Auto, V8.
72 mos/\$538/\$33,625



Certified 2013 Ford F-150 Lariat Crew Cab 4WD
34k Miles, Auto.
72 mos/\$559/\$34,995



2015 Ford Expedition XL 4WD
22k Miles, Turbo V6 3.5L, Auto.
72 mos/\$607/\$37,980



2013 Ford F-250 XLT 4WD
Ext. Cab, 34k Miles, V8 6.2L, Auto, Cruise.
72 mos/\$638/\$39,900



Certified 2015 Ford F-250 XLT Crew Cab 4WD
14k Miles, Diesel V8
72 mos/\$736/\$45,950

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2012 F-250 Supercab FX4 72 mos/\$375/\$23,900
4x4, V8, Auto, Full Pwr, Trailor Tow Pkg., Running Boards, Local Trade, 39k Miles, White with Gray Cloth, Excellent Buy. #GU042A

2013 Ford Taurus SEL 4 Door 72 mos/\$275/\$17,650
Fully Loaded, 1-Owner, Navigation, Leather, Local Trade, Only 39k Miles. #GU159

2012 Nissan Frontier 4WD 72 mos/\$329/\$20,695
Ext. Cab PRO-4X, V6 4.0L, Auto, 46k Miles, Cruise. #GU137

2012 Jeep Liberty Sport 72 mos/\$168/\$10,495
4 Door, 4WD, 6 Cyl., Leather, Trailor Tow Package.

2014 Ford Edge SEL FWD 72 mos/\$405/\$23,350
Gas V6 3.5L, Auto, 24k Miles, Fully Loaded, Leather, Cruise. #GP071

2010 Ford Escape XLT 60 mos/\$232/\$12,495
4WD, Gas V6 3.0L, Auto, 85k Miles, Cruise, MP3, Front Heated Seats, Ruby Red Metallic Tinted, 6-Speed, Keyless Enty. #HT039A

2014 Ford Explorer Ltd 4x4 72 mos/\$487/\$30,495
Gas V6 3.5L, Auto, 48k Miles, Tow Package, Leather Seats, Cruise, Security System, Third Row Seating, Keyless Enty.. #GT391A

2006 Dodge Dakota SLT 42 mos/\$221/\$8,686
Crew Cab, 4WD, Gas V6 3.6L, Manual, 134k Miles. #GP023B

2015 Ford F-150 XLT 4WD 72 mos/\$510/\$31,885
Ext. Cab 4WD, V6 3.5L, Auto, 20k Miles, Cruise, MP3. #GU142

2014 Ford Fusion SE FWD 72 mos/\$264/\$16,684
I4 2.5L, Auto, 26k Miles, Cruise, 1-Owner, MP3, Factory Warranty, Security System, Power, 6-Speed. #GP070

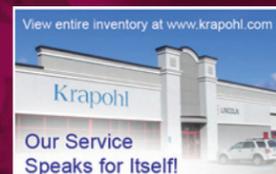
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Editorial:

My Standing Rock trip experience

AUTUMN "ELLIE" MITCHELL

Contributing Writer

I didn't make a conscious decision to go. I just knew I would.

Walking down the main road of the Red Warrior Camp, following the Saginaw Chippewa flag, wearing the ribbon dress my mother made, the welcome was overwhelming.

People lined the road and greeted us with shouts and cheers. A whirlwind of pride, of humility, of gratitude, of joy at stretching my legs, overtook me. I could not stop grinning, even as tears welled in my eyes.

Later, I saw the true sense of community. At the donation center, people dropped what they could spare. Anyone and everyone were welcome to take what they needed. Clothes, soap, baby food – everything was there.

Brianna Swarhout and I sorted clothes and helped people



Courtesy of Bethel Merrill

Autumn "Ellie" Mitchell stands in front of a teepee at the campsite for the Standing Rock protest.

find what they needed. Many had just the clothes on their backs.

A grandmother needed dry shirts for her grandsons. A journalist tried on a pinstripe suit and joked about a job interview.

As the sun sunk low, Brianna and I strolled down the main road, among the tribal flags, a

few posted since we'd arrived. After a moment of awe, we hurried to the place we knew we'd be needed.

The kitchen in the Red Warrior Camp is a sight to behold. There were huge iron kettles wafting endless steam into the evening air.

A large tent housed a maze of canned goods. Refrigerators ran on generators. Scraps were saved for compost.

We were put to work as soon as we stepped in. Donning hairnets and aprons, we helped lay out food. Then supper was announced and innumerable people appeared.

Chatting, teasing and laughing with everyone, I thought I'd been serving coleslaw for two hours, perhaps three. In fact, it was past midnight when we left the kitchen and crawled into our sleeping bags.

Before dawn, a woman came through with a loudspeaker,

calling for volunteers at the front-line – the main protest site. It was a startling way to wake up. But the camp was calm and quiet, so reassured, I fell back asleep.

In the morning, we offered semaa for those at the frontline. Then we crossed the river, to visit the other camps. That was when we first heard that the State of North Dakota had called in the National Guard.

My heartbeat quickened and my throat tightened. What were they going to do? Harass us? Arrest us? Shut down the camp? Nobody seemed to know.

I must confess that my instinct was to leave, to get out of the camp while we still could and make for home. But nobody panicked. The camp was peaceful and everyone went about their business. We sat on the riverbank and watch a golden eagle circle above. My heartbeat slowed.

We crowded the riverbank

to watch the Washington tribes arrive in their canoes. It was a beautiful sight. I felt that sense of history as they paddled by. I felt that again, when the Standing Rock chairman spoke to the gathered camp about the day's events. Our group left shortly thereafter, at our prearranged time. I spent most of the ride home contemplating what I'd seen and felt at Standing Rock.

It was like nothing I've ever experienced. The generosity and welcoming of everyone we met. The good feelings and the smiles.

There were no fights. I didn't see signs of drugs and alcohol. Everyone was sober.

We stood together, united for the protection of Mother Earth. With no division by historical rivalry, identity politics, blood quantum or casino revenue. I've never been so moved or so hopeful for the future of all of our people.

Editorial: My reflections on the drive home from the Standing Rock Sioux Tribe

TONYA CRUDUP

Contributing Writer

On our way home towards the end of this historic journey, I can think back as we drive and pass people along the way. Nobody has any idea what we were just a part of.

We got some not-so-nice looks from some people in North Dakota who starred us up and down, they even turned their heads to let us know we are not welcome here in these certain parts of town. It was not everyone, but those few



Courtesy of Tonya Crudup

Tonya Crudup is pictured on the Standing Rock Sioux Tribe Reservation during her volunteer trip.

people who have no clue what life is really about.

Their negative reactions did not really matter because our hearts were filled with love and peace. We kept moving along on our journey of life. The prejudice seemed very small compared to the experience we had just endured.

As hard as it was to not have the comforts of home, I never heard one complaint. We all just kept pushing through. It did not matter what the obstacles were.

The trip was a long drive with no sleep, good old gas station food, the constant flies around our heads, the thick mud that got us stuck many times, the wind that kept blowing stuff down or the dampness and cold chilly air at night, which was 42 degrees that made me feel very cold and scared with the darkness and the sound of something next to the side of the tent.

But the stars were very beautiful and howls of a coyote far away brought some sense of serenity.

There were so many thoughts

of the past running through my head and how rough of a life our ancestors had. That was not an easy life. When life would get tough, I thought I wanted to just live out in the woods and be in a teepee, but now I have second thoughts!

Some of us had flooded tents or even a collapsed tent that Joe Gonzalez put back together for Amos Cloud.

The storms that kept coming around us were a reminder of how everything in life is OK one minute, and within the next minute, life can be a storm.

What was so amazing with the storms was that this beautiful rainbow just appeared coming from the frontline. To me, it felt like a sign. A sign of hope, love and peace. No matter what kind of storm we are in.

Right before the rainbow, someone in the camp was yelling out loud for everyone to leave because the National Guard was coming.

Some people were leaving, and with the unknown surrounding us,

we went to the front of the camp to find out what was going on and there stood Standing Rock Chief Archambault giving a speech.

Archambault was telling everyone to be peaceful and that we are not defeated, we don't have to run with fear. He mentioned the importance on how you say things to one other and that there is a way to use your voice. He said to "take the good way so your prayers will go further and it's the beginning of a legal battle, it's not the end. Remain in prayer!"

He said "with who we are and where we come from, we won because we united" They were very powerful words that connected me with the beautiful rainbow of hope.

Everyone kept helping each other like it was all God's master plan.

The greatest thing was if something bad happened at Standing Rock, it turned into something good. Bad circumstances always showed the power of prayer.

All kinds of people came together from tribes all over including Alaska, Mexico,

Hawaii and non-tribal members also came to support each other and become as one. That is powerful history in all Native land!

I asked myself, when did hundreds of tribes ever come together like this with so much peace and love for one another? It was so powerful. I've never seen anything like this in my life.

I'm so grateful, thankful and humbled to have been able to be a part of all this. It's huge, bigger than I could have ever imagined. So much along my path had prepared me to be a part of this, so the pain of life made it all worth it.

As I think back, I can hardly hold my tears. My emotions keep flooding over me. It was a true honor to be a part of this trip.

I made some new friends who became my brothers and sisters. They have big hearts and the will to help no matter what. We all have memories that will last us all for a life time. What precious gifts God gave each of us. I did not know I would have so many gifts from Heaven while still on this earth! Miigwetch!

Editorial: Recollections of gardens, fresh fruits and vegetables

CHARMAINE SHAWANA

Contributing Writer

Years ago everybody had a garden. It was a family tradition to have one. Whole families worked in the garden.

We were relatively healthy before we had commodity foods. Our diet was made up of fresh garden vegetables, wild game like fish and deer meat.

Diabetes was unheard of and everyone grew up good and healthy.

I remember all the women canning their fruits and vegetables, especially my grandma. She would have jars and jars of tomatoes, peaches and green beans.

They tasted so good; just like they were fresh out of the garden.

I used to can tomatoes and salsa when I was younger. Surprisingly, my kids remember me doing it and have learned how to as well.

We used to go and pick blueberries and strawberries when my girls were little. It's a valuable lesson, kids need to learn that fruit comes off trees and grows from dirt, not just from the supermarket.

We would also go the county fair and visit the animals including horses, cows and pigs.

I still enjoy looking at the animals at the fair. I try not to

miss it each year. It still fascinates me, I love looking at the chickens, sheep and ducks.

Children learn valuable lessons from seeing real animals. Trying to explain that they are food is another story though, and they always have a million questions.

So if you're looking for something to do next spring, try putting in a garden with your kids or grandkids. Gardens are a lot of work but loads of fun. Nowadays the plants are already partially grown and all you gotta do it put them in the ground.

Good luck to all the wannabe farmers out there.



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Experience: Former Prosecuting Attorney Saginaw Chippewa Indian Tribe of Michigan, and Salish and Kootenai Tribes of the Flathead Indian Reservation; Former Public Defender Assiniboine Sioux Tribe; Criminal Defense Attorney

Tribal Affiliation: Member of the Six Nations Tribe, Ontario Canada



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Wildlife Habitat Grant Program allowing natural restoration of Kerby property

JOSEPH V. SOWMICK

Photojournalist

The Saginaw Chippewa Indian Tribe has made a reputation toward protecting and caring for the gifts given by Mother Earth and the Wildlife Habitat Grant Program is allowing natural restoration of Tribal land.

Heather Shaw, wildlife biologist for the Planning Department, said the grant project on the Kerby Property is funded by the Michigan Department of Natural Resources with matching funds from the Bureau of Indian Affairs Forestry Program.

The Tribe is also lending financial support through providing personnel like Shaw.

“We are the first Tribe to be funded by this project and it will be completed this fall,” Shaw said. “The grassland restoration included removing invasive species and planting over 70

acres in a mix of warm and cool season grasses and forbs which will provide food sources, nesting cover, and associated brood rearing habitat for both game and non-game grassland birds and pollinators.”

Within the grassland restoration of the property, three five-acre food plots were established which will support upland game birds and white-tailed deer, Shaw said.

Shaw said the project also includes a 5.5-acre coniferous tree planting adjacent to a riparian corridor along Jordan Creek.

“Along with supporting wildlife populations, we hope that this restoration will improve hunting and gathering opportunities on the property and allow access to a wider variety of resources that the property has to offer while allowing folks to spread out and utilize the area,” Shaw said. “The grasses will take approximately three years

to fully establish and we ask that folks respect the fresh seed bed and try to avoid disturbing the area if possible to ensure seed establishment.”

In a recent site visit, Shaw took the Tribal Observer into the field where the restorative growth process can already be seen through the rows of vegetation on the Kerby property.

Clay Buchanan, coordinator for the grant program, works in the wildlife division and also serves as a MDNR assistant federal aid coordinator.

Buchanan said MDNR started the grant program in October 2013, to better serve conservation partners, but has retained a main goal of improving and increasing habitat for Michigan’s wildlife.

SCIT is the first tribe to both apply and be awarded the grant, Buchanan said.

“I am excited by the interest from the Saginaw Chippewa Indian Tribe because it opens up

opportunities to accomplish more collaborative wildlife projects and partner on regional wildlife management,” he said. “This habitat project fit well with DNR goals by improving grassland complexes and providing additional wildlife food sources.”

There will be an opportunity for the public to assist with methods of habitat restoration and the importance of supporting a collaborative effort toward wildlife conservation.

“I hope that Tribal Members will respect the signage for the new plantings so as not to damage them so they can establish,” said Kim Otto McCoy, administrative assistant II for SCIT Planning. “The care that they show now will only benefit them in the long run to make their



Observer photo by Joseph Sowmick

Wildlife Biologist Heather Shaw examines restorative growth areas at the Kerby property.

hunting experience an enjoyable and successful one.”

The Planning Department issues Tribal hunting licenses and has maps available for all Tribal properties that are available for bow or shotgun hunting.

For more information on the Kerby project or questions relating to conservation and hunting, please contact the department at 989-775-4146.

American Indian Sobriety Month wrapped up with 2016 Sober Fest

NATALIE SHATTUCK

Editor

Community members celebrated the conclusion of American Indian Sobriety Month in August at the 2016 Sober Fest on Tuesday, Aug. 30.

From 5-9 p.m. in Behavioral Health’s backyard, food and craft vendors, miijim contests and Tribal department booths surrounded the fest.

Tribal departments in attendance included Anishnaabeg Child and Family Services, Anishnaabe

Language Revitalization Department, Planning, Nimkee Public Health, Behavioral Health, Saginaw Chippewa Tribal College, Housing and Tribal Police.

Additional family-friendly events included a word walk from ALRD, kinetic sand with

Nurse Anna Hon, a hoop dance demonstration and a gourd shaker workshop.

At 6 p.m., an eagle feather scavenger hunt with Health Educator Brandon Schultz took place. DJ Lupe Gonzalez kept the music blaring for the crowd.

New Wind Foods provided Indian tacos, corn soup, chicken chili and fry bread for purchase. Along with Kim Hinmon selling doll clothing, Margaret Kopke selling fresh, organic lemonade. Spanky’s Kettle Korn was also onsite.

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storytelling	aadizookan
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intelligent	nibwaakaa
journey	maadaadizi
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observer	naagadawaabam
good news	minwaajim
generous	gizhewaadizi
kind hearted	zhawenjige
preserves	baashkiminasigan
hope	bagosendam
sword	ashaweshk
Bible	gagiikwe-mazina'igan

Nichols, John, D, & Nyholm, Earl. A Concise Dictionary of Minnesota Ojibwe. University of Minnesota Press. Minneapolis. 1995. Title by Isabelle Osawamick.

WIGWAM WISDOM

The Wigwam has sheltered our ancestors from storms and bad weather since the dawn of time. The wigwam has witnessed the hardships our people have had to endure not only through the hands of change and war, but upon our strongest enemies, ourselves. The spirit of the wigwam does not forget and keeps with it the wisdom to guide the souls that have strayed back to a peaceful life.



Comments or feedback can be sent to: wigwam_wisdom@yahoo.com

**(WW is intended entertainment purposes only. Please make sure to seek professional counseling when necessary.)*

Dear Wigwam: Please help me settle this dispute with my husband. We are planning a family but in doing so, I want to continue to work and put our child in daycare. He is totally against it. Of course, he was brought up by a mother who did not work and was able to stay home. I, on the other hand, was raised by a single mother who had to work. I turned out alright and don't see the big issue with it. How can we settle this so that we are both on the same page? **Working Mom**

Dear Working Mom: I believe you are both right to an extent. However, if I had to tip the scale, it would be towards your husband. If you have the income and can afford to stay home, please do so. If you have to work, perhaps hold off on having a family until you can. Raising a family is not as easy if you have to leave for eight hours a day. Making your child the focus of your day will only tighten your bond. Perhaps you can find a job that will allow you to work from home or hold off on your career until your child is in school. I bet if you asked your mother if she had the means to stay home to raise you, she would answer "yes."

Dear WW: I am recently divorced and instead of waiting for someone to ask me out, I turned the table and asked a co-worker out one day. Since we worked great together and she laughed at my jokes, I was shocked when she rejected me. I am still puzzled by it. It's not like I was asking her to the alter, it was a simple dinner. I'm tired of eating alone is all. Now work seems tense and I feel she's keeping her distance. Was it such a terrible thing to do? **Rejected**

Dear Rejected: Being rejected is part of life. Sometimes it may not have anything to do with you at all. I would think twice when considering a co-worker for a dinner date. Leave work to work and branch out for your social activities. Since you are newly single, your co-worker may know that one dinner may lead to another and so on and so on. There are some companies that actually forbid inter-office romance. Try not to take it personal and in time, I'm sure things will smooth out.

Dear WW: I recently found out my husband has been secretly buying booze from a credit card I never knew he had. Seriously, I was floored and now it's destroyed what little trust we did have. I so want to leave him but don't want to split up my family. He's a good provider and a decent man, but I just can't trust him. I deserve the truth! Is that too much to ask? **Lied To**

Dear Lied To: Yes, you do deserve the truth, however, you aren't going to get it with an alcoholic. What he's doing is protecting his addiction and, unfortunately, that includes lying. If you could educate yourself on why alcoholics do what they do, you would be more equipped to deal with it. I would suggest Alanon which is a 12-step program that deals with alcoholics. It teaches to love and have compassion for someone who is sick but also not to enable them.

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Migizi employee appreciation summer event

JOSEPH V. SOWMICK

Photojournalist

Migizi Economic Development Company associates and their families enjoyed a day in the park on Sept. 7 as they picnicked and played games at the summer 2016 employee appreciation event in the Mount Pleasant Island Park West Pavilion.

"Our employees have been hard working and dedicated to Migizi and it is great to show them how much we appreciate the work they do. We had a great turn

out despite the rainy weather," said Samantha Kirklin, human resources manager. "The picnic was a great way to show appreciation for our employees and it allowed them to socialize, relax, and win some prizes."

Human Resources Specialist Marc McCain said it was nice to see employees take time out of their busy schedules to join.

"We look forward to the next employee appreciation event and want to thank each and every employee here at Migizi for their hard work and dedication," McCain said.

Adopt a Pet

Frog Dog

I'm Frog Dog! I'm just as goofy as my name suggests! I'm a male Australian Cattle Dog mix. I have a hard time containing myself with new people! You can always tell when I'm amped up because not only does my little stub tail wag, but so does my whole back end. I'm very high energy and I definitely need a responsible owner who can help me focus on the task at hand. Please come meet me!



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Delta College sculpture walk dedication highlights two Saginaw Chippewa artists

JOSEPH V. SOWMICK

Photojournalist

Art and culture came together on Sept. 9 when two Tribal artists Jason Quigno and Gilberto Franco had their work highlighted during the Delta College sculpture walk dedication.

Sculptor Jason Quigno was reserved and humble as the Delta College community marveled at his masterpiece. (His sculpture is featured as the front page's mast head.)

"This sculpture represents the strength, beauty, wisdom and care of not only the Anishinaabe women, but women of all ethnicities. Internationally recognized sculptor Jason Quigno has transformed more than 11,000 pounds of solid pink granite to create this original work," said Jean Goodnow, president of Delta College. "It is a towering testament to the role of women as a backbone of Native American culture, and honors collective values of strength, beauty and wisdom."

Quigno's pink granite statue is 8 feet 6 inches tall, and was commissioned as a very special addition to its permanent collection, as part of the Great Lakes Bay Regional Alliance's Art Wave initiative.

"I would like to start by thanking my mother (Bonnie Ekdahl) who forced me into my first sculpture class when



Observer photo by Joseph Sowmick

Sculptor Jason Quigno (center) shares a moment with his extended family at Delta College.

I was 14 and I am forever grateful," Quigno said. "My mentor Dennis Christy is here also, and if it wasn't for him, I wouldn't have been able to learn the skills I've been working on ever since. And I would like to thank the Delta Foundation for the opportunity to make this statute and for Colleen Wilson-Rood and Julie Dorcey for getting this rolling. From that by chance meeting with Delta, a year later and here we are."

Quigno said the stone made its way from South Carolina and he chose that stone because of its durability.

"When you look at some of the granite sculptures from across the world, they have



Observer photo by Joseph Sowmick

The Franco family came together in honor of Gilberto's (back, center) recognition for creating "The Guardian."

stood the test of time for thousands of years," he said. "Part of what I do is tell the story of my Anishinaabe people in stone, that's why I like to tell the story of gete'ookomisan in granite because it will be here for a thousand years or more."

Quigno said the inspiration behind this was his mother "because of the way she always stood tall and strong just like this grandmother."

Chief Frank Cloutier attended the event and shared a few words.

"When I was asked to come to speak at Delta College, I looked at this as a high honor because I was a student at Delta back in 1985. I was there for two years and one thing I found unique about Delta, which I couldn't compare to any other school I went to, was the curiosity the other students had for my heritage," Cloutier said. "I felt someday

I was teaching my instructors as much as they were teaching me. The learning I was doing about my culture back then and sharing it with Delta is similar to what our artists are doing here today."

Gilberto Franco is a Turtle Clan descendent of the Saginaw Chippewa Indian Tribe, and his 11 foot 6 inches tall steelwork piece, The Guardian, was honored as the 2016 Delta College Sculpture Competition winner.

Franco, a 2016 graduate of the Saginaw Chippewa Tribal College, said his piece is where Mother Earth and Father Sky come together to bring attention to all the changes that are happening in the world we live in.

"I would like to thank my family and friends here for their support and encouraging my academic success through SCTC, Delta and (Central Michigan University)," Franco said at the event. "Presenting my art here at Delta College is like every other student at Delta because each one of them has a story to tell. Art helped



Observer photo by Joseph Sowmick

The Wabanaisee (Snowbirds) singers performed two songs in the shadow of Quigno's sculpture.

lead me to make the good decisions that have led me and my family here today. The Guardian is a representation of what the Saginaw Chippewa Tribe and our Native people mean to me because the Great Spirit is always watching over us and guiding us."

Four students in Delta's Art 222 class were also recognized for their Rising Up, creation. The piece was designed by students Laura Gillings, Leila Malekadel, Desserie McFadden and Pete Milliman, under the direction of Benjamin Clore, assistant professor of art.

The sculpture Bridges was also honored and was created by Freeland High School students Dylan Butler, Rebecca Groll, Carlee Hutchinson, Kaitlyn Martin and art teacher Tamara Klida.

Mae Pego, elder member of the Eagle Clan and mide' Anishinaabe kwe, and the Wabanaisee (Snowbird) Singers offered an honor song and a traveling song to bring the dedication to a close.

American Indian songs and dances featured at Anishinabe Day of Culture

NATALIE SHATTUCK

Editor

In collaboration with Art Reach's Art Walk Central, Anishinabe Day of Culture took place Monday, Aug. 22 from 4 to 8 p.m. in downtown Mount Pleasant, Mich., on the corner of Main and Broadway streets.

The day featured American Indian songs and dance presentations from Ziibiwing Center's performance circle graduates. American Indian culture arts and craft vendor tables were also present.

Art Walk Central is an art competition and an art



Observer photo by Natalie Shattuck

Community members join Anishinabe Performance Circle graduate dancers for a round dance during the Anishinabe Day of Culture in collaboration with Art Reach's Art Walk Central on Aug. 22.

infusion that began Aug. 20 until Sept. 10, 2016.

Each year, the Mount Pleasant community hosts more than 120 artists and their works that are eligible to win more than \$10,000 in prizes.

In addition to art competitions, the event fills the community with artist cultural events for people of all ages.

In addition to Anishinabe Day of Culture, other events included a Kids and Culture event at the Discovery Museum, Movies by Moonlight held outdoors at City Hall, a chalk art workshop, storytellers of Mid-Michigan event, a glass bead demo and many more.



Observer photo by Natalie Shattuck

Ojibwe beadwork artist Alice Jo Ricketts sells her Divine Designs during the event in downtown Mount Pleasant, Mich.

"May we never forget the sacrifice made on September 11, 2001"

JOSEPH V. SOWMICK

Photojournalist

The Saginaw Chippewa Tribal Fire department has raised the American flag each year after September 11. Fire Chief Fred Cantu said the department does this in remembrance of those that gave their lives for the lives of others.

"This is our way of showing our support, to remember those that are gone and recognize the dangers of being a public servant," Cantu said. "Each day, you never know what we will come across on our radios or whose lives we may affect. This is one of those jobs that goes thankless and unrecognized most of the time and as a firefighter, police officer or an EMT, it is part of what we do and who we are, in hopes a difference can be made."



Observer photo by Joseph Sowmick

The Saginaw Chippewa Fire department raised the American flag on Sept. 11, 2016.

September 11 will always be a day that changed the lives of many and yet still strengthens the bonds as public servants and the communities they serve.

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Annual Labor Day picnic had community bubbling with excitement

JOSEPH V. SOWMICK

Photojournalist

One of the seminal community events has quite a history dating back to the 1980's came around again on Sept. 5. The annual Labor Day picnic is traditionally held immediately after the Chippewa Indian United Methodist Church

camp meeting and is known for its family-friendly activities.

"Especially this year, so many people came and were happy to participate in a lot of the activities," said Lindsey Sprague, organized sports specialist. "Watching all of the kids run around back and forth from the bouncy houses, back to their parents, and

back to the bouncy houses made me smile."

Sprague said one of the most interesting new contests resembled a "Fear Factor" competition the department usually presents during the Halloween Haunt.

"For all those participants who entered the onion eating contest, my hats off to you for bravely attempting to eat an entire onion covered in lemon juice," Lindsey said. "Watching their faces scrunch up made my eyes scrunch up as if I could taste it myself! Donny Bennett was the lucky winner who ate the onion just like an apple."

Competition and laughs came out during the three-legged race.

"Watching everyone try to get passed that cone while their partner struggled to keep up was the highlight," said Kyle Shomin, youth and family recreation specialist. "Some of them didn't quite make it to the cone as they tumbled to the ground with their partner."

Bernard Sprague, director of Soaring Eagle Casino &



Observer photo by Joseph Sowmick

Chayton Gamba and Anna Wintersmake their break towards the finish line in the sack race followed by Marvin and Noelle Wells.



Observer photo by Joseph Sowmick

Tribal youth Melva Jolene Pelcher bubbles over with excitement at the Labor Day Picnic.



Observer photo by Joseph Sowmick

Noelle Wells finds not everyone enjoyed the competitive onion eating event.

Resort operations, ran an eight-team bean bag tournament and Jeremiah and Brandon Haught were at the top of their game with Brad Bennett taking individual honors.

The bingo game was probably the most anticipated event of the day where they played 10 games including a cover all with door prizes galore. Tribal Council Treasurer Gayle Ruhl was the voice for the game and kept the crowd entertained.

"We have never had an open bingo where everyone could play because we normally would

do an elders bingo," Sprague said. "It was well received and I think Gayle did a great job. Gayle has been the bingo caller for the Labor Day picnic the past few years and we greatly appreciate everything she has done to help."

Other events included a youth and adult hula hoop contest, a tug of war and an egg toss.

Halloween Haunt and Trunk or Treat are Recreation's next signature events, and will take place at the Saginaw Chippewa Powwow grounds at 5:30 p.m. on Friday, Oct. 28.

Social Security administration offers tribal advocate training at Soaring Eagle

JOSEPH V. SOWMICK

Photojournalist

One form of communication in Indian Country is one-on-one dialogue and the Sept. 12-13 tribal advocate training conference held at Soaring Eagle Casino & Resort gave the Social Security administration a welcoming opportunity.

Shannon Patrick, field office district manager for Mount Pleasant, Mich., said numerous delegates from Michigan tribes were also in attendance.

"I feel very humbled for this opportunity to share and work with Native Americans coming from three states and 14 tribal government agencies," Patrick said. "I feel very proud of what I think we were able to accomplish at this conference and I feel very hopeful that we are on the right path to better relationships with the tribes and Native Americans."

Doug Nguyen, a head of regional communications for Social Security administration, shared his personal history

validated his empathetic feelings for the individuals needing and using social security.

Nguyen said SSA is committed to promoting effective Tribal consultation and building relationships by 1) increasing outreach efforts, 2) improving service delivery, 3) strengthening policy consultation and education and 4) promoting hiring and local assistance efforts.

"This (was) my first time to speak on an Indian Reservation and this is such a pleasure and privilege to do so on behalf of SSA," Nguyen said. "To speak directly with tribal leaders, tribal advocates and benefit counselors who work out in the field is extremely valuable to us to be able to serve the members directly. With the American Indian and Alaskan Native populations, we deal with both communications and geographical barriers and being able to come on site to a Reservation or urban Indian center is the best way to bring information to the people they serve."

The At-Large/Member Services made this training possible.

Craig Graveratte, supervisor for the department, reported there were 20 people registered from 13 Native American groups, not including all the SCIT delegation.

"We were very pleased to see participation from many Tribal departments that sent employees to attend," Graveratte said. "During the two-day training they also learned the importance of working to qualify for certain services such as social security, Medicare and disability. Reaching your 40 work credits will greatly assist you when and if the time comes that you are ready for social security or have to apply for disability."

At-Large/Member Services employee Lisa Ayling has worked with the SSA office for more than 14 years since beginning her position as elders advocate.

"I have had the great pleasure of calling them friends and someone I can depend on when I need help with understanding, or helping a member with any issues concerning them and their social security programs," Ayling said. "Along the way, they have educated me and directed me in the right direction to build that bridge between them and the Tribal Membership. There is not a time that I have not reached out to them with any issue that Shannon, Melissa or their staff has not went above and beyond to solve the problem or give direction to make the problem come out

positive. I can't imagine how I would do my position without their help and direction."

SSA Public Affairs Specialist Vonda Van Til was also a presenter.

"SSA is continuously striving to make it more convenient for customers to do business with us, whenever and however they choose," Van Til said. "It was my pleasure to share with the Tribal representatives the numerous online tools, resources and applications as a viable option when working with Social Security. Most importantly, encourage everyone to create a mySocialSecurity account, the gateway for our customers, providing immediate and personal access to Social Security information and services."

Chris Woodring, community resource coordinator from the Nottawaseppi Huron Band of the Potawatomi, also attended.

"We are very grateful for this event to take place, I was fortunate to attend this training and learned some valuable information for me to bring back to our community and assist my Tribal citizens when dealing with the SSA," Woodring said. "These collaborative efforts are very important for our citizens, as with many government programs confusion is high so when we are able to learn and explain them we can save time."

Graveratte advises anyone aged 18 to 55 to start reviewing their work credit history. For any questions, please contact the At-Large/Member Services Department at (989) 775-4944.

Attention Tribal Members

The ZiiBwiing Cultural Society Board of Directors needs to fill a 2-year term vacancy. Please submit a letter of interest and resume to:

Shannon Martin
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or email smartin@sagchip.org

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Teacher Assistant Jennifer Cummings receives "Educator of the Month"

Saginaw Chippewa Indian Tribe's Education Administration would like to take this opportunity to showcase the shining stars in the department! We are proud of each and every team member within our department and think the community should know about you!

Congratulations to Jennifer Cummings for being selected as the September Educator of the Month! The perks of this award include an induction into the Education Apple Orchard, goody bag and a traveling educator award.

The following is a questionnaire completed by Cummings:

Which program do you work for? I have worked for the Education department since 1995 (21 years).

What is your title? Teacher Assistant

How long have you worked for the Education Department? Fifteen years.

What is your favorite part of working in this department? My favorite part of working for the Education department is working with the students and seeing their eyes spark when they learn something new. And, of course all the hugs.

Do you have any pets? I have two rabbits and two dogs – a 7-year-old Chocolate Lab and a 1-year-old German Shepherd/Husky mix.

What is the one thing that you love to do? Why? I love to read in my spare time and to spend time with my own children – riding bikes, swimming and going to the beach.

What is your favorite Disney movie? My favorite Disney movie would have to be "Little Mermaid." (I love all Disney movies.)

What is your favorite candy/snack? My favorite candy (everyone at the school knows how much I love candy) would have to be peanut butter cups and my favorite snack would be popcorn.

What is your favorite vacation spot and why? This year I took my own kids to Florida for the first time so I would have to say that was my favorite vacation spot so far. I have an 11-year-old daughter and a 14-year-old son, so it was time to visit Florida.



Observer photo by Joseph Sowmick

Teacher Assistant Jennifer Cummings receives her award. (Left to right: Administrative Assistant II Kelly Woodworth, Cummings and SCA Principal David Harwood.)

Thank you so much for being such an integral part of our education team! We appreciate you!

Back to School Extravaganza packs down students with school supplies

JOSEPH V. SOWMICK

Photojournalist

As the summer vacations drew to a close, Tribal families packed away their beach gear and gathered school supplies.

More than 350 people packed the Broadway field and pavilion for the annual K-12 Education "Back to School Extravaganza" on Aug. 25.

Housing Manager April Borton said the event provides another way to give something back to Tribal families.

"During this busy, exciting time of the year, it's wonderful seeing the kids getting ready for the new school year," Borton said. "It was a great fun-filled afternoon in the park sharing smiles and laughter with everyone. It was a great success again."

STEM Recruiter Kathy Hart and Extension Coordinator Shuna Stevens of the Saginaw Chippewa Tribal College promoted the college to younger community members.

"We provided not only school supplies but also information on ways the



Observer photo by Joseph Sowmick

Tribal students Treazure Jones, Gabriela Cortez, Adrianna Garcia and Julianna Garcia receive smiles and school supplies from Sarah Winchell-Gurski.

students and parents can start preparing for college, because it is never too early to prepare," Stevens said. "We had a great time seeing the children and community members get excited about going back to school, and look forward to seeing the community succeed in education."

Youth empowerment aides Aaron Hemgesberg and Natasha Miniard worked at the registration table.

"It is always great to help the community and to provide the kids with supplies for school," Hemgesberg said. "The staff looks forward to seeing all the students after their busy summer. It puts a huge smile on my face and to see the kids eyes light up when you give them a backpack... that, in itself, is priceless."

Behavioral Health also handed out school supplies while promoting the upcoming "Paint the Rez Purple" color run for domestic violence programs on Oct. 22.

"We offered the students pencil bags that have an anti-drug slogan on them

and a 'say no to drugs' pencil from our prevention team. They were stuffed with flyers about the school-based program," said Sarah Winchell-Gurski, school-based consulting clinician.

Youth Leadership Manager Deb Smith said she wished to thank the Housing Department for holding the event again this year.

"The K-12 Education Department would like to thank everyone for helping make this event successful," Smith said. "We had an awesome turnout and the kids enjoyed getting all the school supplies from all the different departments."

Homework Lab

K-12 Education will be offering homework labs at the Tribal center, next to the Eagles Nest Tribal Gym, Monday-Thursday from 3-5 p.m.

Mary McGuire Elementary will offer homework lab in the Native American room Monday-Thursday following each grade's lunch period: Fourth grade 11:55 a.m. to 12:15 p.m., fifth grade 12:20 to 12:40 p.m., and sixth grade 12:25 to 12:45 p.m.

Renaissance will have homework lab for sixth, seventh, and eighth grades on Tuesday 2:30 to 4:30 p.m. and Wednesdays 2 to 4 p.m.

Fancher Elementary is currently working on setting up a homework lab to be held in the Native American room following each grade's lunch hour.

TI 84 Calculator Program 2016

Qualifications:

1. Must be an enrolled member of the Saginaw Chippewa Indian Tribe, ages 13 through 17.
2. Must provide proof of school being attended and curriculum requiring the TI-84.
3. Must apply to the program for the following: TI-84 calculator
4. Service will be covered for current fiscal year (Oct. 1, 2015 – Sept. 30, 2016) only.

Frequency of Service: A grant will be offered on one-time basis

Amount of Aid: Total allocated per Tribal Member youth will be one TI-84 calculator per lifetime.

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Editorial: Balancing family life while being a full-time student

CHASE STEVENS

Contributing Writer

In January, I made the decision to start attending classes at the Saginaw Chippewa Tribal College. College is challenging enough for a traditional student, but as a father of five children, I have had the challenge of finding a balance between being a successful student and being a husband and father that is involved in my family's lives.

After spending 12 years in the military, my wife and I decided that the best decision for our family would be for me to exit the military.

My military obligations caused me to be away regularly, and I was starting to miss



Courtesy of Nina Knight

Chase Stevens (back, right) and his wife Cecilia (back, center) are photographed with their children at a powwow.

too many of those important moments in my family's lives.

My time in the military has taught me to not sacrifice my

family in order to achieve other goals, and at the same time, I understand the importance of pursuing my education.

So far, I have been successful at finding that balance between completing my studies and being there for my family. As I stated before, my family is the biggest priority in my life.

What that means as a student is doing my studying and work around their time as best as I can. Procrastination has no room in my daily routine.

As soon as I am finished with class, I go straight into doing whatever homework or studying I have for that day. That way, when my children get out of school, they can knock out whatever homework they have while I work on what I have to get done.

Whether I am finished or not, once my wife gets out of work at 5 p.m., I put my studies aside and go into family mode. That gives the rest of the evening through dinner and my children's bedtime to spend with my family.

Once our younger children head to bed, I resume my school work until it's completed. I set a schedule on how long it should take me to complete my schoolwork and make sure that I get done whatever I had planned to complete that day – this prevents more work from stacking up as a result of procrastination.

A large part of my success at school comes from the support I receive from my wife. She is working full-time and is the primary bread winner for our

family while I attend school full time.

The fact that I do not have to worry about work as well as school, is a major burden taken off my plate.

My wife is also gracious enough to be my study partner once our children head off to bed, so despite some late nights up studying, it is time we still get to spend together. The support I receive from her makes a huge difference.

Prioritizing what is important to me, avoiding procrastination, and having a support system is what has allowed me to be successful.

Lacking any of these will not prevent one from succeeding. They will just have to work that much harder.

Editorial: How the Tribe would benefit from new energy efficient college

MAUREEN RUECKERT

Contributing Writer

(Editor's note: The following article was written by Maureen Rueckert prior to graduating from the Saginaw Chippewa Tribal College. This essay was for Nina Knight's summer English course.)

The International Living Building Challenge is a project that builds homes, workplaces and buildings with such advanced technology that the finished products produce their own energy and are environmentally friendly. Some of the features include collecting rainfall to use for water and collecting energy from the sun to heat and cool the units.

In my opinion, I think the Tribe, and the community, would strongly benefit from a

new energy efficient Saginaw Chippewa Tribal College.

A new SCTC would greatly assist many students, like myself, who do not want to leave the Reservation, or who do not want to attend a big four-year institution.

As we know, college is essential to helping our people and non-natives obtain skills needed for the workplace and obtain their GED.

A new SCTC would meet all of those goals and would help with educating Tribal employees, especially if they are Tribal Members.

Finally, there is a need for a new SCTC because the buildings we are currently in are industrial offices and not a place for a school setting; this is one reason why many people do not know about SCTC.

There are many non-natives who do not know that SCTC is a community college. Most

people assume incorrectly that it is just a college for Native American students.

If we were to promote the new college, we would have a significant number of students attending. It is not a good idea to promote or advertise SCTC as it is now because the buildings we are in are too small and they are not designed to be classrooms; however, the most important thing is education.

Native American education to me, means the survival of our people.

SCTC offers classes on Ojibwe language, Anishinaabe crafts, Native American law and policy, and Anishinaabe history. Those classes, especially Ojibwe language, can truly help our people grow.

I have heard, "When the language dies, so does our culture." Many of our people do not know the grim consequences of not knowing our language, which really scares me. So, not only will the new college help restore our language, it will allow for more Tribal Members to earn a college degree. That should be something our Tribal Council wants for us more than anything.

I think SCTC becoming the first living building in the world would be amazing, and I think many outside companies would buy into it as well.

The new SCTC would also be large enough to house Saginaw Chippewa Academy, not the same building, but the



Maureen Rueckert

same campus. This would allow students the ability to teach the younger children and they, in turn, would be able to see their family members attend college and set an example for them to go to college too.



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SCTC Alumnus Spotlight: Carrie Farr

(Editor's note: Carrie Farr, administrative assistant for Enrollment, graduated from the Saginaw Chippewa Tribal College in Spring 2010 with a small business degree. Farr provided a statement on her positive experience at SCTC.)

"I loved going to the Saginaw Chippewa Tribal College – it had small classes and the teachers who were there for their students were very

caring. One year I had problems with my husband's health, and they gave the paperwork to my daughters so I would not fall behind in class. I was able to bring in my school work or my daughters took it in for me. The staff was very compassionate.

Thanks to the Tribal College for helping me get my small business degree and for the teachers and staff; they are amazing.

I am also glad my two older

daughters Heather Farr and Jessica Farr-McClain were able to go there to get their business degrees.

My oldest daughter graduated with a small business degree in Spring 2009, and I believe the second oldest daughter graduated with a small business degree in Spring 2011.

I am happy to say three of us Farr women went to this wonderful college."



SCTC Board of Regents

One Vacancy

If you are interested in serving, please submit a resume and a letter of interest explaining how you meet the criteria to:

Ms. Colleen Green
Saginaw Chippewa Tribal College Board Chair
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Qualifications of Regents:

1. An enrolled member of the Saginaw Chippewa Indian Tribe of Michigan (SCIT) or another federally-recognized tribe, band or group. If a member of SCIT of Michigan must adhere to the tribal policy regarding committee membership.
2. Attainment of at least 25 years old.
3. Significant education or work experience related to the process of higher education or vocational training or the administration of education or vocational training institutions and programs.
4. Any specific requirements of organizations providing financial or other benefits to SCTC or providing accreditation of SCTC programs.



Nicoletti takes a wire-to-wire victory at 2016 “Edge of Summer” motocross race

JOSEPH V. SOWMICK

Photojournalist

The 2016 RCH Racing/Suzuki “Edge of Summer” motocross races were back on track for their third appearance at the Soaring Eagle Casino & Resort on Sept. 9-11.

The professional racing class evening results saw Cohocton, N.Y. native Phil “Filthy” Nicoletti take the checkered on a wire-to-wire finish.

“It came down to the start and grabbing the holeshot right out of the pack,” said Nicoletti in a post-race interview. “As soon as the two-lap board came out, I knew I had it.”

Nicoletti was closely followed by Jake Weimer.

Irving, Texas native Kyle Cunningham took his Suzuki to a respectable third place finish.

Nicoletti pocketed \$10,000 for his win in the premier Pro class.

“I would like to thank Joe Gibbs Racing Motocross, Soaring Eagle and RedBud for coming together for the Edge of Summer,” Nicoletti said. “Not many places you can

make this much money for 20 minutes of racing.”

Saginaw Chippewa Tribal Member and motocross rider Lucas Sprague raced in the 25 years and older age group on his 450 for a second place finish Saturday and took a checkered flag for a first place finish on Sunday.

“I am very proud to represent my Tribe well and I am glad to see the younger community members progress. I hope they continue with the sport and I will be very glad to help them along the way,” Sprague said. “I would like to thank my mom and dad (Sandy Sprague and Matthew Sprague), my pit crew (uncle Kenny Vasquez and Kyle Shomin), my family, Shane Neyome of Native Arrow Racing) and Central Motorsports of Mount Pleasant.”

Sprague gave respect to Central Motorsports owner Matthew Murphy who passed away Sept. 23. Murphy introduced him to the sport at the age of 13.

In the other main events, Ivan Tedesco and his Suzuki ran away with the Vet (30+) Pro class win over “The G.O.A.T”



Courtesy of RedBudPR

The pride of Cohocton, N.Y., “Filthy” Phil Nicoletti rolls his Yamaha toward his victory in the Edge of Summer motocross main event.



Courtesy of RedBudPR

Winner Phil Nicoletti (center) shares the podium with second place winner Jake Weiner (right) and third place Suzuki rider Kyle Cunningham.

(Greatest of all Time) motocross hall-of-famer Ricky Carmichael with third place going to Grand Rapids, Mich. legend Todd DeHoop.

Team Green Kawasaki Joey Crown dominated the 250 Amateur \$1,000 all-star main event with Michigan-based Cobra Moto bikes sweeping the podium in the 50cc senior class with Bradyn Johnson getting the victory.

The super mini class saw Appleton, Wis. racer Carter Biese take high honors on his Husqvarna bike.

In amateur action, youth Tribal member and Mount Pleasant High School junior Noah Sawmick competed. Sawmick started racing when he was 5 years old and his proud parents (Shawn and Jeremy Sawmick) were there trackside to cheer him on.

“Noah rides a KTM 350 dirt bike, no. 217, and his passion and determination for racing is shown by the countless hours he spends practicing,” his mother said. “He competed in the



Observer photo by Matthew Wright

Racer and Tribal member Lucas Sprague (front right) maneuvers into the first turn on his blue Yamaha.

Moreland’s night races where he was recognized with sixth place for the overall summer series awards ceremony. Noah was excited to race in the Edge of Summer MX and this was his first time competing there. Noah was riding in honor of his great-grandmother Beatrice and was proud he was there to represent his Tribe.”

Other Tribal riders included Tom and Daniel Wemigwans (parents Jean Flamand and Tommy Wemigwans), Dylan Derus (parents Andrea Derus and Tommy Wemigwans), J.J.

Wemigwans (parents Martha and Johnny Wemigwans) and Robert Gonzales Jr. (parents Larissa and Rob Gonzales.)

“A lot of the Tribal community comes out for two days of racing to cheer on our local riders,” said Raul Venegas, marketing director for SECR. “We like all the interaction and access that the event gives where Tribal families can meet the Soaring Eagle RHC Racing Team and other riders. The Edge of Summer MX event was the biggest outdoor summer sports event Soaring Eagle will host this fall.”



Observer photo by Matthew Wright

Dirt flies as riders jockey for position off the starting line during a race on Saturday, Sept. 10.

Third annual Par for the Cause Celebrity Charity Golf Tournament raises \$36,900

MATTHEW WRIGHT

Staff Writer

The Soaring Eagle Casino & Resort hosted its third annual Par for the Cause Celebrity Charity Golf Tournament on Thursday, Sept. 8.

The 18-hole scramble at PohlCat Golf Course in Mount Pleasant, Mich., raised funds for Tribal youth and Michigan veterans.

Celebrity golfers included RCH motocross members Broc Tickle, Jake Weimer and Ivan Tedesco, RCH adaptive racers

and crew members. Former NFL players LaMarr Woodley and Stuart Schweigert also participated, along with radio personality and “The Huge Show” host Bill Simonson.

Representing the Saginaw Chippewa Indian Tribe were Council members Ronald Ekdahl, Gayle Ruhl and Kenneth Sprague.

The past two tournaments have raised more than \$65,000, with 100 percent of the funds donated to charity.

This year’s event raised a total of \$36,900, with two



Observer photo by Matthew Wright

The Par for the Cause Celebrity Charity Golf Tournament raised \$18,450 for the Fallen and Wounded Soldiers Fund. (Left to right: SECR Marketing Manager Tanya Bardy, FWSF Executive Director Lynn Phillips and Sgt. Dave Denhardt.)



Observer photo by Matthew Wright

Tribal Youth Council Members accept a \$18,450 check during the after-tournament awards ceremony. (Left to right: President Ethan Hunt, Bardy, Social Media Director Kenson Taylor, Secretary Kendra Cyr and SECR Marketing and Entertainment Director Raul Venegas.)



Observer photo by Matthew Wright

RCH Soaring Eagle/Jimmy John’s Suzuki Factory Racing team member Broc Tickle (far right), chips onto the 18th green during the Sept. 8 charity event.

\$18,450 checks being presented to both The Fallen and Wounded Soldiers Fund and the Saginaw Chippewa Youth Council.

Lynn Phillips, executive director of The Fallen and Wounded Soldiers Fund, introduced the organization, and highlighted how the funds would be used.

“We are an all-volunteer group of private citizens here in Michigan,” Phillips said. “We are essentially the financial emergency plan for our post-9/11 vets.”

The Fallen and Wounded Soldiers Fund provides financial support to injured soldiers, helping pay their living expenses, and provides assistance to the families of the fallen. More information about the organization can be found at www.fwsf.org or by calling 1-800-FSFW-729.

“Here in Michigan we have had 126,000 troops deployed during the war on terror. Thousands and thousands of them have come to us for emergency financial assistance,” Phillips said. “For the 11 years

that we have been in operation, we have raised and distributed over four million dollars strictly to Michigan’s post-9/11 vets.”

The funds will also assist Youth Council with paying for events and trips, such as the 2016 National Unity Conference which was held in Oklahoma City.

The Youth Council is completely self-funded, so the money raised is instrumental in aiding their efforts in healing the community through community activities, education and traditional values.



In an 'outlaw state of mind,' Chris Stapleton and his artistry mesmerize

NATALIE SHATTUCK

Editor

Magical. That's just one way to explain Chris Stapleton and his artistry.

The American country and bluegrass musician singer-songwriter graced the Soaring Eagle Casino & Resort outdoor stage on Thursday, August 25.

Stapleton began his show with "Nobody to Blame" and "Outlaw State of Mind," both off his 2015 debut album "Traveller," which sold more than 1.5 million copies and earned him several awards.

Sporting his signature long hair, beard and cowboy hat, Stapleton coyly responded to his shrieking fans.

"I love you too, honey, thank you for being here tonight," he said.

In front of the stage, fans could spot a wooden eagle with "Stapleton" carved on it.

"This one is for all the prisoners in the audience tonight or the ones that will end up in jail tonight," Stapleton said of "Midnight Train to Memphis," a song by The SteelDrivers, the band he served as frontman from 2007 to 2010.

He performed "Was It 26," The Charlie Daniels Band song,



Observer photo by Natalie Shattuck

American country and bluegrass musician Chris Stapleton performs his single "Nobody to Blame" at the August 25 Soaring Eagle Casino & Resort outdoor show.

also featured on his album.

He described "More Of You" as a song he wrote with his friend that was dedicated to both of their wives.

Throughout the show, his wife Morgane was by his side providing backing vocals for most of the songs. During "You Are My Sunshine," she got her chance to shine taking lead vocals. Together, the Stapleton's provided remarkable harmony.

A few cumbersome moments of silence held in between songs showed the introverted, down-to-earth side of Stapleton. As if he was almost unsure of how to

interact to all of the fans' love for him, he would respond with "let's take another drink" in between songs, as he would cheers the audience with his Red Solo cup.

"Hard Living" was also performed, and "I Was Wrong" provided incredible vocals and guitar solos and riffs.

Humbly, Stapleton repeatedly said, "Thank you very much."

In 2010, Stapleton founded Southern rock band, The Jompson Brothers.

Stapleton has penned several tunes sung by artists including Adele, Luke Bryan, Lee Ann

Womack, Blake Shelton, Kenny Chesney, Jason Aldean and more.

"I want to thank anyone that bought the record we have out. This next song is the title track," he said of "Traveller."

After "Fire Away," a cover of Lynard Skynard's "Free Bird" went right into Stapleton's "The Devil Named Music," which like many of his songs, also featured a rocking guitar solo.

To introduce his band of more than 20 years, Stapleton belted out words in style to "Tennessee Whiskey" before performing the song.

His harmonica player, Michael Siegfried "Mickey" Raphael, played with Willie Nelson for 43 years.

Stapleton introduced his wife (in song) as "she's the beauty that tames this beast."

The audience shed some waterworks when Stapleton shared a sentimental moment with a young fan.

Stapleton brought 7-year-old Colton Hunt on stage with him. Colton was diagnosed with Down syndrome and has been battling acute lymphoblast leukemia since age 3, according to his Facebook page.

Colton traveled all the way from Thornton, Colo. and had

an once-in-a-lifetime experience as he helped Stapleton with "Tennessee Whiskey."

Colton's spunky personality shone brightly when he shouted out the lyrics.

"I will never forget it, and I guarantee that young man will never forget it," Stapleton said of meeting Colton.

The encore included a solo Stapleton singing "Whiskey and You" and ballad "Sometimes I Cry."

It was a lasting memory not only for Stapleton and Colton, but also for anyone in the audience on that special night.

Opening for Stapleton was country music singer-songwriter Ashley Monroe. She is best known as a member of Pistol Anies, with Miranda Lambert and Angaleena Presley.

Monroe has released two solo singles on the U.S. Billboard Hot Country Songs chart including "Satisfied" and "I Don't Want To," which features Ronnie Dunn of Brooks & Dunn.

In July 2015, she released "On to Something Good" as the lead single to her latest album, "The Blade."

She performed "Heart Like Mine," which she co-wrote with Lambert.

Lynyrd Skynyrd, The Guess Who bring '70s rock back to life at SECR

MATTHEW WRIGHT

Staff Writer

The sounds and spirit of '70s rock were alive and well at the Soaring Eagle Casino & Resort on Sept. 1.

Lynyrd Skynyrd, The Guess Who and Mark Farner took to the outdoor concert stage to perform a barrage of their greatest hits.

The epitome of Southern rock 'n' roll, Lynyrd Skynyrd has spent decades bringing their hit songs to devout fans across the globe.

Although a tragic 1977 plane crash took the lives of three band members, the spirit of the original Lynyrd Skynyrd has lived on since their reformation in 1987.

The band is fronted by Johnny Van Zant, the younger brother of original band member and lead

singer Ronnie Van Zant, who was killed in the crash. Guitarist Gary Rossington is the lone founding member remaining.

To open the night, Lynyrd Skynyrd performed "Workin' for MCA," "I Ain't the One" and the boogying hit song "What's Your Name."

Next, the band performed "Saturday Night Special," the opening track off their 1975 album "Nuthin' Fancy."

The energy in the air that night was electric, and Van Zant let the crowd know he could feel it too.

"Ain't nothing like a Skynyrd crowd," he proclaimed.

A Skynyrd infused cover of Merle Haggard's "Honky Tonk Night Time Man," served as a tribute to yet another artist lost to the year 2016.

Van Zant turned the microphone to the crowd, during the chorus of "That Smell."



Observer photo by Matthew Wright

Lynyrd Skynyrd performs their classic song "What's Your Name," during the Sept. 1 Summer Outdoor Concert Series show. (Left to right: Guitarist Rickey Medlocke, lead singer Johnny Van Zant, drummer Michael Cartellone and guitarist Gary Rossington.)

Afterwards, he took a moment to show appreciation to all the supporters in attendance.

"Skynyrd Nation" he emphatically shouted out to the audience. "We don't like to call y'all fans, because we're family!"

Lynyrd Skynyrd also performed the hit songs "Gimme Back My Bullets," "The Needle and the Spoon" and "Gimme Three Steps," as well as their take on J.J. Cale's "Call Me the Breeze."

The powerful, grandiose ballads "Simple Man" and "Tuesday's Gone" proved to be another high point of the night.

The crowd feverishly cheered as the iconic opening riffs to "Sweet Home Alabama" echoed across the night sky. The classic tune showcased guitarists Rickey Medlocke's and Rossington's ability to create synergistic guitar melodies.

Chances are if you have been to any concert, you

have heard audience members chanting out for an encore request of "Free Bird." The definitive show-closer proved to be the highlight of the night, with the band playing through the lengthy, slow building crescendo of rock guitar nirvana.

Canadian rockers The Guess Who began with "Bus Rider," followed by lively deliveries of "Clap for the Wolfman" and "Undun."

Next was "No Sugar Tonight/New Mother Nature," which reached No. 1 on the U.S. Billboard Hot 100 chart in 1970.

The show continued with a cover of Johnny Kidd & The Pirates "Shakin' All Over," as well as their songs "Albert Flasher," "Hand Me Down World" and "Share the Land."

The heavy opening riffs of the catchy single "American Woman" sent a charge of excitement through the audience. The song, released in

1970, was their second number one hit.

The Guess Who finished with the softer melodic hits, "These Eyes" and "No Time."

Opening act Mark Farner is best known for his time as the lead singer and guitarist of Grand Funk Railroad.

He played a performed many of their greatest hits including "Are You Ready," "We're an American Band," "Shinin' On," "Sin's a Good Man's Brother," "Bad Time" and "I'm Your Captain (Closer to Home)."

Farner also covered Carole King's timeless party song "The Loco-Motion" and the Soul Brother Six's "Some Kind of Wonderful."

For more information on upcoming shows at the Soaring Eagle Casino & Resort, visit its website at www.soaringeaglecasino.com, "Like" its Facebook page or add the Twitter handle Soaringeagle777.



Observer photo by Matthew Wright

Canadian rock group The Guess Who treated fans to a myriad of hits including "American Woman" and "No Time."



Rob Thomas and Daughtry stage all-acoustic, unplugged concert

NATALIE SHATTUCK

Editor

Stepping away from their norm, rockers Rob Thomas and Daughtry toned down both of their sets and performed an all-acoustic, unplugged outdoor show at the Soaring Eagle Casino & Resort on Saturday, Aug. 27.

Up first, was 2006 "American Idol" contestant Chris Daughtry with his band Daughtry.

Daughtry began their set with "Go Down," "Outta My Head," "Feels Like Tonight" and "Over You."

"Every songwriter has a list of songs they wish they wrote... this song is definitely number one or two in my book," Daughtry said of Phil Collins' "In the Air Tonight," as he was joined by Thomas.

As Thomas left the stage, he couldn't help but embrace Daughtry on the way out.

"Being in the music industry for 10 years now, I'm as much a fan as I am a friend of this guy," Daughtry said of Thomas. "One day we will go on tour together, my friend."

Daughtry said while in Germany, he and his guitarist Brian Craddock decided to write a country song.

Musician Vince Gill took on that song, "Tennessee Line."

I can't sing like Vince Gill very well, Daughtry said.

"But he does do Vince Neil well," Craddock interrupted, as the band began playing Mötley Crüe's "Home Sweet Home." Daughtry nailed the vocals.

"Waiting for Superman" and "September" were also performed.

After a powerful performance of Prince's "Purple Rain," Thomas, again, came out to hug Daughtry.

"Sorry. I'm not used to people like Rob Thomas coming on stage and making me cry," Daughtry said.

They mostly played their well-known hits, but Daughtry did mention a new album is in the works.

"We've been working on a new record and I'm sorry we don't know it (to play for you tonight)," he said to the audience. "I can't say much except it's a rock album."

He then introduced the next song "Torture" as a song written for their greatest hits album. As there is "too much hate in the world, this song is for love," he said.

Daughtry ended their set with the hit "Home."



Observer photo by Natalie Shattuck

Rob Thomas kicks off his Aug. 27 set with his hit "This Is How a Heart Breaks."

"We can't wait to come back with some new stuff," Daughtry said. "We didn't realize Mount Pleasant had it going on... we should have been here a long time ago."

Thomas didn't fail to entertain, either.

His band began with "This Is How a Heart Breaks," "Her Diamonds" and "Getting Late," which he described as "a happy song about death."

Thomas, best known as lead singer of band Matchbox 20, performed many of their hits including "Unwell," "3 A.M.," "Bent" and "Disease," which he wrote with The Rolling

Stones' frontman Mick Jagger.

Thomas said one night he received a message on his answering machine from Jagger about a couple song ideas.

"I kept the message on my machine for three years," Thomas said. "That way when I had my friends over I could say, 'hey, come inside, grab a drink and let me check my messages...' I did this so I could go, 'Oh, it's Mick (calling me) again.'"

Thomas said he was a "weird kid" who sported two earrings and a Mohawk. He said all he



Observer photo by Natalie Shattuck

Chris Daughtry belts out "Outta My Head" for the outdoor Soaring Eagle Casino & Resort concert crowd.

cared about was Lionel Richie.

"I didn't know about sports... so I learned to play the piano," he said.

He wanted to write his own version of a Richie song, and "Streetcorner Symphony" came of that.

Thomas also performed "Smooth," the 1999 triple-platinum hit he recorded with Carlos Santana.

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Shinedown, Buckcherry and Pop Evil highlight five band show at SECR

MATTHEW WRIGHT

Staff Writer

The Soaring Eagle Casino & Resort showcased the power of rock on Saturday, Sept. 3. Fans gathered as Shinedown, Buckcherry, Pop Evil, Red Sun Rising and Like a Storm put on a hit-filled Labor Day weekend show.

While melding bold, powerful guitar with passionate, catchy anthems, Shinedown has risen as one of the biggest rock acts around.

Since their 2001 formation in Jacksonville, Fla., the bands accomplishments include the release of five studio albums, and 10 number one hit songs.

Taking to the stage, the quartet gave the crowd a shot of pure energy with their opening song "Adrenaline."

Feeding off that energy, the group transitioned into "Fly From the Inside," the lead single off their debut album "Leave a Whisper" (2003).

The band played a range of music from their five studio albums including the hit singles "Diamond Eyes (Boom-Lay Boom-Lay Boom)," "Unity" and "Asking For It."

After playing the pop/rock single "How Did You Love," lead singer Brent Smith surprised the audience as he jumped off stage.

In an effort to pump up the crowd, he began walking down the center aisle of the seated area, while calling for the audience to stand up and make noise.

"I'm going to go back on stage, and count to three," Smith said. "Then you're going to show us what a real rock show looks like."

Upon returning to the stage, Smith and his band mates performed "Enemies."

Amongst the onslaught of heavy-hitting hits, Smith took a moment to dedicate the song "Call Me" to a departed American actor.

"This one's for you, Mr. Gene Wilder," Smith said. "Thank you for everything."

A cover of the hit Radiohead song "Creep" preceded the emotionally uplifting "I'll Follow You."

Keeping the rock coming, they transitioned into a flurry of hits with the top 25 singles "45," "State of My Head," "Second Chance" and "Cut the Cord."

After a cover of the classic Lynyrd Skynyrd song "Simple Man," Shinedown nailed their finale with a spirited performance of "Sound of Madness."

American rock band Buckcherry exploded onto the modern rock scene in 1999. The five piece band's music is renowned for their old school rock 'n' roll attitude, rife with raunchy lyrics and hard rock riffs.

To kick off the rowdy fun, Buckcherry rocked through their hit songs "Sunshine," "Brooklyn," "Broken Glass" and "Out of Line."

The band treated the fans to a full selection of songs off of their 2005 breakout album "15." The first 10 songs on the set list came off that album, including "Everything," "So Far," "Next 2 You" and "Onset."



Observer photo by Matthew Wright

Pop Evil lead singer Leigh Kakaty (front) looks out to the audience for help singing the lyrics to "Lux."

The melodic self-reflective ballad "Sorry" and the unruly, hard-edged single "Crazy B" highlighted the night.

Moving away from their breakout album, they next played "Gluttony," off their 2013 album "Confessions."

To end their set, Buckcherry then performed their chart-topping hit "Lit Up" off their 1999 self-titled debut album.

The homegrown talent of Muskegon, Mich.-based rock band Pop Evil showcased a unique connection with audience members. Fans frequently sang along with frontman Leigh Kakaty as he belted out the lyrics to all of their hits including "Torn to Pieces," "Trenches," "Deal with the Devil" and "Footsteps." All four songs reached No. 1 on Billboard's Mainstream Rock Chart.

Before performing the energetic song "Ghost of Muskegon," Kakaty took a moment to remind the audience of the band's roots.

"Every song you hear tonight was written right here



Observer photo by Matthew Wright

Shinedown lead singer Brent Smith (left) and lead guitarist Zach Myers take center stage at the Sept. 3 outdoor concert.



Observer photo by Matthew Wright

Lead singer Josh Todd (left) belts out the lyrics to the hit Buckcherry song "Broken Glass."

in the great state of Michigan," Kakaty said.

Pop Evil also performed fan favorites "100 in a 55," "Take It All" and "Ways to Get High."

Since their inception in 2007, Red Sun Rising has gained notoriety from the fusing of emotional, anthemic vocals and powerful guitar melodies.

The hit singles "Emotionless" and "The Otherside" showcased the musical fortitude of the Akron, Ohio-based

band. The leading singles off their third studio album "Polyester Zeal," both songs peaked at No. 1 on Billboard's Mainstream Rock Chart.

Red Sun Rising also performed the singles "Push," "Amnesia," "My Muse" and "Imitation."

The New Zealand-based hard rock band Like A Storm kicked off the night's festivities with a quick seven song set list including the singles "Love the Way You Hate Me" and "Becoming the Enemy."

Willie Nelson, Charlie Daniels Band bring the 2016 summer outdoor season to a close

JOSEPH V. SOWMICK

Photojournalist

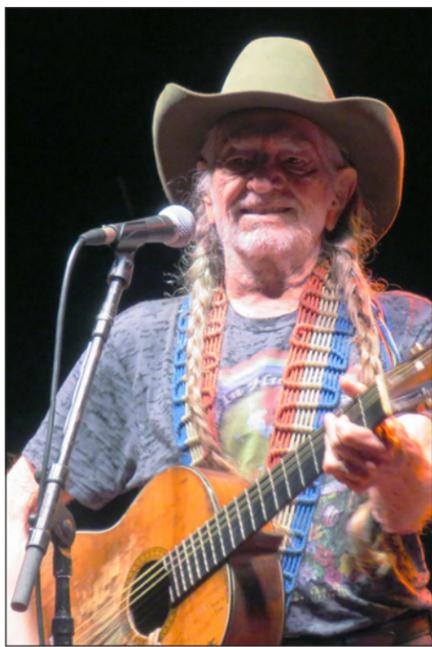
The Soaring Eagle Casino & Resort brought the 2016 summer outdoor concert season to a close with Willie Nelson on Tuesday, Sept. 6.

Just to make it an extra special night for Southern rock and outlaw country music fans, Willie had two quality opening acts with The Charlie Daniels Band and John Anderson.

Willie launched immediately into a catalogue worthy of his roots with "Always on My Mind," "On the Road Again," and "Mama Don't Let your Babies Grow Up to Be Cowboys."

Willie's latest release features a track entitled "I'll Be There (If Ever You Need Me)" and is off the album "For the Good Times: A Tribute to Ray Price."

Nelson is a co-chair of the National Organization for the Reform of Marijuana Laws, or NORML advisory board. Willie has worked with NORML for years, fighting for



Observer photo by Joseph Sowmick

Country music legend Willie Nelson launched into a compilation of his hit songs.

marijuana legalization with rapper Snoop Dogg.

Willie gave a stirring tribute that brought cheers and tears to the audience as he talked about his "Pancho and Lefty" 1983 honky tonk album with fellow

country outlaw Merle Haggard, who died on April 6, 2016.

From his Dove Award-winning gospel albums to his Southern rock anthems and several country music award-winning hits, Charlie Daniels is widely known as an ambassador and outspoken patriot.

Charlie and his golden fiddle sawed off a string of memorable hits like "Long Haired Country Boy," "The South's Gonna Do It Again," "In America," and his signature anthem, "The Devil Went Down to Georgia."

The song won a Grammy for Best Country Vocal Performance by a Duo or Group in 1979 as well as single of the year at the Country Music Association Awards.

"I love what I do and I always look forward to

entertaining people," Daniels said. "When show time gets here, I'm ready to go and ready to play for them. It's a labor of love. I just thank God every day I make a living at what I enjoy doing."

Outlaw country superstar John Anderson is a regular performer during the Sturgis bike rally, which Willie opened this year. Anderson kicked off the evening with his 1983 chart topper "Swingin'."

Anderson, like Willie and Charlie Daniels, has charted plenty of country standards. With 40 singles on the Billboard country music charts, including five number ones ("Wild and Blue," "Swingin'," "Black Sheep," "Straight Tequila Night," and "Money in the Bank.")

Anderson has also recorded 22 studio albums on several labels. His newest album, "Goldmine" was released last year.

"With 'Goldmine,' I thought, first off, I'm going to take my songs into the studio and make a record like I think it ought to be made, without any



Observer photo by Joseph Sowmick

Bluegrass and Southern rock patriot Charlie Daniels brings the fire to his fiddle as he plays "Southern Boy."

outside influences," Anderson said. "I'm more pleased with the sound of this record than I have been in a long time."

Anderson shared two songs, "Freedom Isn't Free" and "Don't Forget to Thank the Lord," from the release.



Dr. Kathleen Regan presents during medication assisted treatment webinar

JOSEPH V. SOWMICK

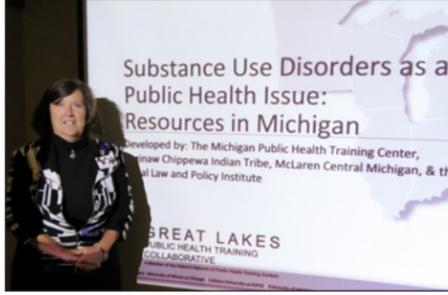
Photojournalist

On Aug. 24, Dr. Kathleen Regan, MD, psychiatrist for Behavioral Health, was the keynote speaker for her lecture “Medication Assisted Treatment as an Evidenced-Based Treatment Option: Substance Use Disorders as a Public Health Issue.”

The Michigan Public Health Training Center offered the second of a three-part series webinar to more than 200 participants at Nimkee Memorial Wellness Center.

The session included an overview of substance use disorders, specifically focusing on opioid misuse.

Regan also offered information about opportunities and resources for action in Michigan, especially those related to Tribal communities.



Observer photo by Joseph Sowmick

Kathleen Regan, MD, psychiatrist for Behavioral Health, served as keynote speaker for medication treatment webinar.

Regan provided an explanation on the significance to Native Americans of addiction being genetically motivated.

“If there is a family history, early education along with increased monitoring and diligence in upbringing is even more important to try to prevent addiction from developing,” Regan said. “With addiction being biological, psychological, social and spiritual, genetic

factors and the environment can be related. All of the concepts are interrelated. Several examples or studies exist where an individual has a strong genetic risk for addiction, but in different environments, addiction does not develop. These areas are where there is less sales of alcohol or where children are raised in a more religious or culturally spiritual environment.”

She said she believes health care specialists should continue their education on the dynamics and changing culture of addiction.

“I would suggest that health professionals be critical viewers of data and research instead of accepting it as carte blanche. There is a lot of unsubstantiated

research out there and many publications are funded by pharmaceutical industry who are very motivated to show their products are effective,” she said. “Many of those studies may be very short, six weeks compared to six months, with a small sample of participants. If more individuals were included in the study, the chance of finding the medicine as providing a desirable outcome may be less significant.”

David Garcia, administrator for Behavioral Health, said Regan’s “psychiatric expertise and commitment to the well-being of the Tribal community is remarkable.”

“Dr. Regan’s insight into the substance abuse struggles we have on the Reservation, in this community, state and nationally was reflected in her presentation,” Garcia said. “I liked that she stood up as a voice of reason in moving forward with caution with regards to MAT. I agree with her that we need to have a good grasp of what MAT will entail for now and the future of the Tribe.”

Tribal Court Magistrate Carol Jackson also attended.

“As we learned, some treatments are not for everyone and there are different dynamics because there are individuals with different needs,” Jackson

said. “We will need to look at everything to continually improved treatment concerning addiction.”

Jackson said it is also important to remember the hospitals, police and fire departments, EMTs and correction personnel are on the frontline in dealing with this serious epidemic.

“As we all work together, we can begin to better understand the challenges we all face and offer whatever tools is necessary to assist,” Jackson said. “With this being the reality of our world today, we will not give up this fight.”

Steve Eggerd, pharmacist for Nimkee Memorial Wellness Center, said “the recent CDC guidelines for proper prescribing of opiates is a good start toward reducing the flow of prescription opiates, but more needs to be done to reduce the flow of these drugs.”

“I believe stronger monitoring and enforcement of the prescription drug chain from manufacturer to the end user would be the most beneficial tool in the battle against opiate/prescription drug abuse,” Eggerd said.

For more information and to view the recorded sessions, please contact mphtc@umich.edu or visit www.mittrainingcenter.org.

Editorial: Tips for your next doctor’s visit

TOMARRAH GREEN

Family Studies Intern

Five things to do before your next doctor’s visit:

1. Make a list of your concerns in the order of what is most important for you to discuss with your doctor. Choose three or four that are most important to discuss at the beginning of your appointment in case you run out of time.
2. If you use them, wear your eyeglasses and hearing aid to your visit. Let the staff know if you are having trouble with your vision or hearing in order for them to help you understand what they are saying.
3. Bring a list of all the prescriptions, vitamins, and supplements you are taking, and include the dose. It may be easier to bring them all in a bag with you to your appointment.
4. Bring a friend or family member who can remind you of what you planned to discuss, take notes during the visit, and help you to remember what the doctor said after you leave.
5. Bring a notepad and pen to write down main points, or ask Nimkee for a print out of your visit. Write down notes in the waiting room immediately after your visit when the information is still fresh on

your mind. If the doctor gives you permission, bring a tape recorder to record your visit and listen to it again later or share it with others who may assist with your health and wellbeing.

Six things to do during your next doctor’s visit:

1. Update your doctor on what has happened since your last visit. If you have been treated elsewhere, or have had any health changes, be sure to let your doctor know.
2. Even when it is hard, be honest with your doctor so they have the right information to treat you. Don’t be afraid to admit that you are trying to do something they suggested but are struggling, such as eating healthier.
3. Since time is limited, be prepared to give your doctor a brief description of each symptom, when it started, how often it occurs, and if it is getting better or worse. Because of the limited amount of time you have with your doctor, it is important to stick to the point.
4. Make sure you understand the information you received at your appointment. Ask the doctor to explain things more, and ask what any unfamiliar words mean.
5. Ask your doctor for materials that address your health conditions and treatments, and

to recommend other sources that might have more information.

6. If at the end of your visit you are still feeling worried or uncomfortable or rushed, let your doctor know. You can offer to return for a second visit to discuss your concerns in more detail.

Three things to do after your next doctor’s visit:

1. If you get home and aren’t sure about the instructions you were given, call the office and ask for the doctor to call you back. You can also ask if there is an email address you can send additional questions to.
2. Talk to other healthcare professionals such as nurses, physician assistants, pharmacists and occupational or physical therapist who can help you to understand and manage your condition in addition to your doctor.
3. Your doctor might not have all the answers but may be able to refer you to a specialist. If you have a doctor that continuously disregards your concerns as a part of aging, you may need to consider looking for another doctor.

Please keep in mind that Elder’s Services is here to assist in any way that we can. Please call us at **(989) 775-4300**.

Sources: *The National Institute on Aging*

Purchased Referred Care Referral Policy & Guidelines

The Purchased Referred Care (PRC) Program is for medical/dental care provided away from an IHS or tribal health care facility. PRC is not an entitlement program, an IHS referral does not imply the care will be paid. If IHS is requested to pay, then a patient must meet the residency requirements, notification requirements, medical priority, and use of alternate resources (www.ihs.gov).

Referrals

1. If you are referred by Nimkee Medical or Dental to an outside provider you must take a referral every time.
2. If the outside provider cannot treat you and refers you to another provider, you must take a different referral to your appointment. Call PRC three days in advance to allow the paperwork to be prepared.
3. PRC will not pay for your doctor bills without a referral.
4. Durable Medical Equipment: nebulizer, crutches, etc. must have PRC approval.

Surgery

1. If you need surgery, you must give PRC at least two week notice prior to any surgery.
2. Must notify PRC within 72 hours (three days) if you have had emergency surgery.

After Hours

1. Please call the on-call provider at 989-772-8227 before going to any outside provider, unless it is an absolute emergency.
2. An Emergency Room visit must be reported to PRC within 72 hours (three days) after your visit. **Elders 50 years and older have 30 days to call in to PRC from the date of visit.**

Labs, X-ray & Ultrasounds

1. A referral is not required but you must call and notify the PRC department within 72 hours.
2. If your scheduled appointment changes you must notify the PRC department within 72 hours of any changes made.
3. Without proper notification, PRC will not pay for your bills.

Bills with a referral

1. When you receive any bill(s) after your appointment, they must be brought into the clinic to be dropped off at the front desk window.
2. Bills cannot be older than 18 months from service date for PRC to pay.
3. Credit bureau statements will not be accepted for a bill, the patient must have an itemized bill.

Purchased Referred Care: 989.775.4633, Shelly Bailey: 989.775.4635, Marge Elliott: 989.775.4634, Jean Robinson: 989.775.4636

Nimkee Fitness Center Group Exercise Schedule October 2016

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8 a.m.	Aqua Fit Sharon		Aqua Fit Sharon		Aqua Fit Sharon
12:10 p.m.	Muscle Makin' Monday - Jaden	Suspension Training - Jayme	Warrior Wednesday - Jaden	Fat Blast Jayme	
1:10 p.m.			Turbo Kick Beth		
5:30 p.m.		Yoga Tammy	Belly Dance Deanna	Yoga Tammy	



Editorial: Cut your intake of added sugar from your diet

JUDY THALHEIMER

RD, LDN

(Editor's note: The following article was written by Judy Thalheimer, RD, LDN, from Environmental Nutrition August 2016. Submitted by Sally Van Cise, RD, nutritionist for the Tribe.)

New guidelines recommend you cut your intake of added sugars. Environmental Nutrition explores how to adapt these guidelines to the real world.

The 2015-2020 Dietary Guidelines for Americans recommend we limit intake of added sugars to 10 percent or less of calories. This means that, for an average 2,000 calorie diet, only 200 calories should come from added sugars. That's about 12 teaspoons or about 50 grams a day. Any more than this, the guidelines say, and we won't have enough room on our plates for nutritious foods.

The American Heart Association recommendations are even lower, at a maximum of nine teaspoons a day for men and six for women.

So you add a teaspoon or two to your morning coffee. How hard can it be to stay under 12

teaspoons of added sugars a day? Harder than you might think, unfortunately.

Beverages and sweets account for the majority of added sugar intake, but sugars lurk in a surprising variety of packaged foods and beverages. Currently, the average American adult consumes about 16 teaspoons a day; intake by children and teens is considerably higher.

Added vs. Natural Sugar: Whether they are sprinkled on at serving time, beaten in while baking, or poured in at the processing plant, added sugars are just that—added.

Natural sugars in whole foods, like fruits, vegetables and milk, aren't a problem. Look at it this way: It takes a while to eat an apple; the natural sugar enters your bloodstream gradually, slowed down even more by the presence of fiber in the apple. And it's pretty tough to eat more than one apple at a time, so the amount of sugar you're getting from a piece of fruit is self-limiting.

When you drink a glass of something sweet, or wolf down that dessert, however, you're pouring large amounts of sugar into your body at one time. Your

Instead of eating this...	Added sugars	Eat this	Added sugars
1 cup Honey Nut Cheerios	3	1 cup plain Cheerios with 1/2 banana or 10 grapes	0
Starbucks Grande Cafe Mocha**	3*	Starbucks Cafe Americano	0
2 teaspoons processed peanut butter, 2 tablespoons grape jelly on two slices whole wheat bread	5-6*	2 tsp. natural peanut butter with mashed banana or apple slices on two slices whole wheat bread	1-2
12 oz. cola	9	Water, milk or unsweetened iced tea	0
Chicken breast with 2 tsp. BBQ sauce	3	Grilled chicken breast with herbs and lemon juice	
Pasta with 1/2 cup ready-to-serve marinara sauce	1/2-1*	Pasta with chopped tomatoes, basil and garlic	0
12 oz. lemon sweetened iced tea	9	Iced herbal tea (such as raspberry or peach), unsweetened or water	0
One 28g hard granola bar, plain	2	Fruit and a handful of nuts	0
6 oz. low fat vanilla yogurt	3*	6 oz. plain yogurt with blueberries and 1/2 tsp. honey	0.5
Total:	37.5-39 tsp.	Total:	1.5-2.5 tsp.

*Total sugars minus estimated natural sugars **Assumes 14 oz. milk. Sources: USDA Nutrient Database, manufacturer web sites, and My Fitness Pal. Note: c=cup, T=tablespoon, oz.=ounce, tsp.=teaspoon, g=gram

metabolism isn't designed to handle so much sugar in such a short time, and the result is bad news for your health.

Swapping out sugary treats in favor of naturally sweet foods cuts added sugars and calories, and increases nutrition.

Add fresh or dried fruit to cereal for sweetness and texture that's sure to satisfy. Cook diced dates in oatmeal to get a rich, dark sweetness similar to brown sugar. Try pairing fruits like bananas or apples with peanut butter instead of using jelly.

For a heavenly dessert, grill

Sweet Tricks

- Added sugars can't hide anymore. Nutrition Facts labels will now have to state how many grams of sugars in the package are added sugars. Manufacturers have until 2018 to comply.
- To find out how many teaspoons of sugar are in a packaged food, divide the grams of sugar on a Nutrition Facts label by four. Four grams equals one teaspoon.
- Even "natural" sugars in packaged foods may be added sugars; for example: crystalline fructose, evaporated cane juice, and fruit juice concentrate.

peach halves or pineapple rings, or bake cored apples. Some simple changes can go

a long way toward satisfying that sweet tooth without breaking the added-sugar budget.

Editorial: Protecting your family from the enterovirus

SUE SOWMICK

BSN, Nurse

Did your mom ever tell you that prevention is the best medicine? Well, with school and fall colors come flu and cold seasons, and this year we have a less common virus spreading called enterovirus.

The flu and colds are usually spread through droplets released when someone sneezes or coughs. They can cause mild symptoms, including a fever and a runny nose, or more severe respiratory symptoms that may require hospitalization. The danger is especially high for children who already have asthma or anyone that has a weakened immune system.

Most viruses cause mild to moderate illness and can be

treated with rest and cold medication. Watch for more severe problems like difficulty breathing, wheezing and decreased activity to seek medical assistance.

The first thing that you should do is use common sense. Wash your hands frequently and thoroughly or use hand sanitizer. If anyone in your family is coughing, have them cover their mouth with a tissue or cough into their elbow.

If you can, avoid kissing, hugging, and sharing cups and utensils with people who are sick.

Disinfect frequently touched surfaces such as doorknobs if someone is sick.

Students who are ill should stay home until 24 hours after symptoms are gone.

Most people with a cold get mild illnesses, are fine 24 hours

to a few days and don't require a physician.

The flu can cause more severe symptoms including fever, runny nose, body aches, sore throat, and fatigue. Some people can get nausea and vomiting though this is more likely to occur in children. Some people are at greater risk, especially children and elders.

To help stimulate your immune system to fight the influenza virus we offer the flu vaccine. It helps protect you as well as your family, especially if you have small children or elders at home that you might give the flu to.

The Nimkee Clinic has the flu shot that helps protect against three strains of the flu, we also have a stronger-dosed vaccine for elders. It is made with killed proteins of the flu so it cannot give you the virus. The shot can

cause some local tenderness and can cause a sore throat or achiness for a couple days but these symptoms are usually short-lived and resolve quickly compared to getting influenza.

Nimkee also offers several clinics around the Reservation for their clients to get one free. The vaccine is also usually at your physician's office, local health department and often at pharmacies in your area.

The vaccine is especially important for elders, pregnant women, children under 5 years old, and those with chronic disease such as diabetes, asthma or heart disease.

Nimkee will be having walk-in clinics on Tuesdays on Oct. 4 and Oct. 28 from 8 a.m. to 7 p.m.

There will also be clinics at Andahwod during the senior breakfasts at 9 a.m. on Oct. 12 and Oct. 26.

If you become ill, stay home until your fever is gone

for 24 hours except to go to the doctor or for necessities. For those high risk or very ill, see a physician.

Anti-viral medication may help but is more effective if started in the first two days of illness.

Do not use aspirin with a virus. Over-the-counter cold medications may be used, but read the directions very carefully to make sure that it is safe for you and your family. If you have any questions, please call your doctor's office.

Above all, take care of yourself, eat well – lots of fruits and veggies for the vitamins, get plenty of rest and exercise each day. This will build up your immune system to help protect yourself against infections.

If you would like more information on this, please go to CDC.gov or call your physician's office. Nimkee Center may be reached at (989) 775-4600.

Two Members Needed

For the Saginaw Chippewa Indian Health Board.
Two Health Advisory Board Members are needed.

- 1.) Must be a member of the Saginaw Chippewa Indian Tribe.
- 2.) Must be at least 18 years of age.
- 3.) Must have strong interests in the health services provided and the health problems within the Saginaw Chippewa community.

Meetings are held once a month and a stipend is given for each meeting attended (if eligible). Will need Tribal Council approval.

If you have any questions, please call Michelle at 989.775.4602

If interested:
Write a short letter stating why you feel you would make a good Health Board member.

Mail or bring to the Nimkee Clinic:
Attention: Michelle George
2591 South Leaton Rd.
Mt. Pleasant, MI. 48858

*Please include your phone number or a contact person.
*When the letters are received at the end of the time period, they are given to Tribal Council to make the final decision.

Crafters needed for the annual Feather Link Tea

JUDY DAVIS
Nimkee Public Health

Nimkee Women's Health will be holding its annual Feather Link Tea this year on Tuesday, Oct. 11.

Nimkee would like to again invite all crafters including community members, friends, and employees to contribute items to the silent auction benefiting Community Cancer Services.

Items can be dropped off at Nimkee Public Health any time prior to the event if you wish recognition in our program; or to the Soaring Eagle Casino & Resort's convention center on the day of the event.

All handmade items will be accepted. If there are any questions, please call Judy at (989) 775-4629 or Jenna at (989) 775-4604.



CMU Community Health students experience the Native Farmers Market

JOSEPH V. SOWMICK

Photojournalist

On Sept. 6, Central Michigan University students from the HSC 319 Methods and Materials in Community health class went on a field trip to see what the Native Farmers Market had to offer.

Leah Markel, former nurse for Nimkee Public Health and current staff of CMU School of Health Sciences of the community health division, brought her students to the market.

“I was excited for my students to experience the Native Farmers Market and see current health initiatives happening on the Reservation,” Markel said. “The students saw how the Native Farmers Market provides fresh produce from local farmers, which gives healthy options for community members (to) incorporate more fresh fruits and vegetables in their daily meals.



Observer photo by Joseph Sowmick

Leah Markel (right), instructor for the Central Michigan University School of Health Sciences, and her HSC 319 Methods and Materials in Community health class are photographed during their field trip to the Native Farmers Market.

The farmers market provides growth of the economy for local farmers and artisans, Markel said.

“Another benefit to the community is having an opportunity to connect and make relationships that may not have happened without the farmers market,” she said.

Markel said it is “wonderful to see the Saginaw Chippewa Indian Tribe taking the lead on local health initiatives and to

see the students engage with the vendors.”

Nicole Bouwma, of Drummond Island, Mich., is a senior studying clinical exercise science.

“I am from the Upper Peninsula where growing seasons are even shorter than that of the Lower Peninsula. Fresh fruits and vegetables are hard to come by, and to discover such a budget-friendly outlet

that includes a great community atmosphere was really cool,” Bouwma said. “I am encouraged by the work that each and every vendor puts in to get fresh food out and available to the community. I believe local farmers markets are... a positive aspect to community health, nutritionally and socially.”

Holmes Beach, Fla. senior Nina Mae Candongo is studying community health education and also visited the market.

“I was impressed by all the fresh greens provided for the community right in our own backyard,” Candongo said. “Everyone is so friendly and it’s a great opportunity to gather everyone in the community but most importantly, the amount of healthy fresh and organic greens is very affordable.”

Senior Kasey Swoverland of Dexter said “keeping resources in the Mount Pleasant community and supporting local

business is one of the best things we can do.”

“The more people that go to the farmers market, the more business they will get, which, in turn, will bring in more vendors, which will bring in more business,” Swoverland said. “It’s a cycle that starts with each of us individually. I have continued to tell all the people I know about the Native Farmers Market, and I will be back every Tuesday.”

The market has been open 10 a.m. to 2 p.m. every Tuesday, and will have its final day on Oct. 11.

Brandon Schultz, educator for Nimkee Public Health, said it has been a busy summer for the market.

“You may not be able to buy happiness, but when people come out to the Native Farmers Market and buy local, it gives you a similar feeling,” Schultz said. “Our farmers will be bringing in the fall harvest, so come and get it while you can.”

Free Health Risk Assessment for SCIT Members and employees with BCBS health insurance

TONI SMITH

Wellness Coordinator

SCIT Members and employees with Blue Cross Blue Shield health insurance may receive a free health assessment, a new tool offered through Blue Cross and

powered by WebMD.

Individuals should see their physician for an annual exam before taking the health assessment.

Annual exams are free and covered 100 percent by BCBSM health insurance, but note that

there may be copays involved for any existing medical conditions that are being monitored or tested.

Annual exams help patients receive important health information including blood pressure, total cholesterol, HDL and LDL, triglycerides, blood sugar, height,

weight, and waist measurement. The numbers of this information are required for the assessment.

In order to login and create an account on www.bcbsm.com, a BCBSM ID card is needed.

Login and click the “Health/Wellness Tab” and then click the

“Take Your Health Assessment Tab.” The assessment takes about 15 minutes to complete.

After completion, personalized health score and health report, which could alert on potential health problems, are provided.

When you take the pledge
to be healthier,
WE PLEDGE
to support you
EVERY STEP OF THE WAY.

Join the movement across Michigan
to get healthier.

Families from all walks of life are stepping up to get healthier. When you take the MI Healthier Tomorrow Pledge, you are making a commitment to your future. We can give you the support, guidance and nutrition education you need to make healthier choices for yourself and your family. So learn more and take the pledge today at michigan.gov/mihealthiertomorrow.



Andahwod residents and elders celebrate Grandparents Day at Migizi property

JOSEPH V. SOWMICK

Photojournalist

Andahwod residents and elders from all districts took a two-mile journey down Leaton and Airport roads to the Soaring Eagle Hideaway RV Park where they hosted their first Grandparents Day on a Migizi Economic Development Company property.

Rosalie Maloney, interim administrator for Andahwod, said Barb Sprague, elder and member of the Elders Advisory Board, provided prayer before the Nbakade Restaurant lunch.

"The meal was sponsored by a Saginaw Chippewa Tribal College Extension Office grant from the United States Department of Agriculture and the National Institute of Food and Agriculture," Maloney said.

After the opening hand drum song provided by Tribal Member Dan Jackson, Maloney gave the audience some background information about this holiday.

"Grandparents Day is a family day which has a threefold purpose: 1) to honor grandparents, 2) to give grandparents an opportunity to show love for their children's children, and 3) to help children become aware of the strength, information and guidance elders can offer," Maloney said.

September was chosen for this holiday to signify the "autumn years" of life, she said.

"In 1978, the U.S. Congress passed legislation proclaiming the first Sunday after Labor Day as National Grandparents Day," she said. "The proclamation signed by President Jimmy Carter is a national holiday and is celebrated by communities all over the U.S."

Fredrick Kuhlman, marketing manager for Migizi, said the company is happy to partner with other Tribal associations.

"Being able to be a corporate sponsor and contribute to an event for the elders was our honor and we are thankful to them for gathering at Soaring Eagle Hideaway RV Park," Kuhlman said.



Courtesy of Andahwod Staff

Sara Saunders (left) gets her face painted by volunteer Allyssa Shawboose.

Katherine Reid, elder activity assistant, assisted in coordinating the event.

"I think that all of our 96 participants really enjoyed it. They especially enjoyed the Time Honored Occasions photo booth, and we received a lot of positive comments on offering that," Reid said. "The staff and I loved seeing families piling into the photo booth with all the crazy costumes and hats they had."

The event offered a "pluck a duck" fishing game for the



Courtesy of Andahwod Staff

Elders Advisory Board member Flossie Sprague shares a moment with her grandkids Darrion Young and Maria Sprague, and Soaring Eagle Hideaway RV Park mascot Mukwa.

tiny tots, a bean bag toss tournament, scavenger hunt, face painting and plenty of door prizes.

Watershed Outreach Coordinator Taylor Hollis from the SCIT Planning Department and the Environmental Team were on site to conduct a nature scavenger hunt.

"The Hideaway RV Park worked out just fine for the scavenger hunt," Hollis said. "There is a small trail that goes around the edge of the park where people could

examine plants, birds, bugs and more. We had people of all ages participate and it was a beautiful, sunny day."

Lester Chippeway and Kadenn Ross won the highly competitive tournament with Feliz Perez and Mert Flory taking second and third, respectively.

Kaya Owl, Darrion Young, Kadenn Ross, Tahsheenah Foley, Day'In Young and Sara Saunders were lucky door prize winners of six brand new bicycles.

Tai Chi exercises proven to reduce falls in elders

JULIE PEGO

Andahwod/Elder Services

(Editor's note: The following article uses informational Tai Chi resources from WebMD. The remaining article was written by Julie Pego of Andahwod.)

According to WebMD, Tai Chi exercises are proven to reduce falls in elders. Every year, one of three adults age 65 or older fall and the consequences of that fall could be devastating. The research on Tai Chi has been found to be helpful in preventing falls in elders.

Tai Chi is centuries old and was originally practiced in China. In this country, it is employed as a form of physical exercise and mental focus, similar to yoga.

Tai Chi is a series of 19 slow movements and one pose. Many senior centers are offering the classes because there is no expense for equipment (you don't need any) and not only does the exercise reduce falls, there are other benefits too including the following:

1. Relieves physical effects of stress
2. Promotes deep breathing
3. Reduces bone loss in menopausal women
4. Improves lower body and leg strength
5. Helps with arthritis pain
6. Reduces blood pressure
7. Requires mind and body integration through mental imagery
8. Accumulates energy by releasing endorphins rather than depleting it
9. Enhances mental capacity and concentration
10. Improves balance and stability by strengthening ankles and knees
11. Promotes faster recovery

from strokes and heart attacks

12. Improves conditions of Alzheimer's, Multiple Sclerosis, and Parkinson's

Tai Chi classes will be held at Andahwod every Thursday in October from 12 to 1 p.m. in the afternoon.

Each class costs \$6, that's a total of \$24 for the month and must be paid in advance. All elders (of district one, two and three) are invited to attend.

Please contact Andahwod's front desk receptionist ASAP at **(989) 775-4300** to reserve a spot.

Sources used from WebMD on: www.webmd.com/fitness-exercise/tai-chi-more-you-sway-less-youll-fall

Paying for long term care

Kristie Bueche from Region 7 Agency on Aging will speak on the subject of paying for long term care. This will take place in the Andahwod Central Gathering Area on Oct. 13 from 1:30 to 3 p.m.

We cordially invite elders and their families from all districts to attend this informative meeting.

OCTOBER 2016 Tribal Elder Birthdays

- | | |
|--|---|
| 1 Caroline Trevino, Joanne Butzin, Ross Francis, Rebecca Gallery, Sandra Jackson, Lou Ella Martinez | 17 Jody Clark, Cynthia Dalton, Marjorie Dubay, George Francis, Mary Hobbs, Eva McDonald |
| 2 Beatrice Seger, Oren Brown, Valerie Quinn | 18 Terry Chamberlain, Robert Federico, Lindy Hunt, Kelley Stevens |
| 3 Trudy Ralston, Mark Rueckert, Aaron Camburn, Lavern Pelcher | 19 Jackie Gibbs, Gordon Hart, Yvonne Keshick, Blanche Kuhn, Paul Pego |
| 5 Debra Cicalo, Elsie Sanders, Joyce Moore, Sandra Chappel, Cheryl McKee | 20 Lawrence Sprague Sr., Linda Willard, Kevin Wray |
| 6 Alexis Pelcher, James Smith Sr., Susan Byrne, Helen Huyser, Nonda Lynn, Daniel Sawmick, Kathleen Yacks | 21 Judy Pamp, Krystal Pelcher, Gypsy Angiano, Susan Cook, Spencer Kirby, Donulus Otto |
| 7 Rebecca Bratten, Kathleen Koenig, Colleen Sisco, Kelly Trombley, Robert Weaver | 22 Robert Rodriguez Jr., Kimberly Stigger |
| 8 Ellen Kellogg-Bachert, Ronald Pelcher | 23 Scott Saboo, Jeffrey Smith, Ramona Walker, Dean Wayne |
| 9 Phyllis Brodie, Sharon Sasse | 24 Wayne Sprague, David Brodie, Gerald Gould, Donette Maney, Annette Ott |
| 10 Terri Rueckert, David Perez Jr. | 25 Roy Carranza, Sandra Rood, Philemon Sprague Jr., Tom Bailey, Connie Jackson |
| 11 Kenneth Lee, Dorothy Netmop, Jonie Abella, Samson Sawmick | 26 Daniel Rodriguez, Audrey Nelson, Mariann Pelcher-Wright, Ann Rubin |
| 12 Kim Elliott, Barbara Krause, Tina Montoya, Richard Van Vugt | 27 Gonzalo Ramirez Jr., Frederick Stevens, Ruthie Pelcher, Theodore Robinson |
| 13 Phyllis O'Neal | 28 Julia Hay, Jeanette Mandoka Carpenter, Michael Randall |
| 14 Daniel Bailey, Dennis Kequom, Roger Rusch, Carrie Farr, Lauren Lopez | 29 Kenneth Fallis, Donna Proper |
| 15 Christopher Bailey, Theodore Cantu, Dejay Elk, Theodore Stevens Jr. | 30 Colleen Chippewa, Dinah Griffus, Gloria Mulbrecht |
| 16 Marvin Davis | 31 Brenda Champlin, Ronald Falcon, Antonio Rodriguez, Stacey Fallis, Joseph Snyder Jr. |

October 2016 | Andahwod CCC & ES Events

- | | | |
|--|--|---|
| Euchre
Mondays 1 p.m. | Language Bingo
Oct. 6 1 p.m. | Long-term Care Region 7 Agency on Aging MMAP Speaker
Oct. 13 1:30 - 3:30 p.m. |
| Open Crafts
Tuesdays 1 p.m. | Pumpkin Painting
Oct. 10 1 p.m. | Bingo with Friends
Oct. 19 1 p.m. |
| Jewelry with Kay
Oct. 4 10:30 a.m. | Elders Breakfast
Oct. 12 & 26 9 a.m. | Sasiwaans Trick or Treat
Oct. 27 10 a.m. |

**Activities and events are subject to change.
For more information, please call: 989.775.4300



OCTOBER 2016 EVENT PLANNER

Nimkee Walk-In Flu Clinics

- Oct. 4 & 18 | 8 a.m. - 7 p.m.
 - Location: Nimkee Clinic Lobby
- Oct. 12 & 26 | 9 - 11 a.m.
 - Location: Andahwod
 - Contact: 989-775-4699
 - Open to ages 6 months and older.

Mahnomin Camp

- Oct. 7-9 | 10 a.m. - 4 p.m.
 - Location: Seventh Generation
 - Contact: 989-775-4123 or 989.775.4780
 - Day 1: Set up camp, drying, parching, dancing, winnowing and cleaning.
 - Day 2: Drying, parching, dancing, winnowing and cleaning. Presentation by Lee on mahnomin.
 - Day 3: Winnowing, cleaning and tear down of camp.

IRB/RRB Training

- (Institutional Review Board/Research Review Board)
- Oct. 10 | 10:30 a.m. - 5 p.m.
 - Oct. 11 | 9 a.m. - 5 p.m.
 - Location: Ziibiwing Center
 - Contact: 989.775.4057
 - Sample topics: Belmont Report, Federal IRB Regulations, Tribal Collaboration and Manuscript Approval Process.

Soup and Substance

- Oct. 10 | 12:10 - 1:15 p.m.
 - Location: SCTC West Building Classrooms 1 & 2
 - Contact: 989-775-4123
 - SCTC is hosting the Isabella County Human Rights Committee, who will present the "Study of Micro-Agressions Against Tribal Members in Isabella County."
 - Lunch will be provided.

Feather Link Tea and Luncheon

- Oct. 11 | 11 a.m. - 2 p.m.
 - Location: Soaring Eagle Casino & Resort
 - Contact: 989-775-4629
 - In celebration of National Breast Cancer Awareness Month.

Fasting Camp

- Oct. 12 | All day event, evening ceremony
 - Location: Behavioral Health
 - Contact: 989-775-4850

Run on the Rez

- Oct. 15 | Registration: 8:30 - 10 a.m.
 - Location: Tribal Operations Parking Lot
 - Contact: 989-775-4696
 - 5K starts at 10 a.m.
 - Kids 30-meter dash starts at 9:30 a.m.
 - Fee postmarked before Oct. 12: \$15, family rate: \$35
 - Fee postmarked after Oct. 12: \$20, family rate: \$40
 - First 150 registered participants receive a free T-shirt.
 - First 200 participants to finish 5K or one-mile run/walk receive a medal.

Employee Wellness Fair

- Oct. 17 | 7 a.m. - 4 p.m. at SECR
- Oct. 18 | 3 - 11 p.m. at SECR
- Oct. 19 | 8 a.m. - 4 p.m. at SELC
 - Contact: 989-775-5624
 - Raffle drawings, giveaway items, health education, food and fitness demos.
 - Open to all staff.

Financial Workshop

- Oct. 20 | 12 p.m.
 - Location: Housing Conference Room
 - Contact: 989-775-4552

Paint the Rez Purple Color Run

- Oct. 22 | 11 a.m., registration starts at 10 a.m.
 - Location: Behavioral Health
 - Contact: 989-775-4896
 - 1.5 mile domestic violence awareness walk/run

Halloween Haunt

- Oct. 28 | 5:30 p.m.
 - Location: Saginaw Chippewa Campground
 - Contact: 989-775-4149
 - Costume Contest: 5:30 p.m.
 - Trunk or Treat: 6:20 p.m.
 - Adult Contests/Fear Factor: 7:20 p.m.

Public Law 93-638 Training

- Feb. 22-24 | 8:30 a.m. - 4 p.m.
 - Location: Soaring Eagle Casino & Resort
 - Contact: 989.775.4003
 - Visit www.sagchip.org to register.
 - This course covers the intent and scope of the law, federal support and ongoing inherent federal responsibility and the standards, oversight, and administration of the model agreement.

ALRD Language Classes

- M/W/TH | 1:30 - 3:30 p.m. | Drop-in sessions
- T/TH | 6 - 7 p.m.
- W | 12 - 1 p.m.
 - Location: ALRD Office, 7170 Ogemaw Dr.
 - Contact: 989.775.4110

Free Auricular (Ear) Acupuncture

- Oct. 6, 13, 20, 27 | 4 - 6 p.m.
 - Location: Behavioral Health
 - Contact: 989-775-4850
 - Treatment sessions last about a half hour.
 - Walk-ins welcome

TRIBAL COMMUNITY CALENDAR | OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT./SUN.
3 Women's Traditions Society B. Health 5 p.m. - 6:30 p.m.	4 Ogitchedaw Meeting Seniors Room 6 p.m. Substance Abuse Meeting B. Health Lodge 7 p.m. Weight Room Workouts Tribal Gym 5:30 - 7 p.m.	5 Open Gym Tribal Gym 6 p.m. - 9 p.m. Traditional Teaching Saganing 11 a.m. - 1 p.m. Talking Circle Andahwod 7 p.m. SCA Parent Advisory Meeting SCA Cafeteria 5 p.m.	6 Sacred Fire Lunch 7 th Generation 11 a.m. - 1 p.m. Talking Circle 7 th Generation 3 p.m. - 5 p.m. Jake and Mary Pine 7 th Generation 8 a.m. - 5 p.m. Lacrosse Practice 5:30 - 7:30 p.m.	7 New Spirit Moon Andahwod Conference 1 p.m. Jake and Mary Pine 7 th Generation 8 a.m. - 5 p.m. D. Dowd at Behavioral Health Appointments 10 a.m. - 4 p.m. Teachings & Prep 5 - 8 p.m. Lodge Ceremony 9:30 p.m.	1/8 Talking Circle Andahwod 10 a.m. 2/9 New Spirit Support Group B. Health 4 p.m. - 5 p.m.
10 Women's Traditions Society B. Health 5 p.m. - 6:30 p.m.	11 Substance Abuse Meeting B. Health Lodge 7 p.m. Weight Room Workouts Tribal Gym 5:30 - 7 p.m.	12 Talking Circle Andahwod 7 p.m. Open Gym Tribal Gym 6 p.m. - 9 p.m. Youth Council Meeting Old Conference Room 5 p.m.	13 Fall Feast 7 th Generation 5:30 - 8 p.m. Lacrosse Practice 5:30 - 7:30 p.m.	14 New Spirit Moon Andahwod Conference 1 p.m. AA/NA Spirit Bear Meeting Andahwod Maple Lodge 7 p.m.	15 Talking Circle Andahwod 10 a.m. 16 New Spirit Support Group B. Health 4 p.m. - 5 p.m.
17 Tribal Observer Deadline 5 p.m. Women's Traditions Society B. Health 5 p.m. - 6:30 p.m. Regalia Workshop SCTC East 5 p.m. - 8 p.m.	18 Substance Abuse Meeting B. Health Lodge 7 p.m. Weight Room Workouts Tribal Gym 5:30 - 7 p.m.	19 Tribal Education Advisory Meeting 9 a.m. Open Gym Tribal Gym 6 p.m. - 9 p.m. Talking Circle Andahwod 7 p.m.	20 Sacred Fire Lunch 7 th Generation 11 a.m. - 1 p.m. Talking Circle 7 th Generation 3 p.m. - 5 p.m. Lacrosse Practice 5:30 - 7:30 p.m. Regalia Workshop SCTC East 5 p.m. - 8 p.m.	21 New Spirit Moon Andahwod Conference 1 p.m. AA/NA Spirit Bear Meeting Andahwod Maple Lodge 7 p.m.	22 Talking Circle Andahwod 10 a.m. 23 New Spirit Support Group B. Health 4 p.m. - 5 p.m.
24 Women's Traditions Society B. Health 5 p.m. - 6:30 p.m.	25 Substance Abuse Meeting B. Health Lodge 7 p.m. Weight Room Workouts Tribal Gym 5:30 - 7 p.m.	26 Open Gym Tribal Gym 6 p.m. - 9 p.m. Talking Circle Andahwod 7 p.m. Youth Council Meeting Old Conference Room 5 p.m. Family Movie Night SCA 5 p.m.	27 Sacred Fire Lunch 7 th Generation 11 a.m. - 1 p.m. Talking Circle 7 th Generation 3 p.m. - 5 p.m. Lacrosse Practice 5:30 - 7:30 p.m.	28 New Spirit Moon Andahwod Conference 1 p.m. AA/NA Spirit Bear Meeting Andahwod Maple Lodge 7 p.m.	29 Talking Circle Andahwod 10 a.m. 30 New Spirit Support Group B. Health 4 p.m. - 5 p.m.
31 Women's Traditions Society B. Health 5 p.m. - 6:30 p.m.	 <p>Attention: Tribal Clerk/Enrollment Hours Tribal Clerk's/Enrollment office is closed on Fridays for walk-in/desk services for Administrative Office days, until further notice. The Clerk's office will still be open Monday through Thursday 8 a.m. - 5 p.m. for regular business.</p>		<p>Curbside Collection will be delayed one day the week of Thanksgiving Holiday</p>		<ul style="list-style-type: none"> ● SECR Payroll ● SCIT Per Capita ● SCIT Payroll ● Waste Collection* *Bins must be curbside by 6:30 a.m.



Tribal Observer Classifieds

To place your ad, call the Tribal Observer at 989-775-4010, Email: observer@sagchip.org, visit our office in Tribal Operations or mail to Tribal Observer, Attn.: Classified, 7070 E. Broadway, Mt. Pleasant, MI 48858. Please have all submissions and payment in by deadline. Classified rates are \$10 for 15 words or less, and 75 cents per additional word. Any thumbnail image costs an additional \$15. **Apply to job postings online at www.sagchip.org. * Job postings are subject to change daily.**

100 Employment	125 Miigwetch
105 Lost and Found	130 Services
110 For Rent	135 Events
115 For Sale	140 Giveaways
120 Announcements	145 Miscellaneous

100 Employment

Tribal Operations

Anishinabe Language Revitalization Director

Minimum five years specific demonstrated experience developing and working with Anishinabemowin programs/projects. Knowledge and certification in Native language instruction or bachelor's degree or equivalent combination of education and Anishinabemowin-related experience.

Economic Development Analyst

Open to the public. Must possess economic development analytical work experience with personal time management accountability. Must have a demonstrated track record of professional success in a demanding, professional office setting.

Clerical Pool

Open to the public. Must be at least 18 years of age and possess a high school diploma or equivalent. Clerical experience is a plus.

Family Practice Physician

Open to the public. Must be a MD or a DO licensed by the State of Michigan/or be eligible to become licensed. Must maintain Michigan Board of Pharmacy Controlled Substance License and Federal Controlled Substance Registration through the U.S. Dept. of Justice Drug Enforcement Administration (DEA).

General Labor Pool

Open to the public. Must be at least 18 years of age and possess a high school diploma or equivalent. Must be physically fit and be able to perform manual labor.

ACFS Director

Open to the public. Master's degree in social services or human services related field. Must have supervisory experience in social services or human services related field. The Anishnaabeg Child and

Family Services director will establish, plan and coordinate all overall activities and segments included within ACFS.

Secondary Language Immersion Specialist

Open to the public. Must possess required specialized unique skills including demonstrated fluency and knowledge of Anishinabe language acquisition, a clear understanding of immersion philosophy and two years experience teaching Anishinabemowin.

Police Officer FT

Open to the public. Must be a U.S. citizen. Must be at least 21 years of age. Must have a high school diploma or equivalent. Associates degree preferred. Must be able to pass departmental fitness evaluation. Must be MCOLES certified/certifiable or capable of meeting certifiable standards.

Special Education Teacher

Open to the public. Bachelor's degree in special education or education, valid Michigan Elementary Teaching Certificate with special education endorsement. Must be willing to attend training.

Senior Associate General Counsel

Open to the public. Licensed as active member in good standing by the State Bar of Michigan or must become licensed following the next available bar exam; four or more years experience as a practicing attorney.

Dentist

Open to the public. Minimum requirements include DDS/DMD degree from an accredited school and a Michigan Dental License. Duties include the provision of dental services associated with a general dentistry clinic to patients served at the facility assigned, or to any other facility or program where the Tribe provides services in accordance with privileges granted.

Dietary Cook Aide PT

Open to the public. Must possess a high school diploma or equivalent and must be at least

18 years of age. This position also requires previous experience in a kitchen atmosphere.

Teacher

Open to the public. Bachelor's degree in education. Must possess a valid State of Michigan Teaching Certification. Prefer minimum of two years teaching experience and working experience with Native Americans.

Physical Education Teacher

Open to the public. Bachelor's degree in education with a valid Michigan Elementary Teaching Certificate; educational emphasis in physical education and two years' experience in teaching pre-K to sixth grade physical education classes.

Sasiwaans Early Childhood Manager

Open to the public. Bachelor's degree in education field required. Candidate must possess a valid State of Michigan Early Childhood Certification and/or ZS Endorsement.

Compensation Analyst

Open to the public. Bachelor's degree in business, human resources or related field with four years of compensation experience specifically in job evaluation, market salary analysis and salary survey participation and interpretation.

Chief Financial Officer

Open to the public. Must have a bachelor's degree in accounting and CPA. M.B.A. preferred. Must have 10 years experience in financial management with increasing responsibilities for multi-faceted direction and planning required.

Gift Shop Retail Clerk

Open to the public. Must possess a high school diploma or GED. Retail experience a plus. Must demonstrate/show strong communication skills as it pertains to customer service.

Youth

Empowerment Aide

Open to the public. High school diploma with college-level math and science and two years working directly with youth. Experience with school programming, requirements and policies.

Clinical Therapist

Open to the public. Must have a master's degree in counseling, social work, or equivalent in human services related field. Full licensure is preferred. Limited licensed individuals who can obtain licensure within two years from date of hire are encouraged to apply.

Sexual Assault Counselor

Open to the public. Must have a master's degree in counseling or equivalent in Human Services. Must have a minimum of two years experience within counseling, one year in working with victims of domestic violence, sexual assault and stalking. Able to work with all ages.

Case Manager

Open to the public. Must have a master's degree in counseling, social work, or equivalent in a human services related field. Full licensure is preferred. Limited licensed individuals who can obtain licensure within two years from date of hire are encouraged to apply.

Administrative Assistant II

Open to the public. Must have an associates degree or a professional secretarial certificate with two years clerical experience or a high school diploma (or equivalent) with four years clerical experience.

Associate General Counsel

Open to the public. Licensed as active member in good standing by the State Bar of Michigan or must become licensed following the next available bar exam; zero to five years experience as a practicing attorney, familiarity with federal Indian law preferred.

Curriculum Instructional Coordinator

Open to the public. M.A. in educational administration with five years teaching experience or bachelor's degree in education field with seven years experience. Must possess a valid State of Michigan Teacher Certificate.

SECR

Alterations Clerk PT

Open to the public. Must have a high school diploma or GED. Needs to know the operations of equipment used in construction, alteration and repair of fabric articles.

Carpet/Upholstery Cleaner FT

Open to the public. Some carpet and upholstery cleaning experience required. Knowledge of truck mount system a plus. Must pass training test on truck mount operation within 90-day probation period.

Steward PT

Open to the public. Must be at least 18 years of age with a high school diploma or equivalent. Must have an organized and thorough work ethic and a strong desire to provide service. Exceptional people skills, high level of enthusiasm and professionalism.

Security Officer PT

Open to the public. Must be 18 years of age and have a high school diploma or equivalent. May be required to perform their duties during hazardous conditions that could include severe weather and fire.

Host/Hostess PT

Open to the public. Must be 18 years of age have a high school diploma or equivalent. Must have good guest service skills and work well with others. Must be a team player and able to work flexible hours, including weekends, holidays and graveyard shifts.

Line Cook

Open to the public. Must be 18 years of age with a high school diploma or equivalent. One year of restaurant cooking experience with increasing levels of responsibility, communication and teamwork skills. Or six months of SECR internal culinary training.

Kitchen Equipment Worker

Open to the public. Must be 18 years of age with a high school diploma or equivalent. One year of restaurant cooking experience with increasing levels of responsibility, communication and teamwork skills.

Revenue Auditor PT

Open to the public. Must be 18 years of age. Must have bookkeeping or cashier experience. Prior experience working in gaming setting preferred. The ability to perform computations with accuracy is essential.

Casino Finance Manager

Open to the public. Four year degree with a minimum of two years of experience as a finance supervisor or high school diploma or equivalent with five years combination of education and related experience in cage operations or banking operations to include two years supervisory experience.

Line Server PT

Open to the public. Must be 18 years of age. Must have a high school diploma or GED. Desire to work hard.

SELC

Waitstaff (level 1)

Open to the public. Must be at least 18 years of age. Must have a high school diploma or equivalent.

SELC Security Officer PT

Open to the public. Must be at least 18 years of age and have a high school diploma or equivalent. Will be required to perform their duties during hazardous conditions that could include severe weather, fire and medical emergencies. Must be able to walk and/or stand for long periods of time, carry up to 30 lbs., and safely climb up and down several flights of stairs.

Summons and Complaint Notices

SUMMONS AND COMPLAINT IN THE MATTER OF CONNIE JACKSON:

The Saginaw Chippewa Tribal Court 6954 East Broadway Road Mount Pleasant, MI 48858 (989)775-4800 Summons and Complaint Case No. 16-CI-0395 Plaintiff: Mobile Medical Response – Saginaw Plaintiff's attorney: Peter S. Shek (P32749) 803 N. Michigan Ave. Saginaw, MI 48602 (989)754-5252 Vs. Defendant: Connie Jackson 38807 Harper Ave Clinton Twp. MI 48036. Notice to Defendant: 1. You are being sued in the Saginaw Chippewa Tribal Court. 2. You have 21 days after receiving this summons to file an answer with the court and to serve a copy on the other party or take other lawful action. Please note that if you were served by certified mail or served outside of the reservation land you have 28 days to answer attached complaint. 3. Failure to file an answer or take other action within the time allowed may result in default Judgment being entered against you for the relief requested in Plaintiff's complaint. **This summons expires on Nov. 27, 2016.**

SUMMONS AND COMPLAINT IN THE MATTER OF PATRICIA WEMIGWANS:

The Saginaw Chippewa Tribal Court 6954 East Broadway Road Mount Pleasant, MI 48858 (989) 775-4800 Summons and Complaint Case No. 16-CI-0288 Plaintiff: Gateway Financial Solutions P.O. Box 3257 Saginaw, MI 48605 (989)791-2505 Plaintiff's attorney: Scott Schisler (P48832) P.O. Box 3257 Saginaw, MI 48605 (989) 791-2505 Vs. Defendant: Patricia Wemigwans 2250 Otto Drive Mount Pleasant, MI 48858 Notice to defendant: 1. You are being sued in the Saginaw Chippewa Tribal Court. 2. You have 21 days after receiving this summons to file an answer with the court and to serve a copy on the other party or take other lawful action. Please note that if you were served by certified mail or served outside of the reservation land you have 28 days to answer attached complaint. 3. Failure to file an answer or take other action within the time allowed may result in a default judgment being entered against you for the relief requested in plaintiff's complaint. **This summons expires Oct. 11, 2016.**

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People's Powwow honors community with "Bringing Our Spirit Back" theme

JOSEPH V. SOWMICK

Photojournalist

The rain put a damper on Saturday afternoon, but the spirit of the 11th annual Traditional People's Powwow came back with the Sept. 10 and 11 evening sunshine.

Invited drums included host drum The Spirit Lake Singers from Denver, Sons of Three Fires from Gun Lake Tribe and Southern Straight from Athens, Mich.

Head veteran duties were done by U.S. Marine Corps veteran Darryl Jackson and arena director was Dave Shananaquet.

Serving as master of ceremonies once more was Lac Courte Oreilles native Robert "RJ" Smith (spirit name: Dancing Earth, from the Turtle Clan.)

"I'm really impressed with the People's Powwow because it's a huge community effort and I like the fact that so many people donate and give their time, efforts and resources to make sure everyone has a good time," Smith said. "When I was driving over here, I saw how your Saginaw Chippewa Fire Department had the flag raised high on September 11th that so many of our Ogitchedaw fought for. There are warriors like the folks who came back from Standing Rock that put themselves in harm's way for the people. That is the spirit we celebrate today."

The powwow had a multi-generational dance contest and Shuna Stevens, extension



Observer photo by Joseph Sowmick

Tribal Elder and Fire Keeper Bert Hunt offers sacred medicine for the arbor, arena and drummers before grand entry.

coordinator for the Saginaw Chippewa Tribal College, said the dance was sponsored by the Extension Office through a grant from the USDA National Institute of Food and Agriculture.

"One of the goals for this grant is to promote multiple generations getting active and healthy together," Stevens said. "I thought that a multi-generational team dance would allow us to incorporate some of our traditions into this goal. I look forward to doing similar things in the future to help promote this goal as well."

Stevens said information was provided to the teams at registration on the health benefits of dancing, and the prizes included items that are useful at powwows or for exercise in general.

Onyleen Zapata and Abbie Nahdee (two generations) won the contest.

Faith Carmona-Pego, Iliana Montoya, Aaliyah Montoya-Pego, and Evelyn Bennett (three generations) took second place.

Tradition continued as Angel Jackson said the Jackson family has been sponsoring the hand drum contest for more than 11 years and was joined by her family during the judging.

"This year, my younger brother Daniel, had the opportunity to say a few words about him and my son Little Man and how they came to love the sound for the drum," Angel Jackson said. "Ever since Little Man was born, we always traveled to powwows. He would stand in his play pen and jump when he heard the drum."

Jackson shared a story on how Little Man first journeyed away from his family to join the powwow trail.

"One day, when he was 3 years old, he got out of his play pen at the Baraga Powwow. Of course, I was frantic and I couldn't find him," Angel Jackson said. "But after looking and looking, I finally found him in the center of the arena with the crowd who was listening to the powwow. Ever since then, powwow has been a big part of his life."

Angel Jackson said Little Man grew up closely with his Uncle Dan and Aunt Tonya and they always sang and danced.

"Little Man and Dan would pound on boxes or pails and sing at the top of their lungs. At one point, they even started their own



Observer photo by Joseph Sowmick

The Sons of the Three Fires drum keep the heartbeat of the People's Powwow moving.

drum group (Brite Sons) with a bunch of younger boys from the Reservation (Charlie Isham, Dan Fuller, Sam Jackson, Tommy and Johnny Wemigwans, Nathan Quigno and others)," Jackson said.

"Later in life, more and more of my dad's grandchildren have become very active in the powwow circuit and then more and more got involved with the drumming. All these things made my dad very proud of his family and that is what pushed the Jackson family to start sponsoring the hand drum contest at the Traditional People's Powwow."

Cree and Saskatchewan Native Henry Deavers received the top hand drum contest honors.

Cultural Representative Ben Hinmon said on behalf of the Seventh Generation Program and staff, he wanted to say chi-miigwetch to Tribal Council, the Anishinaabe Ogitchedaw Veterans Warrior Society, Housing Department, the Ziibiwing Center, SCTC, Public Relations and Behavioral Health for all their help and support in making this year's powwow a huge success.

"A special shout out to the Seventh Generation staff for pulling together to complete the clean-up and maintenance on the powwow grounds so the community could have a quiet and relaxing weekend," Hinmon said. "Also a big chi-miigwetch



Observer photo by Joseph Sowmick

Head dancer Jim Bob Falcon shares a laugh with tribal vendor Brenda Walker during their potato dance.

to Alice Jo Ricketts for taking the time to hand bead the 'honor the circle' lapel pins for all the Ogitchedaw in attendance this weekend. It is only through cooperative efforts like this that we are able to meet the needs and challenges of the Tribal community today and into the future."



Observer photo by Joseph Sowmick

Arena director Dave Shananaquet (far right) raises his hand over the second place winners of the multi-generational dance contest. (Left to right: Aaliyah Montoya-Pego, Evelyn Bennett, Iliana Montoya and Faith Carmona-Pego.)



Observer photo by Joseph Sowmick

Emcee RJ Smith (left) receives an eagle feather for his ongoing support of Indian Country.



Observer photo by Joseph Sowmick

Head veteran Darryl Jackson (left) presents eagle feathers to youth members Zach Jackson and Nodin Jackson to acknowledge their support in the Standing Rock delegation.



Observer photo by Joseph Sowmick

The team of "Two Young Potawatomi's" (Abbie Nahdee and Onyleen Zapata) were victorious in the multi-generational dance contest.



Observer photo by Joseph Sowmick

Head female dancer and Match-a-Be-Wish (Gun Lake) Potawatomi elder Punkin Shananaquet looks regal in her traditional regalia.



Observer photo by Joseph Sowmick

Women's fancy shawl dancer Makayla Stevens stands and awaits judges during a spot dance.



Observer photo by Joseph Sowmick

Team "Sassy" (Sylvia and Shaila Sentes) showed style and class at the People's Powwow.



Observer photo by Joseph Sowmick

Miss Southwest Michigan Potawatomi Hoop Dancer Phoenix Catrelle does a demonstration at the powwow.