

# Too cold outside to walk?



Nimkee Public Health and the LEAD program are proud to announce two free walking programs. Starting Saturday, February 1, all Tribal members and employees may walk at Morey Court for free. You do not need to show your Tribal ID or employee badge, but you must know your Tribal ID number or employee number to sign in at the front desk. Additionally, members and employees may walk in the Tribal Gym. A walking route will be posted. Sign-in please at the front desk across from the kitchen.

Brought to you by the Nimkee Public Health 4/4 Grant  
and the Tribal LEAD program.



Questions call Judy at 989 775-4629 or Coleen at 989 775-4128