

Nutritionist

Provides patient (one-on-one and group) and staff education addressing nutritional concerns for the care and prevention of Diabetes and its associated health concerns including Metabolic Syndrome, Pre-Diabetes, Heart Disease and Obesity. Additionally addresses Pregnancy, Infant and Child Feeding, Sports and Wellness nutritional interests. Offers specialized approach to fit the patients' needs and concerns.

Women's Health

Our Women's Health team aims to educate, promote screening and case manage patients for preventative screenings for Breast Health and Cervical Health. Women's Health Clinics are offered weekly at Nimkee Clinic and periodically at the Saganing Clinic. Women's Health Awareness events include: Feather Link Tea, Saganing Women's Retreat, Women's Health Fair and education provided at other selected community events.

Health Education

Provides community and staff education through hands-on learning for First Aid, CPR and AED. Provides sexually transmitted infection programs, HIV counseling and confidential screening education. Promotes community healthy heart awareness, provides fitness education to the After School Program along with other community events.

Fitness Center

989.775.4690



Open to Nimkee eligible patients, Tribal Members and employees. Consultations, group classes and one-on-one personal training are offered for free.



Public Health Mission Statement

The Mission of Nimkee Public Health is to seek and utilize resources appropriately and to address wellness needs of the Tribal community.

We promote healthy lifestyles through a comprehensive approach of prevention, education, treatment and outreach.

To provide current medical standards of care which are met in the culturally sensitive and respectful manner.



Nimkee

Memorial Wellness Center

Public Health



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2591 S. Leaton Rd.
Mt. Pleasant, MI 48858

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www.sagchip.org/nimkee

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Public Health Contacts

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Available Services to Nimkee Patients



Optical

Tuesdays & Thursdays, 8:30 a.m. - 3 p.m.
In-house optical program that provides screenings, diabetic dilation, contacts, glasses, etc. services to those who are Nimkee eligible patients.

Maternal Child

Concerned about your child's development? We can help with screenings. Parenting education classes for parents children with ages birth to teen.

Healthy Start

Our maternal child health program offers prenatal and post-partum care and education with free labor and delivery classes, free Baby Basics and parenting classes. Along with growth and development screening for kids 2 months to 5 years. We do home visits and office visits, as well as labor support, hospital antepartum and breastfeeding education (lactation support). Healthy Start also offers these services during the pregnancy and 6 weeks after delivery, to non-native women who are pregnant with a child fathered by a Tribal Member.

Transport Services

Medical appointment transports and medication delivery by appointment. **Please contact 989.775.4695 for more information.**

Diabetes

We offer the following services for those who are eligible for care at Nimkee and have a diagnosis of metabolic syndrome, pre diabetes and Type 1 and Type 2 diabetes. Glucose monitors, diabetes education, insulin instruction and follow up, group education, foot care, Retinopathy evaluation (JVN), insulin pump education, wound care consulting and treatment, and blood pressure home monitors (with doctors' orders.)

Emergency Preparedness

Community education on preparing for an emergency or disaster situation, community risks, potential loss and planning ideas. With the Tribal community as the focus of the teaching, both written and hands-on training is provided to the community.

Elder's Services

Disease prevention, adult immunizations, flu clinics and tuberculosis testing clinics are offered. Home safety information, medication assistance and evaluations are available for elders also.

CHR's

Community Health Representatives are personal liaisons for patient community services.