WHERE MAY I RECEIVE THESE SERVICES?

Nimkee Memorial Wellness Center
2591 S. Leaton Rd, Mt. Pleasant
989-775-4695
Kathleen Martin RN, BS. C.L.C.
Maternal Child Services Coordinator
Office: 989-775-4620

Anna Hon RN, C.L.C.
Maternal Child Health Nurse
Office: 989-775-4616

Mary Heintzelman, C.L.C.
Maternal Child/Healthy Start Outreach
Office: 989-775-4669

Emily Wiggins
Maternal Child CHR
Office: 989-775-4613

Helen Ward, RN
Healthy Start Nurse
Office: 989-775-4621

Judy Davis
Healthy Start Program Coordinator
Office: 989-775-4629
Traditionally, pregnancy is a sacred state of being. Keeping women and babies safe and healthy has always been an honorable and expected way of life for Anishinabe people. When an Anishinabe woman knew she was pregnant, the life inside became her first thought. She was very aware of the need to take care of her health, right from the start. 

Maajtaag Mnobmaabzid (Maj-a-tok-Minowb-maude-zid) “A Start of A Healthy Life”

What is Eligible?

- Any member of a U.S. federally recognized tribe living in Arenac, Clare, Isabella, Midland or Missaukee Counties who is registered with the Nimkee Clinic.
- We also provide services to non-native women during their pregnancy and up to six weeks postpartum if the baby’s father is native.

Who Are We Hoping to Reach?

We hope our services will reach any woman who will be bringing an Anishinabe baby into this world. Our program is designed to provide services needed to both mom and her newborn up to the age of 24 months if eligible.

What Do We Hope to Accomplish?

- We are working toward providing services and information that will keep our infants, women, and families in the best of health.
- Every family member contributes to the well-being of children.
- If we remember the teachings of our traditional ways and combine them with today's health care information, we are sure to build a strong nation and give our children a healthy start in life.

What Do We Offer?

We provide services during your pregnancy and then follow you and your baby for 2 years after your baby is born provided you and your baby are eligible for Nimkee Services.

- Pre-natal Counseling and Education
- Labor Support
- Lactation Support by Certified Lactation Counselors
- Private Childbirth Education Classes
- Pre and Post-natal Home Visits
- Public Health Office Visits
- Monthly Breastfeeding Support Group
- Quarterly Family Gatherings
- Transportation for Doctor Appointments
- Infant Car Seats
- Nutrition Services/Counseling
- Diabetic Program with Diabetes Education including Glucose Monitors, Strips and Lancets
- Provide Referral, Follow-up, and After Care Services.
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