

UPDATED CDC GUIDELINES

Effective beginning Wednesday, January 5, 2022

If You Test Positive for COVID-19 (Isolate) everyone, regardless of vaccination status:

- Isolate for 5 days
- If you have no symptoms or your symptoms are mostly resolved after 5 days, you may RTW with approval from Occupational Health — all positive cases with symptoms past 5 days will isolate for the full 10 days.
- Continue to wear a mask around others for 5 additional days — must wear a blue surgical mask, worn over the nose and mouth — no cloth masks during this time
- If you have a fever, you may not RTW until your fever resolves

If You Were Exposed to Someone with COVID-19 (Quarantine) and you...

▶ Have been boosted

OR

▶ Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

▶ Completed the primary series of J&J vaccine within the last 2 months...

- Wear a mask around others for 10 days
- Test on day 5 — all staff will be tested either at Nimkee or on their own—if testing on their own, results are required to be sent to the cvdnotify group within 5 days of the test and RTW slip is also required per current HR policy prior to returning to work
- If you develop symptoms get a test and do not report to work — staff are required to notify management immediately and are not allowed to report to work with symptoms —management will send staff for testing

***Contact tracing remains at 72 hours from onset of symptoms or test date if no symptoms for positives*

*** Proof of vaccine required at Nimkee or considered unvaccinated*

▶ Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

▶ Completed the primary series of J&J over 2 months ago and are not boosted

OR

▶ Are unvaccinated...

- Stay home (Quarantine) for 5 days. After that, continue to wear a mask around others for 5 additional days.
- All staff will be required to quarantine a minimum of 5 days
- Test on day 5 — all staff will be tested either at Nimkee or on their own — if testing on their own, results are required to be sent to the cvdnotify group within 5 days of the test and RTW slip is also required per current HR policy prior to returning to work
- If you develop symptoms get a test and do not report to work — staff are required to notify management immediately and are not allowed to report to work with symptoms — management will send staff for testing



Saginaw Chippewa Indian Tribe of Michigan

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