



Traditional Sweat Lodge

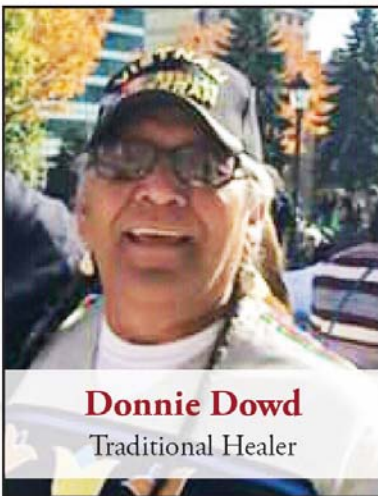
November 10th, 2017

5 p.m. | Sweat lodge teachings and fire lighting

Lodge entry will be at sundown (*This will vary according to the seasons.*)

Location: SCIT Behavioral Health

2800 S. Shepherd Rd., Mt. Pleasant, MI 48858



Donnie Dowd
Traditional Healer

Donnie Dowd has 40 years experience conducting healing lodges and Anishinabe teachings.

What is a Traditional Sweat Lodge?

A sweat lodge is a purification ceremony known by Anishinabe as the Odaswani. This ceremony cleanses the body, mind and spirit.

Sweat lodge protocol

Each person will bring their own natural tobacco, a towel, flip flops (optional), water for afterwards, appropriate clothing: Men wear swim trunks or shorts, women wear long skirts and shirts that cover their shoulders. No piercings or earrings can be worn in the lodge.

To make an appointment, please call:

SCIT Behavioral Health Programs at 989.775.4850

For more information, please contact:

Steve Pego at 989.775.4879 or sjpego@sagchip.org



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

7070 E. Broadway
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org