

**RUN**  
ON THE  
*Rez*  
Saginaw Chippewa Indian Tribe's  
**RUN | WALK FOR HEALTH**



SCIT  
**RUN ON THE Rez**

5K • KID'S RACE • 1 MILE RUN/WALK

**Saturday, Oct. 15, 2016**

Registration Begins @ 8:30 AM  
5K Begins @ 10:00 AM  
Location: Saginaw Chippewa Indian  
Tribal Operations  
7070 E. Broadway St., Mt Pleasant  
(Corner of Broadway and Leaton)

FREE KIDS 30 METER DASH  
2-5 Year Olds  
Kids Race starts at 9:30 AM  
Register Day of Race  
Each child receives a miniature trophy.

**Medals given to ALL in the 5K and 1 Mile Race.  
Post race lunch will be provided.**

**Registration Fee:**

**Before Oct. 12, 2016:**

Individual: \$15 Family: \$35

**After Oct. 12, 2016:**

Individual: \$20 Family: \$40

**Moisture Wick Long Sleeve Shirt to the First 150  
Pre-Registered in the 5K & 1 Mile**

**Mail Registrations to:**

Nimkee Fitness Center - ATTN: Jayme Green  
2591 S. Leaton Rd, Mt. Pleasant, MI 48858

Make checks payable to:  
*Saginaw Chippewa Indian Tribe*

For more Information visit <http://www.sagchip.org/fitness/rezrun.htm> OR  
Contact Jayme Green at 989-775-4696 or email at [jgreen@sagchip.org](mailto:jgreen@sagchip.org).

**2016 RUN ON THE REZ RACE ENTRY FORM**  
**PLEASE PRINT & COMPLETE FORM ENTIRELY**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
Street Address City State Zip

Phone Number: \_\_\_\_\_ Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Long Sleeve Shirt Size: **S M L XL XXL** Youth: **S M L**

5K Run \_\_\_\_\_ 1 Mile Fun Run/Walk \_\_\_\_\_ FREE KIDS 30 METER DASH (Register Day of Race)

Please accept my entry in the Run/Walk for Health. I hereby state that I have conditioned myself properly for the 5K Run/ 1 Mile Run/Walk. I waive any right that I have against the Run/Walk for Health officials, sponsors, Saginaw Chippewa Indian Tribe and all the participating groups for damages or injuries occurred by my participation in the 2016 Run/Walk for Health.

In case of emergency, please notify: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Entrants Signature—if under 18, parent or guardian must sign