


Project AWARE Contact Sheet



All Project AWARE staff are available from 8am-5pm Monday-Friday.

Project AWARE/SCA Counselor


Tahsheenah Foley


 989-444-8182

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Project AWARE/SCA Counselor


Michelle Klingensmith

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Project AWARE Coordinator


Kehli Henry


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Project AWARE Co-Coordinator


Trisha Bassett

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MPPS Community Project Manager


Alexis Syrette


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SPS Community Project Manager

Judy Pamp

 989-444-8252

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jpamp@shepherdschools.net

Crisis Lines



SCIT Behavioral Health

989-775-4850
Available 8am-5pm
5 days a week
After Hours Line 989-775-4700



**Central Michigan
Community Mental Health**

800-317-0708
Available 24 hours a day
7 days a week



Listening Ear

989-772-2918
Available 24 hours a day
7 days a week



**Suicide Prevention
Hotline**

800-273-8255
Available 24 hours a day
7 days a week



**Runaway Teens
Hotline**

800-786-2929
Available 24 hours a day
7 days a week



**National Domestic
Violence Hotline**

800-799-7233
Available 24 hours a day
7 days a week



COVID-19 Hotline

888-535-6136
Available 8am-5pm
7 days a week



**Certified Peer Support
Specialist Warmline**

888-733-7753
Available 10am-2am
7 days a week