

BREAKFAST

October 2014

Saginaw Chippewa Academy



Important Facts About Your Student's Breakfast

- A full breakfast includes a choice of entrée supplying grains and protein, one (1) fruit dish, and a choice of milk.
- Milk choices include 1% white and fat free chocolate.
- Student Breakfast \$1.00 Reduced Prices \$0.30
- Condiments may include: Syrup, Brown Sugar, Butter

WG=Whole Grain

* Monday

USDA is an equal opportunity provider and employer

* Tuesday

* Wednesday

* Thursday

* Friday

Breakfast pizza,
orange juice,
choice of milk

1

Oatmeal,
banana,
choice of milk

2

Cheerios cereal,
Nutrigrain bar,
oranges,
choice of milk

3

Frosted flakes cereal,
yogurt,
applesauce,
choice of milk

6

Breakfast pizza,
fruit cocktail,
choice of milk

7

WG pancakes,
peaches,
choice of milk

8

Oatmeal,
banana,
choice of milk

9

Golden grahams cereal,
Nutrigrain bar,
oranges,
Choice of milk

10

Honey nut cheerios,
yogurt,
applesauce,
choice of milk

13

WG French toast,
oranges,
choice of milk

14

Breakfast pizza,
peaches,
choice of milk

15

Oatmeal,
banana,
choice of milk

16

NO SCHOOL
STAFF
PROFESSIONAL
DEVELOPMENT

17

Cheerios cereal,
yogurt,
fruit cocktail,
choice of milk

20

WG French toast,
oranges,
choice of milk

21

Breakfast pizza,
pears,
choice of milk

22

Oatmeal,
applesauce,
choice of milk

23

Frosted flakes cereal,
peaches,
choice of milk

24

Golden grahams
cereal,
yogurt, oranges,
choice of milk

27

WG pancakes,
fruit cocktail,
choice of milk

28

Breakfast pizza,
applesauce,
choice of milk

29

Oatmeal,
pineapple,
choice of milk

30

Cheerios cereal
yogurt
fruit cocktail,
choice of milk

31