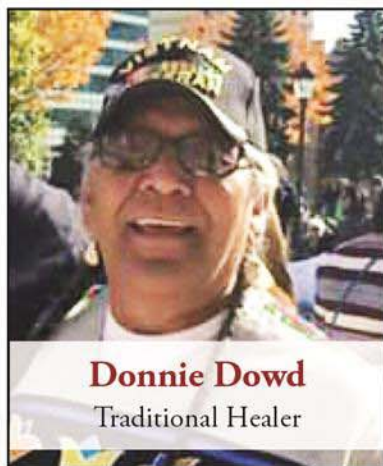


Traditional Sweat Lodge



Donnie Dowd
Traditional Healer

Donnie Dowd has 40 years experience conducting healing lodges and Anishinabe teachings.

March 2, 2018

5 p.m. | Sweat lodge teachings and fire lighting

Lodge entry will be at sundown (*This will vary according to the seasons.*)

Location: SCIT Behavioral Health
2800 S. Shepherd Rd., Mt. Pleasant, MI 48858

What is a Traditional Sweat Lodge?

A sweat lodge is a purification ceremony known by Anishinabe as the Odaswani. This ceremony cleanses the body, mind and spirit.

Sweat lodge protocol

Each person will bring their own natural tobacco, a towel, flip flops (optional), water for afterwards, appropriate clothing: Men wear swim trunks or shorts, women wear long skirts and shirts that cover their shoulders. No piercings or earrings can be worn in the lodge.

For more information, please contact:

Steve Pego at 989.775.4879 or sjpego@sagchip.org

SCIT Behavioral Health Programs

Phone: 989.775.4850 • **Fax:** 989.775.4851

2800 S. Shepherd Rd., Mt. Pleasant, MI 48858



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