



LACROSSE


..... PRACTICE

Every Tuesday & Thursday • 5:30 - 7:30 p.m.

A stick is the only equipment required, gloves are encouraged. We will be working on stick handling and shooting. Practice will be outdoors as soon as the field is cleared of snow. Open gym will take place in the Eagles Nest Tribal Gym. All ages are welcome to participate.

For more information, please contact: Jonathan Updegraff at 989-775-4522 or JUpdegraff@sagchip.org




**RED SWAMP
LACROSSE**



Saginaw Chippewa Indian Tribe of Michigan
“Working Together for Our Future”

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