

FASTING CAMP Teaching



Date: Monday, April 13
Behavioral Health Conference Room
5:30pm

We will have a fasting teachings offered by Skabawis Mark Bruder. Many have indicated they wish to fast this year. Preparation and teachings need to be given to prepare them. Mark Bruder is an outstanding teacher who will give this teaching. This is open to all people of good mind and good heart, of all ages who wish to attend.

Fasting also called a vision quest is a time a person spends alone, going without food and water for a time, while they offer prayers and seek spiritual guidance for their life path. Please join us as instructions are given to those who are planning to fast and those who will be supporting family members and loved ones as they fast.

Community is invited to bring a potluck item.

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For more information call Beatrice Jackson, Helping Healer
989 775-4879