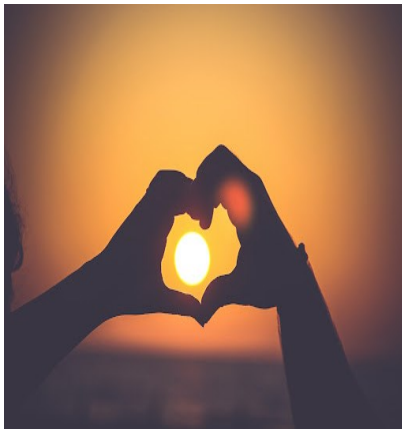


MKWA GIIZIS 2024

(BEAR MOON MONTH)

SAGINAW CHIPPEWA HOUSING DEPARTMENT

17 ways to show affection...



“We accept the love we think we deserve.”

February is the month of love! Whether that be self-love, self-care, or nourishing different relationships in your life. Everyone deserves to love and be loved. Here are 17 ways to show affection to those you care about:

1. Listen to them notes
2. Do something nice for them
3. Go on dates
4. Don't be afraid to say you love them
5. Surprise them!
6. Always make time for those you love
7. Be intimate (does not have to be in a romantic way. Hugs, smooches, emotionally available.)
8. Remember little details
9. Be equal partners
10. Be your partner's best friend
11. Help them
12. Respect their privacy
13. Appreciate your loved ones
14. Engage in shared hobbies and interests
15. Send unexpected love
16. Be a supportive cheerleader
17. Plan surprise getaways

Another great tip I try to learn is, my love language and what someone else's love language is. Knowing this will help tremendously! Even for your children, knowing how they need to be showed affection or how they give love is key to building a healthy relationship. The five love languages are: Words of Affirmation, Acts of Service, Receiving Gifts, Quality Time, and Physical Touch. I know physical touch, words of affirmation, and quality time would be my top 3 to receiving love. I tend to show love by gift giving, acts of service, and words of affirmation. What do you think your top love languages are? I encourage you to do a quiz or at least google love languages to find out.

Mno D'biishkaan!

- **Ryleigh Phillips**
2/9
- **Antonio Bonilla II**
2/9
- **Beautiful Hawkins**
2/11
- **Atreyu Sineway**
2/11
- **Degon Brown** 2/16
- **Kingston Quintero-Smith** 2/18
- **Grace Davidson**
2/20
- **Jayden Hopkins**
2/23

Learn Ojibwe

Valentine's Day

Love

February month

Happy Valentine's Day
gad

I love you

Family

Zaagidwin Giizhigad

Zaagidwin

Mkwa Giizis (Bear Moon)

Mno Zaagidwin Giizhigad

Gzaagin

Ngododewziwin

Friends

My friend

Chocolate(s)
(Candy) no word for chocolate

Treat yourself

Heart

Wiijkewenhik

Nwiijkewenh

Ziisbaakdoonhs

Mjidizan

Ode

2451 Nish Na Be Anong Rd.
Mount Pleasant, MI, 48858

Phone: 989-775-4532
Fax: 989-775-4580
Email: MiPelcher@sagchip.org



WE'RE ON THE WEB!
WWW.SAGCHIP.ORG



Parent Café (FREE)

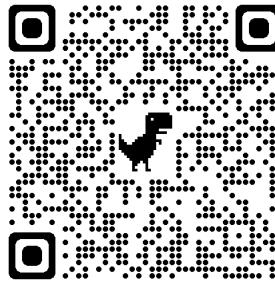
Located at: 5093 E. Remus Rd. Mount Pleasant, MI, 48858.

February 6th: 10 am to 12 pm OR 5 pm to 7 pm

March 5th: 10 am to 12 pm OR 5 pm to 7 pm

April 2nd: 10 am to 12 pm OR 5 pm to 7 pm

May 7th: 10 am to 12 pm OR 5 pm to 7 pm



Please open camera and point at QR code. Click the link that pops up.

Daddy-Daughter Date Night



Image from 2023's Daddy Daughter Date Night

Be a royal guest at the Princess Ball, a special Daddy -Daughter Date Night evening filled with music, dancing, prizes and shared activities for young ladies of all ages and their dads or other favorite escort.

Sunday, February 18, 2024
2 to 4 p.m. or 6 to 8 p.m.

Mt. Pleasant Comfort Inn & Suites, 2424 S. Mission

	City Resident
Early Registration	\$32 per couple
At the Door (Space Permitting)	\$48 per couple

Registration Deadline: February 13, 2024



m s of all