

This 2014 event is endorsed by

**MICHIGAN
FITNESS
FOUNDATION**



As part of the Pure Michigan FITNESS Series



West pavilion

311 N. Main Street

Wednesday, October 8th

Island Park, Mt. Pleasant

Sign in at 6:30pm

Start at 7:30pm

Through Oct 3: \$20

After Oct 3: \$25

K12 students: \$10

Free t-shirt for first 150 registrants

Register @ www.cmdhd.org/5kglow

or call (989) 539-6731 x8221

medal for top male
and female in each age group

Chip Timed

GET

GLOWING!

2014

5K

a night time run that let's you **GLOW** in the dark

proceeds support local HIV/AIDS services

Funded 75% by Ryan White Federal Dollars



Central Michigan District Health Department
Promoting Healthy Families, Healthy Communities