

# Crisis Lines

**SCIT Behavioral Health**



**989-775-4850**  
24 hours a day, 7 days a week

**Central Michigan  
Community Mental Health**



**800-317-0708**  
Available 24 hours a day  
7 days a week

**Listening Ear**



**989-772-2918**  
Available 24 hours a day  
7 days a week

**Suicide Prevention  
Hotline**



**800-273-8255**  
Available 24 hours a day  
7 days a week

**Runaway Teens  
Hotline**



**800-786-2929**  
Available 24 hours a day  
7 days a week

**National Domestic  
Violence Hotline**



**800-799-7233**  
Available 24 hours a day  
7 days a week

**COVID-19 Hotline**



**888-535-6136**  
Available 8am-5pm  
7 days a week

**Certified Peer Support  
Specialist Warmline**



**888-733-7753**  
Available 10am-2am  
7 days a week