

Located in the heart of the Isabella Reservation, we offer a community-based program catering to the needs of Native Americans who want to begin a journey to recovery.

Programming is based on the 12-steps and incorporates the cultural and traditional teachings as part of the healing process. Residents are exposed to the Ojibwe language, ceremonies, native values and historical contexts through our cultural curriculum which is supported by our clinical approaches.

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	Summerton			Leaton			Shepherd

Behavioral Health Programs



Residential Treatment Center & Supportive Living Program

 **2800 S. Shepherd Rd.
Mt. Pleasant, MI 48858**

 **Phone: 989.775.4850**


 **Fax: 989.775.4851**



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- 1 Behavioral Health Programs
- 2 Tribal Operations
- 3 Tribal Court/Police/Fire Departments
- 4 7th Generation Elijah Elk Cultural Center
- 5 Ziibiwing Cultural Center
- 6 Nimkee Memorial Wellness Center



Mission Statement

The purpose of the Saginaw Chippewa Indian Tribe Behavioral Health Programs is to provide comprehensive, individualized, and holistic outpatient treatment in mental health and substance abuse services to Native Americans encompassed in the designated service area.

A cultural and sensitive approach shall be taken in the delivery of counseling, outreach, crisis intervention, administrative services, preventive measures, evaluation, and planning for the appropriate mental health and substance abuse services and referrals to the clients served.

Philosophy

The philosophy of the Behavioral Health Programs shall be to help the community members to identify those tools and resources necessary to achieve a balance in their life.

The Medicine Wheel concept of integrating the four components of spiritual, emotional, physical and intellectual aspects of a person's life into a holistic model of recovery is our goal.

Program Goals

- ▶ Promote balance and harmony within individuals and the community.
- ▶ Provide services aimed at reducing personal, family, social, physical, emotional, and spiritual distress to individuals.
- ▶ Provide an environment that is met with honesty, humility, love, truthfulness, bravery, respect, and wisdom.
- ▶ Provide documentation and evaluation of services pertaining to all client activities, planning, management, support services and training.
- ▶ Provide coordinated professional referral sources as a network of recovery support linkages.
- ▶ Incorporate supportive living as a method of transitioning back into the community.



Admissions Criteria

- ▶ Free from substances for 72 hours.
- ▶ Free of, or under complete control of, any infectious diseases such as TB, Hepatitis C and HIV.
- ▶ Adult 18 years of age and older.
- ▶ Must be registered at Nimkee Memorial Wellness Center.
- ▶ Saginaw Chippewa Indian Tribe Member or Direct Descendant.
- ▶ Or, a member of another federally-recognized tribe residing in:
 - Isabella County
 - Arenac County
 - Midland County
 - Missaukee County
 - Clare County
- ▶ Has the ability to pay. (Currently, the Saginaw Chippewa Indian Tribe has grant funds which may help with costs.)