



BEHAVIORAL HEALTH PROGRAM

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Behavioral Health Limited Re-Opening Plan Community Information June 5, 2020

Behavioral Health's Leadership Team takes the health and safety of our associates and our clients very seriously. We are continuing to work proactively to keep essential services, such as Residential Treatment and mental health services, open to the community, while also following the CDC's recommendations for social distancing. Behavioral Health Leadership Team will be re-opening some other services in phases starting June 8, 2020, this will include looking into safe options for our community based services, groups, traditional healing, etc. and we will keep the community updated as those develop.

We are continually monitoring the rapidly changing situation regarding COVID-19, and will adapt our service methods if necessary to comply with the guidelines and recommendations. Below is the updated operating structure. Updates will be provided to the community through SCIT social media and website, as the re-opening phases continue.

Behavioral Health overall:

- Behavioral Health doors will remain closed and locked, public entry for any purpose will be by appointment only.
 - Call the front desk at (989) 775-4850, or the direct line if you know who you are trying to contact, to set up an appointment.
- Call the front desk from the parking lot to check in for your appointment.
- Use Door 3 to enter the building (as the main entrance will be under construction), ring the doorbell and a staff member will meet you there.
- Daily Screening of COVID-19 risk for all who enter the building including staff
 - Anyone who has symptoms or high risk factors will not be able to access the building further and will be required to leave.
 - Anyone who has to leave the building can call the front desk for further assistance and options
- Limited traffic in the building to only those who need to be in the building.
- Non-surgical masks must be worn by all who are in the building while in public spaces or when making face to face contact with others
- Practice social distancing (6 foot minimum recommended)
- During the shutdown deep cleaning of the entire building occurred in accordance with CDC Guidelines
- Frequent cleaning/sanitizing will continue by all on site staff, following CDC Guidelines
- Handwashing and hand sanitizer stations are available and it is recommended that staff and clients use frequently

- All open to the public on site groups remain cancelled until further notice, some are offered virtually (check website for more information)
- Traditional Healing appointments are coming soon
- Tele work will be done as much as feasible to ensure minimum basic operations of services

Residential Treatment Center (RTC) / Supportive Living Program (SLP):

- No off-site activities, support group meetings, etc. technology will continue to be used
- No on-site visitations, technology will continue to be used to meet this need
- On-site meetings restricted to current residents only (recent residents who have completed the program can attend virtually or in person certain on-site meetings as part of their aftercare plans, strict safety standards will be followed)
- Using social distancing within the confines of the treatment center –sitting further apart, using the lodge with fresh air for groups when possible
- If a resident becomes ill with suspected or actual COVID-19, as determined by a doctor, self-quarantine procedures and doctor instructions will be followed in-house.
- If someone needs admittance to RTC:
 - During business hours Monday-Friday 8am-5pm
 - Call BH at (989) 775-4850, who will assist you with the process
- BH is currently admitting residents into SLP utilizing protective and safety standards.

Outpatient Services, Crisis, and On-call Services:

- Tele-health services continue for open clients in order to minimize the amount of people in the building
- Psychiatry appointments will continue as scheduled using technology as appropriate
 - Medication refills continue as normal
- If you are not an existing client, but need mental health (including substance abuse) services call:
 - During business hours Monday-Friday 8am-5pm
 - Call the BH at (989) 775-4850
 - Non-business hours
 - Call the BH at (989) 775-4850 and follow the prompts to be connected to the BH on call worker

Prevention Services (including Zaagaatee' Mentoring Program):

- Staff will be called back to work in stages. Tele-work will be utilized in order to limit the amount of people in the building
- All face to face youth and community activities, trainings, and groups are canceled until further notice.
- Technology will be used to provide community based services, awareness, and trainings where appropriate.

Native Connections:

- Staff will continue to tele-work in order to limit the amount of people in the building
- Technology will be used to provide community based services, awareness, and trainings where appropriate.