



BEHAVIORAL HEALTH PROGRAM

2800 South Shepherd Road • Mt. Pleasant, Michigan 48858
(989) 775-4850 • FAX (989) 775-4851

Updated: April 24, 2020

Behavioral Health's Leadership Team takes the health and safety of our associates and our clients very seriously. We are working proactively to keep essential services open to the community, while also following the CDC's recommendations for social distancing, and Michigan Governor's Stay Home Stay Safe Order. The Behavioral Health Leadership Team is continually monitoring the rapidly changing situation regarding COVID-19, and will adapt our service methods if necessary to comply with the guidelines and recommendations.

Behavioral Health is committed to providing mental health services, modified from our regular operating procedures to be in compliance with the CDC guidelines. This is the current status of our operating guidelines under the current conditions. If there are future changes these will be posted on SCIT websites and social media outlets.

Behavioral Health overall:

- Daily Screening of COVID-19 risk for all who enter the building including staff
- All must use, at minimum a homemade, face mask when in public spaces or around others in the building
- Practice social distancing (6 foot minimum recommended)
- Frequent cleaning of high traffic/high touch areas
- Handwashing and hand sanitizer stations
- All groups remain canceled
- Traditional Healing appointments will not occur at this time
- Intakes are not occurring under regular operating procedures, but an intake can still take place (see RTC or Outpatient Services below to be assigned to the appropriate level of care).

Residential Treatment Center (RTC):

- No off-site support group meetings, technology will continue to be used to meet this need
- No visitations, technology will continue to be used to meet this need
- On-site meetings restricted to current residents only (recent residents who have completed the program can remote access on-site meetings as part of their aftercare plans)

- No off-site activities
- Using social distancing within the confines of the treatment center –sitting further apart, using the lodge with fresh air for groups when possible
- If a resident becomes ill with suspected or actual COVID-19, as determined by a doctor, self-quarantine procedures and doctor instructions will be followed in-house.
- If someone needs admittance to RTC:
 - During business hours Monday-Friday 8am-5pm
 - Call BH at (989) 775-4850, who will assist you with the process

Supportive Living Program (SLP):

- Currently not admitting new residents

Outpatient Services, Crisis, and On-call Services:

- Tele-health services continue for open clients
- Psychiatry appointments will continue as scheduled using technology as appropriate
 - Medication refills continue as normal
- If you are not an existing client, but need mental health (including substance abuse) services, the following is the protocol to be assigned a therapist who can provide tele-health supports
 - During business hours Monday-Friday 8am-5pm
 - Call the BH at (989) 775-4850
 - Non-business hours
 - Call Tribal Dispatch at (989) 775-4700
 - Only your first name and phone number need to be given to Tribal Dispatch
 - A BH on-call worker will return your call

Prevention Services (including Zaagaatee' Mentoring Program):

- All youth and community activities, trainings, and groups have been canceled.

Native Connections:

- Staff will continue with their tele-work plans including:
 - Safe outreach where appropriate
 - Spreading awareness
 - Technical assistance