

5K

RaceTab by MileSplit/FloSports Rick Krueger, Mount Pleasant XC

Human Race - 6/8/2016 2:03:43 PM

Seventh Generation Elijah Elk Cultural Center, Mount Pleasant, MI

13 & UNDER

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Kayla Wonch		29:11.66
2 Jenna Rios		32:28.26
3 Angelica Hinmon-Sanch		32:57.82
Men		
1 Thomas Henry-Stevens		21:01.44
2 Hazen Shinos		28:36.91
3 Noah Wittbrodt		30:05.00

14-17

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Josie Marrow		22:31.60
2 Madison Wittbrodt		23:23.92
3 Dajia Shinos		26:29.06
Men		
1 Landon Strong		19:18.19
2 Ethan Schauer		19:45.41
3 Tyrone Rios, Jr.		27:00.09

18-23

5K & 1 Mile Run/Walk

Name	Yr Team	Time
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 Women

1	Lauren English	23:43.00
2	Bainy Scully	23:49.34
3	Clance English	23:58.09

 Men

1	John Lambrecht	18:36.40
2	Zachary Bartnik	18:45.26
3	Colton Marrow	23:59.18

24-29

 5K & 1 Mile Run/Walk
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Name	Yr Team	Time

Women		

1	Heidi Dancer	22:41.14
2	Tonia Hail	23:43.49
3	Christina Krueger	33:20.12

Men		

1	Jacob Evans	21:32.04
2	Luke Sprague	22:04.20
3	Matt Sakta	24:20.02

 Women

1	Heidi Dancer	22:41.14
2	Tonia Hail	23:43.49
3	Christina Krueger	33:20.12

 Men

1	Jacob Evans	21:32.04
2	Luke Sprague	22:04.20
3	Matt Sakta	24:20.02

30-34

 5K & 1 Mile Run/Walk
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Name	Yr Team	Time

Women		

1	Kim Sukta	24:21.86
2	Angela Munro	24:49.56
3	Angela Springer	25:15.28

Men		

1	Jaden Harman	19:38.09
2	Ryan Green	20:09.60

 Women

1	Kim Sukta	24:21.86
2	Angela Munro	24:49.56
3	Angela Springer	25:15.28

 Men

1	Jaden Harman	19:38.09
2	Ryan Green	20:09.60

3 Aaron Chivis

23:41.56

35-39

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Rochelle Roberts		23:25.93
2 Kimberly Schafer		25:39.63
3 Nicole Wongale		27:46.17
Men		
1 Christopher Szeszulsk		18:48.98
2 Tony Morelli		26:48.14
3 Acan Vasquer		34:04.94

40-44

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Becky Kusbel		23:02.54
2 Theresa Spayd		25:57.95
Men		
1 Chris Gilstad		21:48.57
2 Tony Schroeder		22:22.42
3 Jim Johnson		24:22.25

45-49

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		

1	Bridget Fairchild	28:04.22
2	Darcy McNeal	29:00.84
3	Denise Brown	29:59.72

Men

1	Phil Mata	23:32.77
2	Graham Leach	27:45.86
3	Graham Leach	30:54.84

50-54

5K & 1 Mile Run/Walk

Name	Yr Team	Time
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Women

1	Judy Wybenga	26:14.57
2	Gail Zemmol	31:24.80
3	Karen Gamble-Gussert	36:05.52

Men

1	Tim Lambrecht	19:28.66
2	Jeff Short	22:08.30
3	Michael Seaman	22:22.72

55-59

5K & 1 Mile Run/Walk

Name	Yr Team	Time
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Women

1	Mary Stuner	30:55.15
2	Colleen Maki	39:03.84

Men

1	Alan Gamble	22:28.97
2	Herb Wybenga	25:51.98
3	Craig Zeese	26:06.32

60-64

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Linda Dutcher		42:37.79
Men		
1 Ron Christopher		25:41.02
2 Ray Davies		34:06.62
3 Chris Danielson		38:27.11

65-69

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Linda Stone		43:12.96
Men		
1 Bill Saltarelli		29:40.67
2 Gary Kramer		34:03.56

70 & UP

5K & 1 Mile Run/Walk

Name	Yr Team	Time
Women		
1 Ginny Short		49:26.92
Men		
1 Stan Curtiss		29:44.71
2 John Haley		29:57.96

3 James Collins

35:29.13