



Journey Stick

WORKSHOP

Thursday, April 27, 2023

1-5 p.m. | 7th Generation Ceremonial Building

7957 E. Remus Rd., Mt. Pleasant, MI 48858

During this 1/2 day presentation we will focus on individual events that have molded us to who we are today. Each of us have had challenges and accomplishments we would like to unpack, explore and to be happy with the life we have chosen. The journey stick presentation is an insight to our life and becomes a beautiful reminder to each other and to ourselves we are alive and thriving in this lifetime for our loved ones.

- Light refreshment will be served
- Registration open to the first 20 female participants

**For more information or to register, contact:
Behavioral Health Victim Services**

- **Phone:** 989-775-4400
- **Email:** BHVictimServices@sagchip.org

Instructor: Betty Davis

Betty Davis is an enrolled member of the Turtle Mountain Band of Chippewa located in Belcourt, ND where she was born to the late Chuckie and Putch Frederick. Betty lived on the reservation until she was 26 years old. Upon graduating from high school she attained her Bachelors Degree in Elementary Education along with a Kindergarten Endorsement. Betty also attended 3 summers at Bay Mills Community College where she received a diploma in Ojibwe Language. Since graduating from UND in 1985 she has worked within the education setting as a teacher, mentor and administrator. This degree and knowledge has opened doors for Betty in assisting other Native American Programs and Organizations through her 25 + years of experience.

Betty completed a Masters Degree in Family Life Education at the age of 54. Upon receiving this degree she has continued to offer presentations rooted in Native American Culture and Traditions and has been a national speaker since 2006.

In 2014 Betty started up her own business. She is the founder and owner of "Holistic Indigenous Solutions LLC." Within this venue she provides trainings, presentations and is an advocate on Domestic Violence, Child Sexual Assault and other traumas.

Betty utilizes what she has learned through various trainings such as (GONA) Gathering of Native Americans, (ACEs) Adverse Childhood Experiences and Somatic Therapy.

Betty recently graduated from Freedom Lodge in October of 2022 with a 200-hour Historical Trauma Master Class Certification.

Betty's purpose in life is to assist with healing communities through traditional ceremonies, values and beliefs.



Culture is Prevention



"There is no growth without change, and there is no change without loss." - Rick Warren

"Nothing is impossible; the word itself says 'I'm possible!' The most important thing is to enjoy life. To be happy." - Audrey Hepburn



Saginaw Chippewa Indian Tribe of Michigan

"Working Together for Our Future"

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