

## Saturday, Sept. 17, 2022

10:30 a.m. - 2:30 p.m.

- ▶ Walk begins at Eagles Nest Tribal Gym
- ▶ Ends at 7th Generation

## Join our Tribal Youth Healing Walk on the Rez!

- For all youth dealing with anxiety, depression, suicidal ideations, mental health issues, addiction, abuse and trauma.
- Hosted by Project Venture Tribal youth program.
- Mental health resources will be available.
- Stations to make medicine pouches, T-shirts, beading and other crafts.
- Energy Healing will be available.
- Local organizations will be here to provide resources and information on mental health and where to reach out for help.
- Please join us for this beautiful healing walk for our Tribal Community.

## For more information, please contact:

**Dolores Winn, Youth Program Coordinator** 

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