



# OBSTACLES *to* Recovery

Overcome an obstacle course around the reservation together

**Saturday, Sept. 25, 2021**

**Broadway Park**

## **Obstacle course**

- ▶ 15 different stations (*designed for all ability levels and ages*)
- ▶ Each station symbolizing steps to the recovery process
- ▶ First wave begins at 10 a.m. and continues every 15 minutes until 12 p.m.
- ▶ 2-5 people per team
- ▶ Check-in begins: 9:30 a.m.

## **To register a team, contact:**

**Jaden Harman, Fitness Coordinator**

**Phone:** 989.775.4694 | **Email:** JHarman@sagchip.org

## **Post event activities**

- ▶ Lunch for all
- ▶ Tailgate games and bounce house
- ▶ Friendly corn hole tournament beginning at 12:30 p.m.
- ▶ Door prizes



Nimkee **Fitness**



**Culture is Prevention**



**RECOVERY ALLIANCE**



**Saginaw Chippewa Indian Tribe of Michigan**

*"Working Together for Our Future"*

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