# Behavioral Health **Holiday Closure Resources**

## Behavioral Health (except RTC) will be closed:

Dec. 23, 2021 - Jan. 2, 2022, reopening on Jan. 3, 2022 at 8 a.m.

#### **Behavioral Health On Call**

On call will be available by calling (989) 775-4850 and following the prompts to reach the on call, or Tribal Dispatch can also reach the BH on call worker in case of phone outage or other technical issue.

## Support Groups at BH will continue with their normal schedule over the Holiday Closure:

- **Acupuncture:** 4 6 p.m. on Thursdays (12/23 and 12/29)
- Drop-in Group: at 1 p.m. on Mondays (12/27)
- Peer 360 Recovery on the Rez: at 6 p.m. Thursdays (12/23 and 12/29)
- Peer 360 Recovery on the Rez: 11:30 a.m. (including lunch) on Fridays (12/24 and 12/30)

### Virtual Peer 360 Meetings include:

- Peer 360 Recover on the Rez virtual group: 2 p.m. on Tuesdays Meeting ID: 829 1218 8791 **Password: 123456**
- Peer 360 offers DAILY virtual groups four times per day

Meeting ID: 856 4133 4708 **Password:** 123456 - 12 p.m. Meeting ID: 842 3325 5388 Password: 123456 Meeting ID: 842 3325 5388 Password: 123456 - 9 p.m. Meeting ID: 856 4133 4708 Password: 123456

More information on Peer 360, including events and links to the virtual meetings can be found at www.peer360recovery.org or by scanning the red QR code to the right.









Scan to visit the

**BH** website

#### Additional non-BH Resources/Crisis Lines:

- Peer 360 Recovery Alliance: Text "ZOOM MEETINGS" to (989) 245-5324 for a list of direct links to all Peer 360's Zoom meetings.
- Virtual Recovery Groups: Through www.intherooms.com has several virtual recovery groups including White Bison Wellbriety Groups.
- Listening Ear Crisis: 1.989.772.2918

- Crisis Text Line: Text "HOME" to 741741 to connect with a Crisis Counselor
- Strong Hearts Native Helpline: 1.844.762.8483
- National Suicide Prevention Lifeline: 1.800.273.8255
- National Teen Dating Abuse Hotline: 1.866.331.9474
- National Human Trafficking Hotline: 1.888.373.7888
- National Domestic Violence Hotline: 1.800.799.7233



Saginaw Chippewa Indian Tribe of Michigan

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