



# Traditional Healer Keith Smith

## Monday, March 9, 2020

**9 a.m. - 6 p.m. | Behavioral Health** (2800 S. Shepherd Rd., Mt. Pleasant, MI 48858)



### Keith and Valerie Smith Traditional Practitioner and Helper

My main purpose is to provide Traditional Ojibway guidance and healing to all of our people young and old. Our traditional healing practices come in the form of teaching(s) and providing traditional medicine(s) to those that come to us requesting help. We are able to provide help to a wide range of physical and mental health issues. Our goal is to ultimately achieve good overall health to our people. Our work is based under the philosophy and an important teaching we learned from the late Adam Lussier; "If we can heal the spirit, the body will follow."

Keith Smith, traditional healer, is an enrolled member of the Red Lake Band of Chippewa from Minnesota and moved to the U.P. Michigan with his wife Valerie. Traditional healing practices come in the form of guidance and providing traditional medicines to those who request help with a wide range of physical and mental health issues. He enjoys singing and drumming with various drums and is a member of two Anishinaabe societies. His leisure activities include fishing, relaxing by waters and traditional crafts with an emphasis on wood and stone carving.

**To make an appointment, please call:** Behavioral Health Programs at 989.775.4850



**Saginaw Chippewa Indian Tribe of Michigan**  
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