Nimkee Healthy Start

Family Spirit Presents...

## GRANDPARENTS' BOOT CAMP

Friday, November 21, 2014, 10:30-2:30 Nimkee Public Health Kitchen

Join us for lunch and a fun-filled day learning activities to do with little ones and teen grandchildren, choking and firstaid information, nutritional snacks, newborn care, what to do for ill children, breast milk storage, car seat information, SIDS, and more. Prizes, too.

For more information contact: Anna Hon at 989 775-4616 or Helen Williams at 989 775-4621