

Grandparent Boot Camp

Date: Friday, Nov. 21, 2014

Time: 10:30 AM- 2:30 PM

Place: Nimkee Public Health Kitchen



AGENDA

- 10:30-10:45 Welcome/Ice Breaker Anna
- 10:46-11:15 Choking Robyn
- 11:16-11:45 Early Childhood Nutrition Sally
- 11:46-12:15 Proper Choice of Infant/Child's Car Seats Emily
- 12:16-12:30 Restroom and get up and get their food
- 12:31-1PM Lunch and Learn Safe Sleep Anna
 - ◆ Menu Soup and Sandwich

1:01-1:30PM What to do when a child is sick Helen

1:31-2:00 Play with my *BIINOJII*? Jayme & Anna

2:01-2:30 CPR & Unconscious Choking Robyn

Questions/ Wrap up /Give a ways.