



Nokomis Di-bik-gii-zis
Makwa Gwekishing Giizis
“Bears Turning Over in Their Dens Moon”
Grandmother Moon Ceremony February 13
Behavioral Health Lodge
4:00-7:30pm

Relatives and friends please join us tonight as we honor our Grandmother Moon. It is a powerful time of prayer for our relatives and being together as Men and Women to celebrate our good path of life. Mino Nekahnah Bemadizewin. February, March and April our men are invited to attend.

Ladies please wear your skirts and bring your tobacco, yellow cloth will be provided! All Men and Women are welcome and encouraged during our healing moons!

We are putting together our Bear Hide Forgiveness Bundles. Please come by the office early 4-5:30 indoors to make your bundle. You will need 7 black stones.

- The maroon and black colors are the colors of the bear clan.
- The tobacco we offer is our request for this ceremony, to cast away our doubts, guilt and harmful thought that might weight us down.
- The Seven stones represent the teachings of the 7 Grandfathers.
- Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth



Future ceremonies: March 16, April 15 Casting Away Ceremony, May 14, June 12,
FMI: Beatrice Jackson 989-775-4879 bejackson@sagchip.org