Classes and Events - McLaren Central Michigan

Free Balance Screenings

Location:
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Screening

Date:
Ongoing
Time: 9:00 AM - 4:00 PM
Contact: Call (989) 779-5604 to schedule an appointment

New Tomorrows - Eight Week Grief Education Series

Location:
McLaren Central Michigan
1221 South Dr.
Mt. Pleasant, MI 48858
Category:

Date:
Ongoing
Time: 9:30 - 11:30 am
Contact: Call (989) 233-4613 to register.

Joint Replacement: The next step.

Location:
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar

**Date:**  
Thursday, May 09, 2019  
**Time:** 1:30 - 4:30 PM  
**Contact:** Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

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**Stroke Support Group**

**Location:**  
McLaren Central Michigan  
1221 South Drive  
Mt. Pleasant, MI 48858  
**Category:** Class, Program or Seminar, Support Group

**Date:**  
Monday, May 13, 2019  
**Time:** 3:00 - 4:30 PM  
**Contact:** Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.

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**Breastfeeding Class**

**Location:**  
McLaren Central Michigan  
Conference Room E  
1221 South Drive  
Mt. Pleasant, MI 48858  
**Category:** Childbirth Education, Class, Program or Seminar

**Date:**  
Tuesday, May 14, 2019  
**Time:** 6:00 - 8:00 PM  
**Contact:** Health Promotions at (989) 779-5606 if you have questions.
Huntington’s Disease Support Group
Location:
Coldwell Banker-Mt. Pleasant Reality
304 E. Broadway
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date:
Tuesday, May 14, 2019
Time: 7:00 PM
Contact: Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725

Parkinson's Support Group
Location:
McLaren Central Michigan
Rehabilitation Services
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date:
Tuesday, May 21, 2019
Time: 4:00 - 5:00 PM
Contact: Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.

What is the latest news on the treatment of Polycystic Ovary Syndrome
Location:
McLaren Central Michigan
FDJ Conference Room
1221 South Drive
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar

Date:
Tuesday, May 21, 2019
Time: 6:00 - 7:00 PM
Contact: Call (989) 779-5606 to register.

Caregivers Support Group
Location: Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date: Tuesday, May 21, 2019
Time: 6:30 PM
Contact: Ann Kowaleski (989) 772-0748

Joint Replacement: The next step.
Location: McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar

Date: Thursday, May 23, 2019
Time: 1:30 - 4:30 PM
Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

Nancy Carey Support Group (for women who have or have had cancer)
Location: Canterbury East Apartments
Office/Community Room
1517 Canterbury Trail
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar, Support Group

**Date:**
Wednesday, May 29, 2019
**Time:** 7:00 PM
**Contact:** Gisela Moffitt (989) 772-1602

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**Symptoms & Treatment of Progressive Vision Loss**

**Location:**
Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar

**Date:**
Monday, June 03, 2019
**Time:** 12:45 - 2:00 pm
**Contact:** Call (989) 779-5606 to register.

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**Prepared Childbirth - June 4 & 11**

**Location:**
McLaren Central Michigan
Conference Room E
1221 South Drive
Mt. Pleasant, MI 48858
**Category:** Childbirth Education, Class, Program or Seminar

**Date:**
Tuesday, June 04, 2019
**Time:** 6:00 - 9:00 PM
**Contact:** Health Promotions at (989) 779-5606 if you have questions.
Compassionate Friends (grief support after death of a child)

Location:
St. John's Episcopal Church
206 W. Maple St.
Mt. Pleasant, MI 48858
Category: Support Group

Date:
Tuesday, June 04, 2019
Time: 7:00 - 9:00 PM
Contact: Donna Mayes (989) 330-2255

Bipolar Support Group

Location:
McLaren Central Michigan
LAJ Conference Room
1221 South Drive
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date:
Wednesday, June 05, 2019
Time: 5:30 PM
Contact: Marsha MacNiell (989) 772-6263

"Thursday Connections" (Caregivers Support Group)

Location:
Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date:
Thursday, June 06, 2019
**Time:** 12:30 PM
**Contact:** Ann Kowaleski (989) 772-0748

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**Joint Replacement: The next step.**

**Location:**
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858

**Category:** Class, Program or Seminar

**Date:**
Thursday, June 06, 2019

**Time:** 1:30 - 4:30 PM

**Contact:** Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

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**Stroke Support Group**

**Location:**
McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858

**Category:** Class, Program or Seminar, Support Group

**Date:**
Monday, June 10, 2019

**Time:** 3:00 - 4:30 PM

**Contact:** Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.

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**Huntington’s Disease Support Group**

**Location:**
Coldwell Banker-Mt. Pleasant Reality
304 E. Broadway
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar, Support Group

**Date:**
Tuesday, June 11, 2019
**Time:** 7:00 PM
**Contact:** Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725

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**Multiple Sclerosis Support Group**

**Location:**
Immanuel Lutheran Church
320 S. Bradley
Mt. Pleasant, MI 48858
**Category:** Support Group

**Date:**
Saturday, June 15, 2019
**Time:** 10:30 AM - 12:00 PM
**Contact:** Cathy Zuker (989) 866-2682

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**Parkinson's Support Group**

**Location:**
McLaren Central Michigan
Rehabilitation Services
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar, Support Group

**Date:**
Tuesday, June 18, 2019
**Time:** 4:00 - 5:00 PM
**Contact:** Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.
**Caregivers Support Group**

**Location:**
Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858

**Category:** Class, Program or Seminar, Support Group

**Date:**
Tuesday, June 18, 2019

**Time:** 6:30 PM

**Contact:** Ann Kowaleski (989) 772-0748

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**Community Cholesterol Screening**

**Location:**
McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858

**Category:** Class, Program or Seminar, Screening

**Date:**
Wednesday, June 19, 2019

**Time:** 7:00 - 10:00 AM

**Contact:** Health Promotions at (989) 779-5606 for more information.

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**Joint Replacement: The next step.**

**Location:**
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858

**Category:** Class, Program or Seminar

**Date:**
Thursday, June 20, 2019

**Time:** 1:30 - 4:30 PM

**Contact:** Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.
Nancy Carey Support Group (for women who have or have had cancer)
Location:
Canterbury East Apartments
Office/Community Room
1517 Canterbury Trail
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group

Date:
Wednesday, June 26, 2019
Time: 7:00 PM
Contact: Gisela Moffitt (989) 772-1602

Explore Treatment Options for Knee & Hip Arthritis with Dr. Charles Lilly
Location:
Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar

Date:
Friday, June 28, 2019
Time: 10:00 AM - 11:00 AM
Contact: Call (989) 779-5606 to register.

Compassionate Friends (grief support after death of a child)
Location:
St. John's Episcopal Church
206 W. Maple St.
Mt. Pleasant, MI 48858
**Category:** Support Group

**Date:**
Tuesday, July 02, 2019
**Time:** 7:00 - 9:00 PM
**Contact:** Donna Mayes (989) 330-2255

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**Joint Replacement: The next step.**

**Location:**
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar

**Date:**
Wednesday, July 03, 2019
**Time:** 1:30 - 4:30 PM
**Contact:** Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

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**Bipolar Support Group**

**Location:**
McLaren Central Michigan
LAJ Conference Room
1221 South Drive
Mt. Pleasant, MI 48858
**Category:** Class, Program or Seminar, Support Group

**Date:**
Wednesday, July 03, 2019
**Time:** 5:30 PM
**Contact:** Marsha MacNiell (989) 772-6263
**Stroke Support Group**

*Location:* McLaren Central Michigan  
1221 South Drive  
Mt. Pleasant, MI 48858  
*Category:* Class, Program or Seminar, Support Group

*Date:* Monday, July 08, 2019  
*Time:* 3:00 - 4:30 PM  
*Contact:* Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.

**Parkinson's Support Group**

*Location:* McLaren Central Michigan  
Rehabilitation Services  
Mt. Pleasant, MI 48858  
*Category:* Class, Program or Seminar, Support Group

*Date:* Tuesday, July 16, 2019  
*Time:* 4:00 - 5:00 PM  
*Contact:* Register with McLaren Central Michigan Rehabilitation Services at (989) 779-5604.

**Caregivers Support Group**

*Location:* Isabella County Commission on Aging  
2200 S. Lincoln Rd.  
Mt. Pleasant, MI 48858  
*Category:* Class, Program or Seminar, Support Group

*Date:* Tuesday, July 16, 2019  
*Time:* 6:30 PM
Community Cholesterol Screening

Location:
McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Screening

Date:
Wednesday, July 17, 2019
Time: 7:00 - 10:00 AM
Contact: Health Promotions at (989) 779-5606 for more information.

Multiple Sclerosis Support Group

Location:
Immanuel Lutheran Church
320 S. Bradley
Mt. Pleasant, MI 48858
Category: Support Group

Date:
Saturday, July 20, 2019
Time: 10:30 AM - 12:00 PM
Contact: Cathy Zuker (989) 866-2682

Nancy Carey Support Group (for women who have or have had cancer)

Location:
Canterbury East Apartments
Office/Community Room
1517 Canterbury Trail
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar, Support Group
Date:
Wednesday, July 31, 2019
Time: 7:00 PM
Contact: Gisela Moffitt (989) 772-1602

**Joint Replacement: The next step.**

Location:
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar

Date:
Thursday, August 01, 2019
Time: 1:30 - 4:30 PM
Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

**Prepared Childbirth - Aug. 6 & 13**

Location:
McLaren Central Michigan
Conference Room E
1221 South Drive
Mt. Pleasant, MI 48858
Category: Childbirth Education, Class, Program or Seminar

Date:
Tuesday, August 06, 2019
Time: 6:00 - 9:00 PM
Contact: Health Promotions at (989) 779-5606 if you have questions.

**Joint Replacement: The next step.**

Location:
Joint Replacement: The next step.

Location:
McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858
Category: Class, Program or Seminar

Date:
Thursday, August 29, 2019
Time: 1:30 - 4:30 PM
Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.