It is summer 2023! Are you enjoying yours to the fullest? Have you done anything to make yourself happy? Have you done any self-care? Have you taken time off work? If you said no to any of these questions, you need to be making more time for the good things in life! I know life can be a struggle for some of us and it is not always easy to make the time when you feel there is no time. But life is way too short to not be happy. I have learned that in my short 30 years of life so far. I put in for those days off, I make plans, I am available for self-care to get massages, get my nails done, and do my eyebrows. It may not be very often, but at least once a month I think should be a given.

Go out and visit a national park, see the Grand Canyon, go camping at your local park, or get GA hill tickets for the next casino concert. Set a little zhoon aside each week to do something for yourself or for your family. I love the idea of a family trip once a month if possible. For example, we are taking the kids to Cedar Point in a couple of weeks for an overnight trip. That will be one of the highlights of the summer for us. I also took an adult camping trip over a week ago with family and friends. I also have a camping trip planned next weekend for Electric Forest. Family time is important but so is having adult conversation and company as well. It needs a healthy balance between the two.

A new tradition my family started last year was instead of celebrating Christmas with lots of presents, we do family vacations now. We took a trip to Texas last Christmas/New Years and it was the best time. We got to enjoy the drive-thru safari, Riverwalk, and visit my best friend. I am telling you once you put yourself out there and make the most out of life you will not regret it.

This is your reminder to simply have fun, be grateful, and be in the moment. I hope your summer is great so far.

---

**Things to do!**

**Date:** 2023-07-01 | 7:00 p.m.  
**Tickets:** $25.00  
**Venue:** Outdoor Event Area SECR

* Please be aware that the playground equipment is VERY HOT during those warmer days.  
* Please be cautious and be safe around the metal pieces of the playgrounds.
Traverse City– National Cherry Festival!

Traverse City, Michigan has the National Cherry Festival every single year. It is July 1st through the 8th, 2023 and it is filled with food vendors, craft vendors, amusement rides, shows, concerts, fireworks, of course cherries and lots more! It is located at 521 S. Union Street, Traverse City, Michigan, 49684. I highly recommend taking a trip to check it out.

A little history about the cherry festival in case you are curious! 1910; cherry growers in TC started “blessing of the blossoms” an informal ceremony each May. 1925; the very first Cherry Queen was crowned, Gertrude Brown. 1925; Blessing of the Blossoms festival became official to promote the growing industry. 1929; it was decided to extend the 1930 festival to three days and President Herbert Hoover was in attendance. In 1931 the Michigan State Legislature passed a resolution making the cherry festival a national celebration.

From 1942-1947 the festival was respectfully suspended due to World War II. In 1964 the festival is expanded to five days and the week of July 6th was proclaimed as “National Cherry Festival Week”. In 1968 it officially became a weeklong event and in 1978 was the very first time they had the U.S. Airforce Thunderbirds perform. Still today the Thunderbirds perform and do tricks for the festival goers.

The festival is located right off the water, where you can boat, kayak, paddleboard, swim, grab a bite to eat, or simply catch a tan. Watch the fireworks off the water on the 4th of July and make new memories with friends and family.

Do not forget you are able to rent the pavilion for birthdays, events, family gatherings etc. MUST BE DRUG AND ALCOHOL FREE.

If you are looking to rent the Broadway Park Pavilion or concession stand:

Please call Housing at 989-775-4595 or email Housing@sagchip.org

Deposit is $100.00 and is due AT TIME of reservation

A 48 hour Advanced Notice is required to rent the Concession Stand or Pavilion

Northside Hansen Arena (Roller Skating Rink)
Friday: 5:00 PM – 10:00 PM
Saturday: 2:00 – 10:00 PM
Sunday 2:00 PM– 6:00 PM
$15.00 PP--Fri/Sat
$10.00 PP Sun
Kids 2 and under FREE

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!

Mt. Pleasant Discovery Museum
7 days a week 10:00 AM to 6:00 PM
Show your WIC/EBT card to get a discount on tickets! ($3.00 PP)

Normal Ticket Prices: $8.00 PP age 1 and up!