

# SATURDAY, SEPTEMBER 20TH



SAGINAW CHIPPEWA INDIAN TRIBE

# RUN ON THE REZ 5K & 1 MILE

**NEW THIS YEAR!!!!: FREE KIDS 30 Meter RACE for 2-5 year olds. Start time : 9:30AM.  
Each child will receive a miniature trophy! Pre Register for this on the DAY OF RACE.**

## FOR MORE INFORMATION:

Contact Jayme Green

989-775-4696/Jgreen@sagchip.org

**NIMKEE FITNESS CENTER**

2591 South Leaton Rd

Mount Pleasant, Mi 48858

**WHERE:** Saginaw Chippewa Indian Tribal Operation's Parking Lot  
(Southeast corner of Broadway & Leaton)  
7070 E. Broadway/ Mount Pleasant, Mi 48858

**TIME:** Registration 8:45AM-10AM /RUNS START at 10AM

**FEE:** \$15 Post-Marked by September 17th, 2014/ Family Rate: \$35  
\$20 After September 17th, 2014/ Family Rate: \$40

**COURSE:** The race course is flat and will be run through the reservation  
on both the road and through fields on dirt and grass paths.

**AWARDS:** The first 200 participants to finish the 5K and 1 Mile will  
receive a medal. *(There will not be awards given to age groups).*

**GIFTS:** Long Sleeve Moisture wicking shirts are provided to the first 150  
registered participants. Limited amount of long sleeve cotton youth shirts available.



[www.sagchip.org/fitness/rezrun.htm](http://www.sagchip.org/fitness/rezrun.htm)

For more information and registration forms



# RUN ON THE REZ

## 5K Run and 1mile Fun Run/Walk

### SATURDAY, SEPTEMBER 20TH



**NEW! FREE 100 METER KIDS RACE 2-5 Year Olds**

**Register Day of Race/Kids Race starts at 9:30AM/No shirt for Kids Race**

#### Registration Fees:

##### Before September 17th

Individual = \$15

Family = \$35

##### After September 17th

Individual = \$20

Family = \$45

Registration Begins @ 8:45AM

Races Begin @ 10:00AM

Location: Saginaw Chippewa

Indian Tribal Operations

7070 E. Broadway St, Mt Pleasant

(Corner of Broadway and Leaton)

#### Mail Registrations To:

Nimkee Fitness Center

Attention: Jayme Green

2591 S. Leaton Rd

Mt Pleasant, MI 48858

Make Checks out to  
Saginaw Chippewa Indian Tribe

{Medals given to ALL in the 5K & 1Mile Race}

[POST RACE LUNCH AND RAFFLE PRIZE DRAWING!]

**Moisture Wick Long Sleeve Shirt to the first 150 Pre-Registered in the 5K & 1Mile**

**More Information** go to <http://www.sagchip.org/fitness/rezrun.htm> OR

Please Call Jayme Green @ (989) 775—4696 or email at [jgreen@sagchip.org](mailto:jgreen@sagchip.org)

### 2014 Run on the Rez Race Entry Form PLEASE PRINT & COMPLETE FORM ENTIRELY

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street Address) (City) (State) (Zip Code)

Phone Number: \_\_\_\_\_ Gender: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Long Sleeve Shirt Size: S M L XL XXL Youth: S M L

5K Run \_\_\_\_\_ 1 Mile Fun Run/Walk \_\_\_\_\_ **NEW this YEAR: FREE KIDS 100 METER RACE/REGISTER DAY OF RACE/NO SHIRT**

Please accept my entry in the Run/Walk for Health. I hereby state that I have conditioned myself properly for the 5K Run/ 1 Mile Fun Run/Walk. I waive any right that I have against the Run/Walk for Health officials, sponsors, Saginaw Chippewa Indian Tribe and all the participating groups for damages or injuries occurred by my participation in the 2014 Run/Walk for Health.

In case of emergency, please notify: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Date: \_\_\_\_\_

(Entrants Signature—if under 18, parent or guardian must sign)