

RUN on the REZ



5K Run & 1 Mile Fun Run/Walk
Saturday, September 28, 2013

For More Information

Please Contact:

Jayme Green

989-775-4696

jgreen@sagchip.org

Nimkee Fitness Center

2591 S. Leaton Road
Mt. Pleasant, MI 48858



Where: Saginaw Chippewa Indian Tribal Operations Parking Lot
(Southeast corner of Broadway & Leaton)
7070 E. Broadway | Mt. Pleasant, MI 48858

Time: Registration 8:45 a.m. to 10 a.m. Runs start at 10 a.m.

Course: The race course is flat and will be through the reservation on both the road and through fields on dirt and grass paths.

Fee: \$12 post-marked by Sept. 25, 2013
\$15 after Sept. 25, 2013 (\$1 off for Mt. Pleasant Striders)
Family Rate: \$30 for immediate family members of three or more people.

Awards: The first 165 participants to finish in either the 5K or the 1 Mile will receive a medal. *(There will not be awards given by age groups.)*

Gifts: Long sleeve shirts are available for the first 125 registered participants. Limited amount of long sleeve T-shirts available for youth.

Post Race Lunch will be provided for everyone
There will also be a raffle going on during lunch



www.sagchip.org/fitness/rezrun.htm

For more information and registration forms



RUN ON THE REZ

5K Run and 1mile Fun Run/Walk

SATURDAY, SEPTEMBER 28TH

- Registration Begins @ 8:45AM ● Races Begin @ 10:00AM
- Location: Saginaw Chippewa Indian Tribal Operations
7070 E. Broadway St, Mt Pleasant (Corner of Broadway and Leaton)

MOISTURE WICK LONG SLEEVE SHIRTS

Given to the first 125 Registered Participants!!

[MEDALS GIVEN TO ALL THE FINISHERS IN BOTH RACES!]

(there will not be age group awards)

[POST RACE LUNCH AND RAFFLE PRIZE DRAWING!]

Registration Fees:

Before September 25th

Individual = \$12

Family = \$30

After September 25th

Individual = \$15

Family = \$35

(\$1 off to Striders)

Mail Registrations To:

Nimkee Fitness Center
Attention: Jayme Green
2591 S. Leaton Rd
Mt Pleasant, MI 48858

Make Checks out to
Saginaw Chippewa Indian Tribe

More Information go to <http://www.sagchip.org/fitness/rezrun.htm> OR
Please Call Jayme Green @ (989) 775—4696 or email at jgreen@sagchip.org

2013 Run on the Rez Race Entry Form

PLEASE PRINT & COMPLETE FORM ENTIRELY

Name: _____ Email: _____

Address: _____
(Street Address) (City) (State) (Zip Code)

Phone Number: _____ Gender: _____ Date of Birth: _____ Age: _____

Long Sleeve Shirt Size: S M L XL XXL Youth: S M L

5K Run _____ 1 Mile Fun Run/Walk _____ Please Check if you're a Strider Member _____ (\$1 off entry fee)

Please accept my entry in the Run/Walk for Health. I hereby state that I have conditioned myself properly for the 5K Run/ 1 Mile Fun Run/Walk. I waive any right that I have against the Run/Walk for Health officials, sponsors, Saginaw Chippewa Indian Tribe and all the participating groups for damages or injuries occurred by my participation in the 2013 Run/Walk for Health.

In case of emergency, please notify: _____

Relationship: _____ Phone Number: _____

Date: _____

(Entrants Signature—if under 18, parent or guardian must sign)