

TOUCH DOWN FOR GROUP EXERCISE

KICK OFF ON WED., NOVEMBER 16TH
THE GAME LASTS 4.5 WEEKS! LAST
CLASS MUST BE COMPLETED BY FRI.,
DEC. 16TH! ATTEND AT LEAST 2
GROUP EXERCISE CLASSES A WEEK.

TACKLE OBSTACLES
THAT PREVENT YOU
FROM BEING
YOUR
HEALTHIEST!

WINNERS GET ONE OF THESE GREAT
PRIZES:

HOME EXERCISE DVD & BAND

\$10 GIFT CARD TO SUBWAY

\$25 SECR GIFT CARD

FOR MORE DETAILS
CHECK THE INFORMA-
TIONAL SHEET AT THE
FRONT DESK.

SIGN UP TODAY!!!

