Located in the heart of the Isabella Reservation, we offer a Community-Based Program catering to the needs of Native Americans who want begin a journey to recovery. Programming is based on the Twelve Steps and incorporates the cultural and traditional teachings as part of the healing process. Residents are exposed to the Ojibwe language, ceremonies, native values and historical contexts through our cultural curriculum which is supported by our clinical approaches.



Saginaw Chippewa Indian Tribe Residential Treatment Program

2800 S. Shepherd Road Mount Pleasant, MI 48858 Phone: 989 775-4850 Fax: 989 775-4851 Nog-Da-Win-Da-Meg Taking Care of One Another



Saginaw Chippewa Indian Tribe Residential Treatment Program

#### Residential Substance Abuse Services

#### Mission:

The purpose of the Saginaw Chippewa Indian Tribe Behavioral Health Programs is to provide comprehensive, individualized and holistic outpatient and residential substance abuse treatment and mental health services to Native Americans encompassed in the designated service area. A cultural and sensitive approach shall be taken in the delivery of counseling, outreach, crisis intervention, administrative services, preventative measures, evaluation and planning for appropriate mental health and substance abuse services and referrals to the clients served.

## Philosophy:

Behavioral Health programs shall be to help the community members to identify those tools and resources necessary to achieve a balance in their life. The Medicine Wheel concept of integrating the four components of spiritual, emotional, physical and intellectual aspects of a person's life into a holistic model of recovery is the heart of Nog-da-win-da-meg "Taking care of one another".

# **PROGRAM GOALS**

- Promote balance and harmony within individuals and the community.
- Provide services aimed at reducing personal, family, social, physical, emotional, and spiritual distress to individuals.
- Provide an environment that is met with honesty, humility, love, truthfulness, bravery, respect, and wisdom.

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- Provide documentation and evaluation of services pertaining to all client activities, planning, management, support services and training.
- Provide coordinated professional referral sources as a network of
  - recovery support linkages.

## Admissions Criteria

- Free from substances for 72 hours.
- Free of or under complete control of any infectious disease such as TB, Hepatitis C, and HIV.
- Adult 18 and over
- Must be registered at Nimkee Memorial
  Wellness Center
- Saginaw Chippewa Tribal Member
- Or, a Member of another Federally Recognized Tribe or Direct Descendant of the Saginaw Chippewa Tribe residing in Isabella, Arenac, Midland, Missaukee or Clare Counties.
- Must have the ability to pay for services (Currently the Saginaw Chippewa Tribe has grant funds which may help with costs.)

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