



Morning Schedule of Events

Registration Open: 7:30 - 11 a.m.

Lunch Served: 11 a.m. - 1:30 p.m.

Opening Ceremonies Schedule

- **8:50 a.m.** | Drummers in position & first call for participants to line up.
- **8:55 a.m.** | Second call for participants to line up.
- **9:00 a.m.** | Final call for participants to line up.
- **9:01 a.m.** | Ceremony Begins/Drum Welcome Song
- **9:10 a.m.** | Everyone in Circle/Drum Flag Song
- **9:15 a.m.** | Prayer by SCIT Representative
- **9:17 a.m.** | National Anthem (*Kiana Ekdahl, Christina Benz & Maggie Jackson*)
- **9:20 a.m.** | Exit Track/Ceremony Concludes
- **9:21 a.m.** | First Calls to Events
- **9:30 a.m.** | Events Begin

Young Kids Event Order | 9:30 a.m.

- 1) Baby Crawl
- 2) 10 Meter Dash: *Ages 1-2*
- 3) 20 Meter Dash: *Ages 3-4*
- 4) Bean Bag Toss: *Ages 4 and under*

Running/Walking Track Event Order | 9:30 a.m.

**Age groups are listed by the order they will be called to compete.*

- 1) **400M Walk:**
Ages 65 and up, 55-64, 41-54
- 2) **Pre and Post Natal 400M Walk:**
(One year post natal.)
- 3) **400M Run:** *Ages 13-15, 16-18, 19-24, 25-32, 33-40, 41-54, 55-64, 65 and up*
- 4) **1 Mile Run:** *All age groups*

Morning Field Events | 9:30 - 11 a.m.

- **Archery:** *Ages 16-18, 19-24*
- **Long Jump:** *Ages 19-24, 25-32, 33-40*
- **Jump Rope & Fitness Circuit:** *Ages 5-6, 7-9*
- **Softball Throw:** *Ages 5-6, 7-9, 41-54*
- **3-Point Basketball Shot:** *Ages 10-12, 13-15*
- **Lacrosse Speed Shot:** *Ages 7-9, 10-12, 13-15*

Morning Field Events | 11 a.m. - 12:30 p.m.

- **Archery:** *Ages 25-32, 33-40*
- **Long Jump:** *Ages 41-54, 55-64, 65 and Up*
- **3-Point & Free Throw Basketball Shot**
Ages 16-18, 55-64, 65 and Up
- **Fitness Circuit:** *Ages 10-12, 13-15*
- **Softball Throw:** *Ages 10-12, 55-64, 65 and Up*
- **Lacrosse Speed Shot:** *Ages 16-18, 19-24, 25-32*

Afternoon Schedule of Events



2019 Tribe to Tribe Miles Challenge Announcement and Awards Presentation | 12:30 p.m.

Running/Walking Track Event Order | 1 p.m.

**Age groups are listed by the order they will be called to compete.*

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| 1) 50M Run
<i>Ages 5-6, 7-9, 10-12, 55-64, 65 and up</i> | 2) 100M Run: <i>Ages 13-15, 16-18, 19-24,
25-32, 33-40, 41-54</i> |
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Afternoon Field Events | 1 - 2:30 p.m.

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| • Softball Throw: <i>Ages 13-15, 16-18</i> | • Lacrosse Speed Shot: <i>Ages 33-40, 41-54, 55-64</i> |
| • 3 Point Basketball Shot: <i>Ages 19-24, 25-32</i> | • Long Jump: <i>Ages 13-15, 16-18</i> |

Afternoon Field Events | 1 - 3 p.m.

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|---|---|
| • Archery: <i>Ages 41-54, 55-64, 65 and Up</i> | • Adult Bean Bag Toss
<i>Ages 41-54, 55-64, 65 and Up</i> |
| • Obstacle Course: <i>Ages 5-6, 7-9, 10-12</i> | |

Afternoon Field Events | 2:30 - 4 p.m.

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| • Softball Throw: <i>Ages 19-24, 25-32, 33-40</i> | • 3-Point Basketball Shot
<i>Ages 33-40, 41-54</i> |
| • Long Jump: <i>Ages 5-6, 7-9, 10-12</i> | |

Tug-of-War | 4 p.m.

**Event will begin at the conclusion of other games at approximately 4 p.m.*

- *Ages 13 and under, 14-17, 18 and up. (12 individuals per team.)*

Conclusion of Events | Approximately 4:30 p.m.